The Brainpower Breakthrough - *How to Reprogram & Rewire your Brain to do what you want.*

In this talk, Neuroplastician, Master Neuroplasticity Trainer & Neurolinguistic Programming Trainer & Hypnotist, Chris Wyllie will teach you fundamental Neuroplasticity principles, techniques and strategies to rapidly reprogram stress and anxiety related disorders and mental / emotional disorders. In his private practice Chris has conducted 1000s of QEEG Brain Maps, experimenting and scientifically testing the effects of *neurotechnological interventions, nutritional interventions, neuroplasticity interventions & mind-based hypnotic & neurolinguistic programming interventions,* and their effects on brain functionality in real time and across time in individuals with *anxiety, depression, OCD, schizophrenia, addiction, ADD & ADHD,* & myriad learning disorders and neurological conditions.

In this talk, Chris will identify *how the brain works* and *how to take control of your thought processes* to generate rapid, powerful changes in brain function and behaviour. Chris will teach "the HOW", how to rewire the brain and overcome fears, anxiety, mood imbalances, and perform live demonstrations, giving you a firsthand experience of these remarkable neuroplasticity techniques in action.

Chris will share incredible clients transformation stories, actionable strategies and techniques you can use to get immediate results with yourself and with patients, foundational brain mechanics and principles, and provide a live transformational experience that will accelerate your own brain and self-development.