Acupuncture Treatment for Migraine

Rabit Sadiku PhD Acupuncturist

Background and aims:
Acupuncture is medical science that deals the study and recording the informations to the organism in the specific points. This Acupuncture Points help us also in the treatments and diagnostic. The number of the Acupuncture points in our body is 657 points. Only ear-auriculo have more than 200 points. Stimulation of these points help relieve the pain. Treatments are so effective and all natural. Migraine is the disease with psycho motoric
origin. Treating is with painkillers or Analgesics but out results. Acupuncture has given results in Europe and in all the World for migraine pain and other neurological disease. This study will show to you results in small clinical conditions.

Methods:

Successfully treated patients with headaches-Migraine with the special points of pain like L4 ST 44 DU 20 , local points , distal points etc. Electro-stimulation was done for 20 min with the frequencies up to 1000 Hz.

Investigated patients was 50,8 male ,42 female, most of them had 10-35 years of pain.

N=50 7 had a pain along the UB Meridian

M= 8 26 had the pain along the GB Meridian

F=42 7 had the pain along the ST Meridian

Results:
The patients was treated 3 time pro week and in the cycle 10-12 Treatments
26 patients was treated with only one treatment
2 treatments was enough for 18 patient
6 from them needed more than 3 treatments, all treatments for all patients was in Total : 15,6 treatments. After Treatments 30 patients was out pain. 14 patients was feeling much better. only 6 of them was out improved. After 6 months in 60 % of them the pain was not recidived.

Conclusion :

In European Union the Acupuncture is very familiar and is practiced in many clinics in Public Health.The investigated patients who was treated in our clinic was before treated props with medicines. It remains that this Medical Science will be applied in Kosovo and Region.

References:

Rabit Sadie Acupuncturist PhD FIAMA - Aku Center Rep Kosovo

Prof.Dr.Frank Bahr European Academy of Acupuncture and Auriculomedicine Munich Germany