Abstract

Abstract Title:

CREATING SPACE

Effective Management of Shoulder Dystocia - Unlocking the Secrets

[1] *Dr Tracy Roake (Danat Al Emarat Hospital, UAE)*

Abstract (not more than 300 words)

The intention of this workshop is to provide midwives/obstetric nurses with easy effective teaching methods and tools for shoulder dystocia diagnosis and management, with the intention to enhance and transform their practice. Whilst providing evidenced based methodology, with the emphasizes on using simple techniques, drills, communication skills and team building exercise's, the audience will appreciate the importance of shared decision making and the significance of roles and responsibilities .

This workshop will describe the journey to establishing a mandatory training program in an obstetric hospital that creates affective communication pathways and appreciation for a variety of roles and responsibilities of a multi-professional team. The main focus for the workshop will be to educate, reignite passion, dispelling myths, methods and previous inadequate management of shoulder dystocia.

The workshop will aim to bring back the autonomy of midwifery and highlight the importance of early diagnosis, effective management and successful outcomes and. This been the component that will create a concept that will not only change birth practices but ensure safe birth outcomes.

Keywords—*teamwork, diagnosis, management, emergency*

Professional Biography (100-150 words)

Dr Tracy Roake is the Head of Education at Danat Al Emarat Hospital, Abu Dhabi. She is also the deputy chair for the resuscitation committee. She is a registered nurse and an advanced Midwife with Neonatal nursing science. Tracy is also the lead obstetric emergency

training instructor. Tracy has been awarded a DBA, MBA, M.Sc. Healthcare management degree, and has a Master of Applied business research; she is a qualified simulation instructor, hypnobirthing instructor and has a diploma in Aromatherapy, Herbalist, Reflexology and Naturopathy. Tracy is a NRP and BLS instructor and has a great passion for midwifery and pioneered all the first private hospital water births in KZN South Africa. She is also proud to say that he is an invited facility member or the PROMPT foundation in the United Kingdom.



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Any Comments:

Thank you for this opportunity