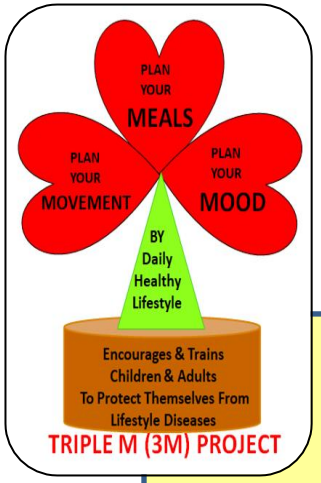
3rd International Conference on

Lifestyle Diseases and Medicine

planned for December 07-08, 2022 in the UAE

HEALTHY LIFESTYLE FOR ALL TO PREVENT LIFESTYLE DISEASES



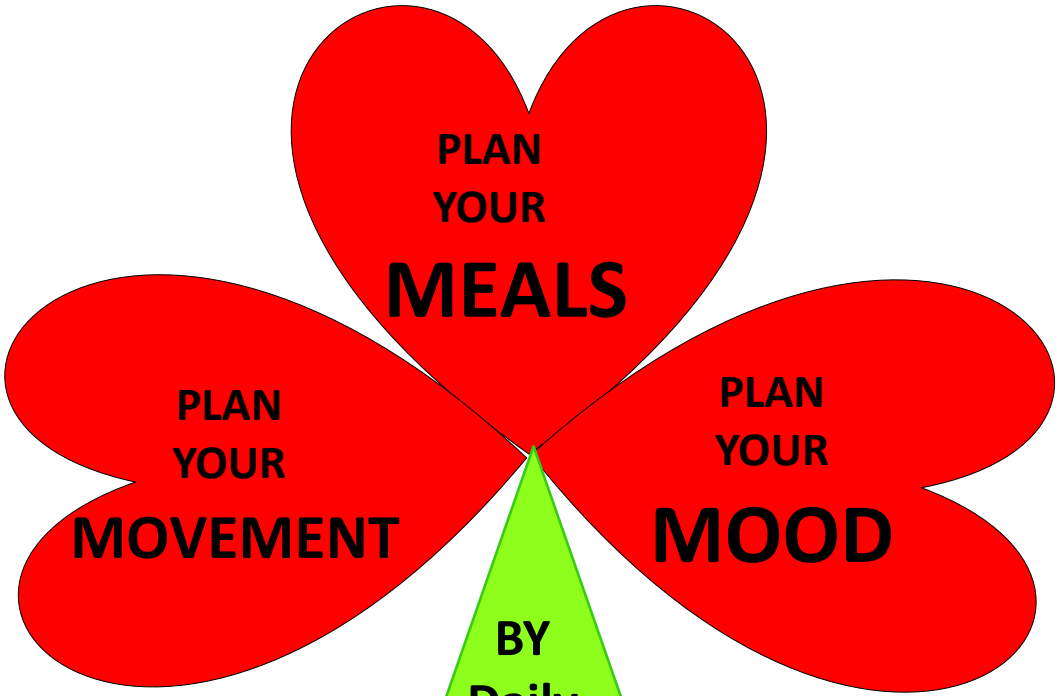
Lifestyle activities & tools

DR. BASIMA ABBAS HAJJ (SPEAKER)

