Cardiovascular research in Mexico. A systematic review

Corina Mariela Alba-Alba, Maria del Rosario Ramírez Machorro and Rosario Guadalupe Ramírez Machorro
Universidad de las Américas Puebla, Mexico

Abstract

Introduction: Non communicable diseases like heart or cerebrovascular affections are between the first causes of death in Mexico and has started to appear in earlier ages. The objective of this study was to address what is known and the amount of publications about cardiovascular diseases in Mexico.

Methodology: A systematic review was made with the key words of "Cardiovascular Risk" and "Mexico" in databases like Springer, Ebsco Host, Scielo and Medline.

Results: A total of 1075 articles about cardiovascular research in Mexico were published between 2013-2018 in Spanish and English. After remove the duplicates and publications out of the interest 76 articles were analyzed. Conclusions. More research about Cardiovascular Diseases are needed in Mexico and it is necessary to adress the studies in younger populations.

Biography:

Corina Alba obtained her PhD in nursing on Universidad Autónoma de Nuevo León with a research stay at Rutgers Nursing College in New Jersey and certificated on attachment styles assessment by the New School of Psychology of New York, EUA. She has a master degree in Nursing in Advanced Clinic Nursing and her bachelor degree by Universidad Autónoma de Chihuahua, Chihuahua, She is Pharamedic in specialist in Rescue certificated by American Heart Association in CPR basic and advanced and Certificated in Pre hospital arial Trauma Life Support. She has been Professor of nursing careers of Universidad Autónoma de Chihuahua, Universidad de la Sierra Sur, Universidad del Mar and actually professor of nursing career at Health Sciences School of UDLAP and member of Sigma Theta Tau International Honour Society of Nursing. Her research interests include Health Promotion, Life styles, RCV, Child Obesity, Attachment styles.

María de del Rosario Ramírez Machorro and Rosario Guadalupe Ramirez Machorro are the students of nursing in the University of the Americas Puebla in Mexico and members in the student organization "Borders of health research" at the same university.

corina.alba@udlap.mx