Meetings International
WITH US

BROCHURE



4th International Conference on

LIFESTYLE DISEASES AND MEDICINE

September 22–23, 2025 | Rome, Italy

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INVITATION

ABOUT CONFERENCE

We are delighted to welcome you to the 4th International Conference on Lifestyle Diseases and Medicine, taking place on September 22–23, 2025, in the historic city of Rome, Italy. This premier global platform brings together healthcare professionals, researchers, industry leaders, policymakers, and wellness innovators committed to tackling one of the most pressing challenges of our time lifestyle-related diseases.

The summit will be forward with the theme ‘’EXPLORING THE CHALLENGES & EXCELLENCE IN THE LIFESTYLE DISEASE & MEDICINE’’

Lifestyle diseases such as diabetes, cardiovascular diseases, obesity, hypertension, and stress-related disorders continue to dominate the global burden of disease. The conference will explore preventive strategies, medical breakthroughs, digital health innovations, nutrition science, behavioral change models, and policy development.

YOUNG RESEARCH FORUM:

We are announcing the Young Scientist Awards through the 4th International Conference on Lifestyle Diseases and Medicine, taking place on September 22–23, 2025. This Lifestyle Diseases 2025 focuses on ‘Exploring The Challenges & Excellence In The Lifestyle Disease & Medicine’. Lifestyle Diseases 2025 and upcoming conferences will recognize participants who have significantly added value to the scientific community of Medical science and provide them with outstanding Young Scientist Awards. The Young Scientist Award will provide a strong professional development opportunity for young researchers by meeting experts to exchange and share their experiences at our international conferences.

CONFERENCE HIGHLIGHTS

- Lectures by the active Investigators
- Keynote forums by Renowned Speakers
- Speaker Forum
- Poster Sessions on latest Innovation in all the relevant Areas
- Panel discussions and interactive sessions
- Open Innovation Challenges
- Poster Sessions on every career stage
- Post-Doctoral Career Development Session
- Young Research Forum
- B2B Meetings
- Global Networking with 50+ Countries
- Novel techniques to benefit your research
- Best platform for Global business and Networking opportunities

TARGET AUDIENCE

- Cardiologists, Endocrinologists, General Practitioners
- Public Health Officials and Policymakers
- Clinical Nutritionists and Dietitians
- Researchers, Scientists, and Academicians
- Corporate Wellness Experts and HR Leaders
- Fitness and Lifestyle Coaches
- Health Tech Entrepreneurs and Investors
- Pharma and Medical Device Companies

SESSION HIGHLIGHTS

- Cardiovascular Health and Hypertension
- Obesity and Weight Management
- Type 2 Diabetes and Insulin Resistance
- Nutrition, Diet, and Gut Health
- Mental Health, Stress & Lifestyle Interventions
- Digital Health and Wearables in Chronic Disease Management
- Physical Activity and Exercise Science
- Preventive Medicine and Public Health
- Sleep Disorders and Circadian Health
- Addiction and Behavioral Change
- Lifestyle Medicine in Pediatrics and Adolescents
- Integrative and Complementary Therapies









Past Event Report

Meetings International Conference successfully hosted its third series on the "**3rd International Conference on Lifestyle Diseases & Medicine** hosted on **December 07-08, 2022** in the **hotel Ghaya Grand** in **Dubai, UAE.**

Eminent keynote speakers from various universities addressed the gathering.

The generous response and active participation of the organising committee members played a major role in the success of the conference. On the other hand, we take the opportunity to thank all the speakers, delegates, and participants for providing their valuable support and time for the conference.







About Venue:

The 4th International Conference on Lifestyle Diseases and Medicine will take place in the heart of Rome, Italy, a city famed for its timeless history and vibrant culture. The conference venue offers modern conference facilities with advanced technology, comfortable meeting spaces, and excellent accessibility.

Rome's central location makes it easy to reach via Fiumicino International Airport and well-connected train networks. Attendees can enjoy nearby accommodations ranging from luxury hotels to charming boutique stays.

During breaks or after sessions, participants can explore iconic landmarks such as the Colosseum, Vatican City, Trevi Fountain, Pantheon, and Piazza Navona. The city's rich heritage, combined with its Mediterranean climate in September, creates an ideal atmosphere for both learning and leisure.

Hosting the conference in Rome provides a unique opportunity to blend cutting-edge scientific discussions with inspiring cultural experiences, making your visit memorable both professionally and personally.







Registration Fee

REGISTRATION TYPES	EARLY BIRD	MID TERM	FINAL CALL
ACADEMIC SPEAKER	$499	$599	$699
BUSINESS SPEAKER	$599	$699	$799
POSTER REGISTRATION	$549	$649	$749
DELEGATE REGISTRATION	$449	$549	$649
STUDENT REGISTRATION	$349	$399	$449
WEBINAR / VIRTUAL CONFERENCE REGISTRATION	$299	$399	$499
E-POSTER	$210	$210	$210
ACCOMPANYING PERSON	$249	$249	$249

Important Dates:

EARLY BIRD REGISTRATION ENDS

JUNE 10, 2025

Website link: https://www.meetingsint.com/conferences/lifestylediseases

Abstract Submission link: https://www.meetingsint.com/conferences/lifestylediseases/abstract-submission

Registration link: https://www.meetingsint.com/conferences/lifestylediseases/registration



For Program Enquiry

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