At Death's Door

At Death's Door is a book written about life, and, how life can end for different people. It addresses conflicts, hardships, decisions and other issues like "being young" can affect such a potentially brutal process. It captures the essence of being actually mortal and how the process really happens. It's all based on real life stories experienced first hand by the author over a twenty year period of real clinical medical practice. The book explains how the hospital system works. There are multiple chapters dedicated to various aspects of medical care. These include decision making under different circumstances like being alone, having a loving or a difficult families to deal with, being demented, getting to the intensive care unit, having a cardiac arrest under different circumstances or who will care for you at the hospital, etc.

At Death's Door describes my day to day experiences in dealing with such patients and their families, as well as working with the nurses, doctors, other palliative care professionals, and others who are involved in their treatment and care. It also tells the stories of these patients, both before and after they were diagnosed with their terminal condition.

At Death's Door is also a prospective TV series called *Death's Door* based on my own experiences as an end-of-life-care doctor. While all doctors are pledged to do everything they can to preserve life, many of my patients have gone on to die within days or weeks, and sometimes a few months, usually as part of a terminal disease. So I seek to make matters as comfortable as possible for the patient and reduce any unneeded suffering. I also work with the patients' families to keep them informed, get their input, and provide comfort to them. The film/TV series features a few of the most dramatic stories, and it has already won The Indie Gathering (International film festival Ohio, 2018) as the best prospective TV series pilot for 2018 (http://vimeo.com/186157574).

The whole process is actually a trilogy. Our documentary called "End of life" features interviews with nine physicians, three patients with terminal conditions, three experienced nurses on end of life, and, we complete the team with a priest and a lawyer. It provides advice on end of life matters. It's quite an eye opener to the mysterious end of life world. You should be

able to hear the truth about the end of life process from first hand professionals and patients. A trailer for the first episode is on Youtube (http://youtu.be/I_0F4IYvIuc). A complete episode is available as a screener for selected audiences.

The book, which was released in March 2017 has been nominated as one of the best books of the year by Foreword Review Magazine and is available through Amazon, (http://a.co/hSSFuoa), and also there is a Facebook page for the film, where you can see photos from the filming. My website is http://www.atdeathsdoor.com/