Professor Dr. VEDAVALLI SACHITHANANTHAN
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SCHOLASTICS

M.Sc., M.Phil. Ph. D., (Food Science & Nutrition)

B.Sc. Nutrition, Food Service Management & Dietetics, Quaid-e-Millath Govt. College for Women, Chennai, ndia (1983-1986)
First Class 70%

M.Sc., Foods & Nutrition, Sri Avinashilingam Home Science College for
Women, Coimbatore, India (1986-1988)
'0' Grade 80%

M.Phil. Food Science & Nutrition, Avinashilingam Deemed University, Coimbatore, India (1988-1989)
Part - I - Distinction 77%
Part – II - Highly Commended

Ph.D. Food Science & Nutrition, Avinashilingam Deemed University, Coimbatore, India (1992-1996) (Awarded in December 2000)

IELTS 7.5 out of 9.0 (2005-06), British council, Chennai, India

IT SKILLS MS office, excel, power point and internet applications, SPSS 20 and ESHA software.

CAREER CONTOUR

30 years of teaching experience and 17 years of research experience at the post graduate level. Held teaching positions in several private colleges in India, from Dec.1990.I was appointed in a permanent position in a Government college (up graded to university status) with government emoluments, gratuity and lifetime pension benefits from Oct.1998, after a rigorous national level screening exam and interview including lecture

presentation. Involved in teaching and research in foreign universities in Sydney, Libya, Ethiopia and Saudi Arabia from February 2006 till date

Year	Institution	Position	No. of years
June 1989 – May 1990	Department of public health and preventive medicine	Research Officer	1
June 1990 – May 1994	Jawahar Science college	Assistant Professor	4
June 1994 – May 1995.	Merit Swiss Asian school of hotel management	Assistant Professor	1
June 1995 – May 1996	Anna Adarsh college for women	Assistant Professor	1
June 96 – September 98	Sri Akilandeswari college for women	Assistant Professor	2 years 3 months
Oct. 98 – Jan.2006	Queen Mary's college, Chennai (Govt.)	Professor	8 years
Feb 2006 – April 2006	University of New South Wales, Sydney	Undertook clinical nutrition training in hospitals.	3 months
Sep. 2006 – Aug. 2009	Al Arab Medical University, Libya	Assistant Professor	3 years
Nov. 2009 – Aug 2011	Hawassa University, Ethiopia	Associate Professor	2 years
Nov. 2011 – Aug. 2013	University of Hail, Saudi Arabia	Professor	2 years
Oct. 2013 – **Till date**	Jimma university, Ethiopia	Professor (research coordinator)	5 years
Nov. 2014 – Present	King Khalid university, Saudi Arabia	Professor	4 years
Sep 2018 to present	Saudi electronic university, Saudi Arabia	Professor	2 years

Current position

Professor, Faculty of Public health, Saudi electronic University

Key tasks – Offering courses in Public health nutrition, Biology, English, Health economics, Chemistry, Food and nutrition, Sociology of health and illness, Chronic disease epidemiology, Health education, Public health, Nutrition epidemiology, Biostatistics in research, Microbiology, nutritional biochemistry, social and preventive medicine and research. Conducting research projects. Dietary management and counselling of patients.

Previous position (International)

Professor, Faculty of Public health, College of Applied Medical sciences, King Khalid University, Abha, Saudi Arabia.

Key tasks – Offered courses in Basics of Nutrition, Biology, English, Nutritional biochemistry, Epidemiology, Non communicable diseases, Food safety, social and preventive medicine and Research methodology, Handled hospital visits for training in Nutrition. Dietary management and counselling.

Conducted exams and submitted marks.

Guided graduate students in Public health and nutrition research.

Previous position (International)

Professor, Dept. of Nutrition, Faculty of Population and Family health, College of Public health and medical sciences, Jimma university, Ethiopia.

Key tasks - Offered courses in Human Nutrition, Nutritional epidemiology, Nutritional biochemistry, Nutrition in disease (clinical nutrition), public health, social and preventive medicine,Biology and Nutrition through life cycle for post graduate students and handled clinical rotation in hospitals. Dietary management and counselling.

Conducted exams, corrected papers and submitted marks.

Guided research for Masters' and Doctorate students and evaluated student thesis by conducting viva voce examination.

