

“Ureh Nan Ampek a Dichotomy of Equilibrium: Ethtnopharmacology of Minangkabau”

Tresno[1] and Uci Meliana[2]
1) Honours Department of Anthropology, Faculty of Social and Political Scince, Andalas University, Padang, Indonesia
2) Honours Department of Pharmacology of Pharmacology Faculty, Andalas University, Padang, Indonesia

ABSTRACT

In Indonesia, the traditional health system is still separated from modern medicine, but coexist with modren treatment. As in Nagari Simanau, it is famous for ureh nan ampek treatment that has a balance dichotomy like humoral pathology, India (ayurveda) and China (yin and yang). Method used in this research, using ethnoscience approach where researcher seek knowledge of society and dukun kampung about ureh nan ampek through technique of collecting data of interview and observation. After that the results, the plant will be done phytochemical testing. The results of the study explain that etnomedisin ureh nan ampek have the same balance dichotomy based on Sikatimuno mythology, chicken surgery (perkakehs ayan), tawa ureh nan ampek (spell) and phytochemical test. The pain will appear when ndak lamak badan, banyak pangana, ndak lamak hati (unwell body, a lot of thoughts and hearts). So that causes four elements in the body is not balanced that is karabu (lung), liver, galang nan tujuah (long intestine), and rueh-rueh finger (large intestine). As for curing the illness with ureh nan ampek consisting of sitawa (Enydra fluctuans DC), sidingin (Cheilocostus speciosus), cikarau (Bryophyllum pinnatum), cikumpai (Sacciolepis interrupta) in which each plant has its own properties in curing diseases. sitawa is any sick bidder, sidigin decrease heat/cool the sick, cikarau/pararau is destroyer of any sick and cikumpai/panghampai is throw away any sick. From the explanation of dakun kampung about tawa ureh nan ampek. Researchers can categorize Minangkabau ethnopharmacology that A total of 82 types plants are categorized by researchers who have properties and benefits Healing various diseases.

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Presenting author details

Full name	: Tresno
Contact number	: 085274762255
Twitter account	: tresnoninggu
Linked In account	: Tresno
Category	: Poster presentation