Conference Agenda



MARCH 27-28, 2019
PARIS, FRANCE

INTERNATIONAL CONFERENCE ON LIFESTYLE DISEASES & MANAGEMENT

Live with the Right Style, Have a Good Lifestyle

Lifestyle Diseases 2019

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: https://www.meetingsint.com/conferences/lifestylediseases

Title: Immediate Healing For Personality Development

Hadi Eltonsi, Cairo University Medical College, Egypt

Abstract: Immediate Healing For Personality Development is an Immediate non medicinal revolutionary life transforming healing for a wide spectrum of cases achieving higher grades of maturity, insight, harmony and efficiency saving client time, effort, interests and complications. Also used to maturate community leaders to be a trouble shooter model efficient leaders with team spirit.

Biography- Specialist of group psychotherapy , hypnosis, silva mind control, NLP, Reiki Master, Pranic Healing, life coach and mantra yuga meditation

Title: New Lifestyle: Coping support techniques and Positive Psychology as best prevention dialling with stress

Javier Fiz Perez Ph.d, European University of Rome

Abstract: Stress concerning the post high school choice is the non linear combination of two factors: on one hand, uncertainty regarding the choice, on the other hand, the immediacy of the event. Comparing stress levels amongst subjects that count on strong family support and subjects that count on scant family support there are significant differences. The subjects that count on strong family support seem to register lower average stress levels, regarding their post high school choices. Furthermore, this kind of support seems to reduce stress as the event comes nearer, facilitating the decision-making.

Biography- Biography: Psychotherapist and Professor of Psychology. Delegate for the International Research Development and is a Co-Director of the Laboratory of Applied (Business and Health Lab). He has more than 150 national and international publications.

Title: WORK & MOVE, the brain in the spotlight

Erik J.T. Master, Director,Centre for Sociotechnology and Neuropsychology,Netherlands

Abstract: The workplace is an important factor in brain health and has to be all about cognitive movement. It should fit the needs for each one's talent in which creativity can interact with an active suitable working environment to prevent stress and depression, the number one disease in Western Europe and the USA. Alternating posture and focus shows improved results in concentration, problem solving capabilities, energy levels and condition of body and mind in general. The second step is to face the challenges in the area of behaviour change. In this lecture we look into the aspects of coaching our brain and body in such a way that lasting behavioural change can be achieved which will improve long lasting positive effects on health. The ultimate challenge is to add three years to a persons life by creating a perfect fit of his talents in an active, suitable working condition.

Biography- Clinical neuropsychologist, has worked with elite sports teams like Chelsea FC and Anderlecht, Brussels to develop new ways of detecting / optimizing cognitive skills. He has over 100 publications regarding cognition in the domains of brain injury, talent detection and talent optimization.

Title: Personalized & Precision Medicine (PPM) as a model of healthcare services of the next-step generation to secure the national stability and the Biosafety

Sergey Suckov, Director, Center for Personalized Medicine, Sechenov University

Abstract: One of the most advanced areas in cardiology is atherosclerosis, cardiovascular and coronary disorders as well as in yocarditis. A lack of medical guidelines has been identified by the majority of responders as the predominant barrier for adoption, indicating a need for the development of best practices and guidelines to support the implementation of PM into the daily practice of cardiologists!
Implementation of PM requires a lot before the current model “physician-patient” could be grad-ually displaced by a new model “medical advisor-healthy person-at-risk”. This is the reason for developing global scientific, clinical, social, and educational projects in the area of PM to elicit the content of the new branch.

Biography- Secretary-in-Chief of the Editorial Board, Biomedical Science, an international journal. He is also-Chair, Dept for Translational Medicine, Moscow Engineering Physical University (MAPhI), and Secretary General, United Cultural Convention (UCC), Cambridge, UK. A Member of the: New York Academy of Sciences, American Chemical Society (ACS), American Heart Association (AHA), AMEE, Dundee, UK; EPMA, Brussels, EU; PMC, Washington, DC, USA and ISPM, Tokyo, Japan.

Title: Technology in Lifestytle Diseases

Rabbanie Tariq Wani, Faculty, European Lifestyle Medicine Congress

Abstract: A number of NCDs share one or more common predisposing risk factors, all related to lifestyle to some degree: (1) cigarette smoking, (2) hypertension, (3) hyperglycemia, (4) dyslipidemia, (5) obesity, (6) physical inactivity, and (7) poor nutrition. In large part, prevention, control, or even reversal of the aforementioned modifiable risk factors are realized through leading a healthy lifestyle (HL). The challenge is how to initiate the global change toward true action—creating, implementing, and sustaining Healthy Lifestyle initiatives that will result in positive, measurable changes in the previously defined poor health metrics. To achieve this task, a paradigm shift in how we approach chronic disease prevention and treatment is required.

