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HOW DO BACTERIAL VACCINES PROTECS ALLERGY PATIENTS?

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• ABSTRACT:

A Study with patients betewen 5-50 years old, having more women than men, they have Allergic Rhinitis to mites, all with elevated Ig E dosage. Who improved when used bacterial vaccines before startting the winter, they reduced the use of corticosteroids and antihistamines. The reason for this was because they were protected with bacterial lysates.
However, together with the use of bacterial vaccines, was recommended start a diet suppressing Milk and derivates, to reduce intestinal inflamations and decrease abundant nasal discharge.
Althogh, not all of them complied with the diet, they only continued wtih bacterials vaccine for 30 days in the autumn, before the winter season begins.

Conclusions:
All the patients who have recived bacterial vaccines got better with low nasal symptoms such as sneezing, itchy nose and rhinorrhea.
Only someone nedeed topic corticosteroids, nasal spray, in the winter and some few need Montelukast, and one patient took antibiotics.
But who got betters were those who reduced or eliminated Milk and derivates consumption, during the tratment and after that.
So it is important to use bacterial vaccines in allergic rhinitis because reduce symptoms but also it is very importat how the patients eat to decrease intestinal inflamations to help allergic rhinitis patients.

Keywords: Rhinitis, Bacterial vaccines, Milk

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Retrospectived cohort study during one year after Pandemia Sars Cov-19.
After working as inmunologic docthor in medicine since 2012 and based on my knowledge and my experience on the bacterial vaccine, I can tell my exposore, especially with clinical improvement results have been very positive.
I use and strongly recommend bacterial vaccines.

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