Previous position (International)

Professor, Department of Clinical Nutrition, College of Applied Medical Sciences, University of Hail, Saudi Arabia.

Key tasks - Handled subjects such as Nutritional biochemistry, public health, epidemiology research, Medical Nutrition therapy I and II, Clinical rotations in hospitals in Medical Nutrition therapy I and II and theory in Enteral and Parenteral nutrition. Dietary management and counselling.

Member of the Board of examinations

Trained many batches of students for getting RD in Saudi Arabia

Involved in departmental research and guiding and evaluating student projects.

Previous position (International)

Associate Professor at the Institute of Nutrition, Food science and technology at Hawassa University.

Key Tasks

Handled postgraduate subjects such as Nutritional Assessment, Nutritional science, public health, Maternal, infant and child health and Applied Human Nutrition. Handled hospital visits for students. Dietary management and counselling.

Guided postgraduate student projects. Evaluated student projects and conducted viva voce examination and thesis presentation.

Previous position (International)

Asst. Professor in Nutrition in the Dept. of Nutrition, Faculty of Public health, Al Arab Medical university, Benghazi, Libya from Sep 2006 till Aug 2009.

Key Tasks

Curriculum development with respect to undergraduate and postgraduate Nutrition courses

Taught subjects such as Applied Nutrition, Clinical Nutrition, Public Health and Practice of Nutrition, social and preventive medicine, community medicine, Nutritional biochemistry, Foodstuff, Food science and Nutrition, etc. to undergraduate and postgraduate students

Conducted hospital visits for students to gain insight into techniques for **assessment of the nutritional status of the community, clinical nutrition and diet planning for normal, nutritionally deficient and diseased patients (cardiovascular, diabetic, renal, cancer and obesity)**

Counseled patients with obesity, cardiovascular disease and diabetes. Dietary management in

hospitals.

Trained at least 1000 students to become RDs in Libya.

Guided and evaluated student projects and planned, monitored and evaluated community nutrition projects.

Previous Position in India

Professor, (currently on leave)
Dept. of Nutrition,
Queen Mary's college,
Chennai.

I worked in Queen Mary's college from Oct 1998 till January 31st 2006. This is a **permanent position with lifetime pension, gratuity and provident fund benefits** (currently on leave). I was selected to this position via a rigorous national level selection test followed by an interview.

Key tasks

Taught **undergraduate and postgraduate students subjects such as physiology, biochemistry, clinical nutrition, community nutrition, public health, research methodology and statistics and food science and guided postgraduate student research projects**. Dietary management and counselling in hospitals.

Guided and evaluated student projects and planned, monitored and evaluated community nutrition projects.

Member of the **Board of studies in Nutrition - responsible for curriculum development**

Member of the board **of examinations.**

Handled student admissions for undergraduate and postgraduate courses A

Tutorship responsibilities include counselling and guidance of students. **Arranged internships for students in hospitals to understand and learn the duties of dietitians.**

Maintained journals, dissertations and library books.

Maintained mark registers. Convocation responsibilities include selection of meritorious students for awards.

In charge of Nutrition association activities such as **conducting seminars for students on behalf of national and internationally significant nutrition celebration days such as world**

health day, nutrition week, breast feeding week, etc. to make students aware of significant health and nutrition perspectives. This is done in collaboration with hospitals, food industries such as Nestle and other industries such as Pidilite (art and craft materials manufacture)

Coordinated Extension activities in rural and urban sectors. E**xposed students to government programs for the development of women and children such as "self help group small scale industrial activity."**

Integrated with **government hospitals to conduct research in the community with respect to assessment of nutritional status of the population and nutrition intervention programmes** for the vulnerable sections of the population.

Involved students to assess the nutritional status of women and children including visually handicapped children in schools.

Additional teaching and research experience

Visiting Professor, Centre for Biotechnology, Anna University (Ranked among the top five technology universities in India) July 2005 - August 2006 (could not continue due to Libyan assignment).

I have been trained at the Ranbaxy drug discovery labs at Anna university, Chennai, India with respect to tissue culture techniques required to study drug nutrient interactions.

(**Dr. Abdul Kalam, Ex President of India**, the best Aeronautical Engineer of India, the key person involved in design and construction of satellites namely Prithvi, Agni, Akash, Trishul and Nag was a student and Ex faculty member and also was Professor of Nanotechnology in Anna University, after completion of his Presidential office).