Biography- He is a Preventive Medicine Specialist. Associate of Core Working Groups of the American College of Lifestyle Medicine. His research focuses on Lifestyle & Occupation and Lifestyle Medicine Technology

Title: The Wellness Purpose Connection™: Understanding How Eating and Exercise Leads to Happiness and Purpose in Life

Sheron Brown, Founder, Sweet Eden by Sheron, USA

Abstract: People are getting sicker, holistically. Data indicates that about 80% of the population are not satisfied with their current employment situation. Specifically, gathered data reveals that mid-career professionals in the U.S., particularly women, report being dissatisfied with their jobs, mental exhaustion, stress, lack of joy, mild depression and physical ailments such as being overweight, diabetes, and high blood pressure. They also reported poor family relationships, low self-esteem, lack of confidence, limited time to do the things they enjoy and dissatisfaction with their income. In short, these professionals, despite earning middle class incomes, experience limited wellbeing. Individuals who have received wellness coaching, however, have transformed these conditions to improve their quality of life.
Biography- She helps leaders to solely focus on workplace performance and transfer their lives with a wholistic perspective. Sheron works as an independent consultant and coach to school leadership teams using her experiences as a brain-based coach to help leaders transform. She uses the Insight Learning Foundation’s personality assessment system, a Results Coaching System certificate, a certificate for integrative health coaching and is a trained yoga teacher

Title:Plant-based diets and healthy living – highlights from Loma Linda University lifestyle medicine research

Jennifer Chevinsky, Resident Physician , Loma Linda University Health, USA

Abstract: Plant-based diets are connected to multiple positive health benefits including weight loss and decreased risk of coronary heart disease, multiple cancers, diabetes, hypertension, and all-cause mortality. A significant positive association was shown between the consumption of eggs and all-cause mortality and in men, increased consumption of beef was associated with fatal heart disease. Conclusion & Significance: Healthcare providers and their patient often wonder what diet is the best to recommend and/or follow. The research out of Loma Linda, including the Adventist Health Studies, have helped to better elucidate the connections between vegetarian, plant-based diets and health

Biography- She is an expert in preventive medicine, population health, and lifestyle medicine. She has conducted extensive research in areas of bioethics, health media, and public health.

Title:Resveratrol encapsulation for a new application in Age-Related Macular Degeneration

Augustina Alaimo,Young Assistant Researcher ,University of Buenos Aires. IQUIBICEN-CONICET. Argentina.

Abstract: Previous studies have demonstrated the various beneficial effects of RSV on human health, including its neuroprotection, anti-inflammatory action, potent antioxidant activity and antiaging effects. Our research line is focused in investigating the protective effectiveness of RSV in an in vitro model of AMD. In addition, we are designed and developed argentinean chitosan-based nanocarriers for RSV encapsulation to overcome physicochemical and pharmacokinetic limitations such as poor oral bioavailability, low water solubility and photosensibility. To date, our findings denote that RSV represents an attractive natural bioactive for therapeutic intervention against aging diseases associated with oxidative stress such as AMD.

Biography- She is Young Assistant Researcher ,University of Buenos Aires. IQUIBICEN-CONICET. Argentina.

Title:Fibromyalgia and Chronic Pain (P16INK4A expression as a potential prognostic marker in cervical precancerous and cancerous lesions in Morocco

Fechtali Taoufiq, Laboratory of Biosciences, Faculty of sciences and Technics, Mohammedia, Hassan II University of Casablanca Morocco

Abstract: p16INK4a expression was very low in benign cervical lesions, while 18.8% of these lesions showed positivity for HPV DNA detection. Forty seven percent of mild dysplastic lesions presented overexpression of p16INK4a protein, and 76.4% were HPV positive. Strong signal of p16INK4a was observed in 100% of severe dysplastic lesions, and in 94.2% of invasive carcinoma. HPV DNA was detected in 83.3% of severe dysplastic lesions, and in 82.3% of invasive carcinoma.

Biography- His area of research mainly focuses on Neuro-pharmacology and has more than 10 publications in International Journals. He has been awarded by academy of sciences of the Federal Republic of Germany.

Title:Diabetes Cure for Type1, Type 2 and Type 3 (LADA)

Vivek Kamath, Founder, Heal the world organization

Abstract: As most of us are aware of Type 2 diabetes can be controlled and cured completely with the diet, workouts (yoga), effective stress management and other healing methods. However, Type 1 and Type 1.5/3/LADA diabetes healing or complete cure is a big challenge because of our body's immune system issue. With type 1/1.5 diabetes, the body's immune system attacks part of its own pancreas. Scientists are not sure why. But our immune system mistakenly sees the insulin-producing cells in the pancreas as foreign, and destroys them. This attack is considered as "autoimmune" disease. These pancreatic cells – called "islets" are the ones that sense glucose in the blood and, in response, produce the necessary amount of insulin to normalize blood sugars. How do we protect that these "Islets" and how can we ensure that these cells produce enough insulin hormones?

Biography- Reiki Master, Mexican Healing Master, Melchizedek Healer, Crystal Healer and Past Life Regression Therapy Expert

Title:The Purpose of Temperature of Fever

K. M. Yacob,Chief Physician, Marma Health Centre,Kerala, India

Abstract: When the disease becomes threat to life or organs blood circulation decreases, Temperature of fever will emerges to increase prevailing blood circulation. And it acts as a protective covering of the body to sustain life. When blood flow decrease to brain, the patient becomes fainted-delirious .If we try to decreases temperature of fever, the blood circulation will further reduced. Blood circulation never increases without temperature increase. Delirious can never be cured without increase in blood circulation.

Biography- Besides being a Chief Physician at Marma Health Centre, Kerala, India, he has also published nine books mainly focusing on the fever , inflammation and back pain.

Title: Why Our body acts against Facts of Physics in Fever

K. M. Yacob,Chief Physician, Marma Health Centre,Kerala, India

Abstract: We will get a clear answer if we find out the purpose of fever, sensible and discreet action of brain. During fever, if the temperature of fever is not a surplus temperature or if it is not suppose to be eliminated from the body, the shrinking of skin and blood vessels, shivering of body, dislike towards cold substances etc are a protective covering of the body to increase blood circulation to important organs of the body it is against the facts of physics.

Biography- Besides being a Chief Physician at Marma Health Centre, Kerala, India, he has also published nine books mainly focusing on the fever , inflammation and back pain.

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