Healthcare Disparities Among Black Women: A Comprehensive Review

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ABSTRACT:

Healthcare disparities among Black women have been widely recognised as a significant public health concern. This oral presentation examines the extent and underlying factors contributing to healthcare disparities experienced by Black women in various aspects of healthcare access, utilisation, and outcomes. The impact of healthcare disparities on the health of Black women is significant. They face disproportionately higher rates of chronic diseases, maternal mortality, and limited access to reproductive healthcare services. Mental health disparities, including underdiagnosis and inadequate mental healthcare access, further compound the challenges faced by Black women.

Achieving health equity for Black women necessitates collaborative efforts from healthcare providers, policymakers, researchers, and community stakeholders. By addressing healthcare disparities comprehensively, we can strive towards a future where all women, regardless of race or ethnicity, have equal opportunities for optimal health and well-being.