Abstract

Ergonomic is a very important to be applied in our daily work. This because it help us to reduce the risk for having MSD.As a radiographer their daily work involve the movement of the musculoskeletal rapidly and sometime awkward movement are involve .Unfortunately not many of the radiographer have the knowledge to apply the ergonomic principle and know what is ergonomic itself, so this research is to see the level of the knowledge about ergonomic and give them the information that they need to made their work more comfort and more safety in ergonomic term. In the research, questionnaires have been distributed among the radiographer in UMMC to see the level of understanding about the ergonomic and the routine of their workflow. After the questionnaire has been distributed a pamphlet containing the information that they need to know about ergonomic and how to apply are distributed. Then second questionnaire will be provided to see the feedback and opinion about the info that have been put in the pamphlet .Most of the radiographer don't have the knowledge about ergonomic and why it is important among them, through the pamphlet that have been given to them they have adequate information how to reduce the risk and apply the method that have been given to them. There are some of them having a brief knowledge about the principle but they don't have the knowledge how it can be applied in their daily basis. Conclusion the knowledge of ergonomic among radiographer are very minimal and they only do their work according to their style although it have very big impact to them in a long term, with the research it some ho help them to realize the important of ergonomic in their life to help them to stay fit and health in the profession of radiographer.