30th International Conference on

Sleep Disorders and Psychiatry



July 08-09, 2019

Vienna, Austria

EuroSciCon

Agenda Day 1: July 08, 2019

Wien 3

08:00-08:30 Registrations

08:30-09:00 Opening Ceremony

Keynote Forum

09:10-09:50

Title: Dynamics of Brain Network Patterns of Activity during Sleep

Radu Mutihac, University of Bucharest, Romania

09:50-10:30

Title: Differential relationship of individual sleep-wake pattern with seasonality, depression, anxiety, and somatic complaints

Arcady A. Putilov, Federal Research Centre for Fundamental and Translational Medicine, Russia

Networking and Refreshments 10:30-10:50 @ Foyer

Workshop

10:50-11:50

Title: Sleep disorders in adults with ADHD: How to detect them and how to prevent negative interaction of treatments

D. Bijlenga & M.G. Smits, PsyQ Expertise Center , Netherlands

Session Introduction

Sessions: Sleep Medicne| Sleep Disorders | ADHD | Child and Adolescent Mood Disorders | Depression | Psychiatry

Session Chair: Radu Mutihac, University of Bucharest, Romania

Session Co Chair: Arcady A. Putilov, Federal Research Centre for Fundamental and Translational Medicine, Russia

11:50-12:20

Title: A novel method to non-invasively stimulate the diaphragm induces abdominal breathing and improves quality of sleep for multiple disorders

Zisi Fotev, Satina Medical, Germany

12:20-12:50

Title: : Sleep-Related Disorders in Children with Attention-Deficit Hyperactivity Disorder (ADHD): Preliminary Results of a sleep assessment study in a sample of children and adolescents with ADHD

María Vallejo-Valdivielso, University of Navarra Clinic, Spain

Group Photo

Lunch Break 13:00-13:30 @ MFifteen

13:30-14:00	Title: Investigating the best treatment for Delayed Sleep Phase Syndrome (DSPS) in adults with ADHD and its effects on health and appetite **Elisabeth van Andel,** PsyQ Expertise Center, Netherlands
14:30-15:00	Title: Therapy of Depression by Music **S. Spînu,** University of Bucharest,Romania
15:00-15:30	Title: Comparative Study of a Novel Apnoea Event Detection Monitor with Portable Home Study Units **SH Kinnesela,** PMD Solutions, Ireland

Networking and Refreshments: 15:30-16:00 @ Foyer

16:00-16:30	Title: Automatic Self Transcending Meditation (ASTM): A remedy for improving the sleep quality **Divya Kanchibhotla,** Sri Sri Institute for Advanced Research, Art of Living International Center, India

Panel Discussion

Day 2: July 09, 2019

Poster Presentations 12:00-12:30 @ Foyer

Extended Networking and Lunch 12:30-13:30 @ MFifteen

Awards & Closing Ceremony

Mark your Calendar

31st International Conference on

Sleep Disorders and Psychiatry

June 15-16, 2020 London, UK

E-mail: sleepcongress@conferencesfinder.com
Website: sleepmedicine.euroscicon.com