PhD VIROLOGY

Owner of Healthy Lifestyle project Triple M(3M), CANADA

In English and Arabic

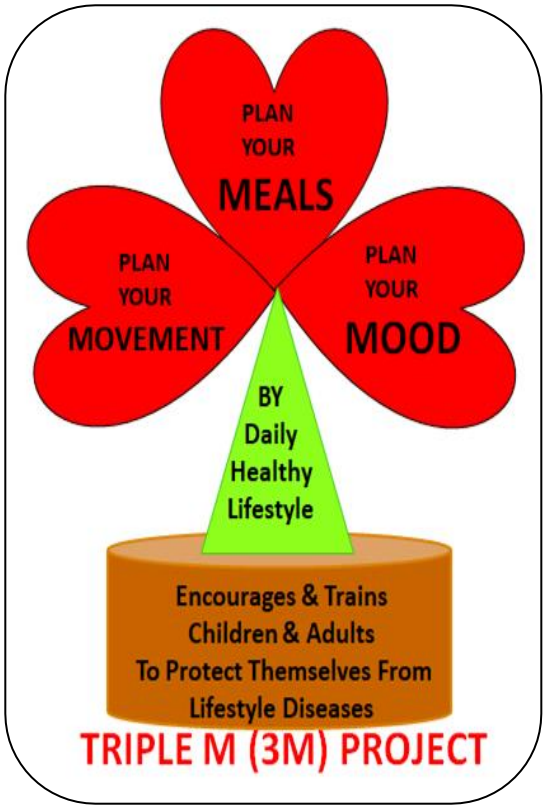


AIMS
to Encourage & Train
Children & Adults
to Protect Themselves
from Lifestyle Diseases

Healthy Lifestyle project Triple M(3M)

HEALTHY LIFESTYLE FOR ALL TO PREVENT LIFESTYLE DISEASES

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Movement Mood Meal

MMM PREVENT



DR. BASIMA ABBAS HAJJ (SPEAKER)

PhD VIROLOGY

Owner of Healthy Lifestyle project Triple M(3M), CANADA

HEALTHY LIFESTYLE project

TRIPLE M(3M)

ACTIVITIES & TOOLS



LIFESTYLE
ART EXHIBITION FOR PREVENTIVE NUTRITION

LIFESTYLE
APPLICATION

GOOGLE PLAY TRIPLE M (3M)

APP STORE TRIPLE M (3M)

LIFESTYLE
WEBSITE
http://www.drbasimatriplem.com

LIFESTYLE
10 GUIDES

LIFESTYLE
YOU TUBE CHANNEL

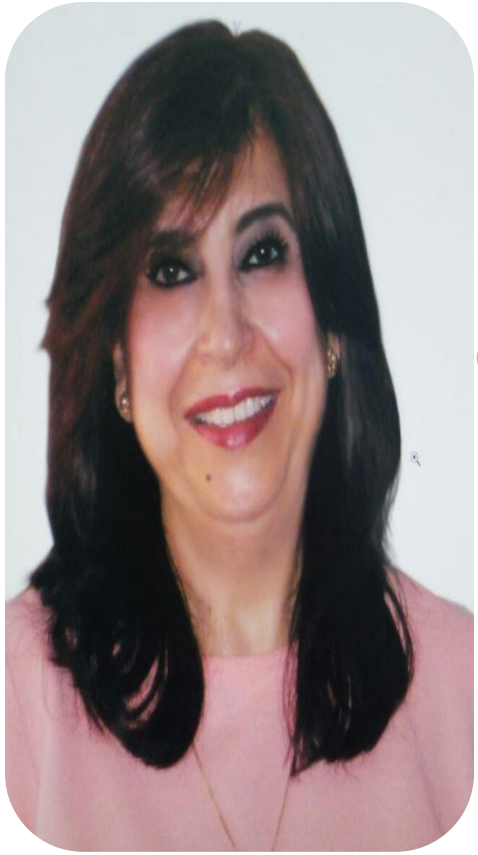
LIFESTYLE
TEN INTERACTIVE FOOD PLANNING BOARDS

LIFESTYLE
NATIONAL CAMPAIGNS

ARE GLOBAL NECESSITY

LIFESTYLE
TRAINING COURSES & WORK SHOPS

LIFESTYLE
Healthy food DATABASE (1500 MEALS & SIDE DISHES)



COLLABORATION IS WELCOMED

Dr. Basima Abbas Hajj Healthy Lifestyle Channel

https://www.youtube.com/channel/UChtFi61zhYKvBn0YD_NxAOg