Subjects taught

M.Tech. Biotechnology	- **Food Biotechnology**
M.Tech. Biopharmaceuticals	- **Human Physiology**
B.Tech. Food technology	- **Nutrition and Food science**

DOCTORATE PROJECTS SUPERVISED

I have supervised nine Doctorate theses.

ACADEMIC AND RESEARCH TRAINING

Trained at the Ranbaxy drug discovery lab, Anna University, Chennai, India on tissue culture techniques related to drug nutrient interactions from July 2004 to August 2006.

Trained at the Centre for Biotechnology and Biomolecular sciences, University of New South Wales, Sydney, Australia on Tissue culture techniques in cancer research during February to March 2006.

Attended UGC sponsored Refresher course conducted by the Academic staff college of the University of Kerala, Nov.2004.

Attended UGC sponsored Orientation course conducted by the Academic Staff College of the University of Madras, Aug. 1999.

Attended a one month "Management and Leadership training" conducted at the Merit Swiss Asian school of Hotel management and catering technology during June, 1994, by the Swiss School of Tourism and Hotel Management, Chur, Switzerland.

Attended UGC sponsored refresher (University Grants commission) course in Food Science and Nutrition, at Avinashilingam Deemed University, Dec.1991.

All the above courses are exercises in teaching practice and include

a. Micro teaching and presentation

b. Food science and Nutrition knowledge update,

c. Hospital visits to understand duties and responsibilities of dietitians' in planning and serving diets to patients.

d. Curriculum revision exercises,

e. Highlighting the role of public health and nutrition colleges or departments in giving recommendations to government departments on nutritional status of communities and feasibility of providing public health information and services to the community.

f. Involvement of public health and Nutrition departments **in** planning and implementation of community nutrition and extension government projects for betterment of the socioeconomic and nutritional status of women and under privileged groups.

INTERNSHIP

Training in Community and Social service on a weekly basis for two years with respect to "Improving dietary habits of rural communities in Coimbatore" from 1986-1988.

Live-In training in a Community nutrition project camp on "Assessment of the nutritional status and dietary profile of rural communities in India" during February 1987 for a period of two weeks as part of the practical requirements of the course in Community Nutrition.

Hands on experience in Nutrition education via a three day education program conducted in a rural community as an exhibition cum workshop related to dissemination of nutrition information and healthy cooking practices during March 1988.

Trained as an Intern for a one month period in various departments of Kilpauk Medical college hospital and research centre, Chennai, India with respect to Dietetic practice (Clinical nutrition) from May 1st to 31st 1985.

RESEARCH PROJECTS

Prevalence of Vitamin A deficiency and Impact of Papaya Supplementation on the Vitamin A Nutriture of Selected Preschool Children.

Vitamin A Nutrition and Immune Response of Infants and Preschool Children with Chronic Diarrhoea.

Vitamin A Nutrition and Immune Profile of Preschool Children from Selected Urban Areas and Impact of Intervention.

Effect of Avena Sativa (oats) on the Serum Lipid profile of Hyperlipidemic Middle Aged Women

Effect of Meshashringi (Herb) Supplementation on Glycaemic and Lipid Profile of Middle Aged NIDDM subjects.

Effect of Madhumega churnam (a mixture of herbs) on the glycaemic and lipid profile of middle aged NIDDM subjects

Clinical and anthropometric profile of preadolescents in Chennai (Departmental project)

Effect of herbal supplements (Tulasi) on middle aged chronic bronchitis subjects.

Nutritive value and sensory evaluation of Libyan airline meals.

Nutritional status and dietary profile of adolescents aged 14-21 years and impact of intervention

Prevalence of lipodystrophy, diabetes mellitus and hypertension in HAART receiving HIV patients, Sodo hospital, Southern Ethiopia, 2010.

Factors associated with sub-optimal breast feeding of infants from birth to six months in rural communities of Jimma Arjo Woreda.

Prevalence of obesity and associated factors among adults of Hawassa town, Southern Ethiopia.

Prevalence of renal calculi among inhabitants of Hail city.

Study of the adequacy of breakfast among female students attending University of Hail.

Dietary profile of female adolescents attending University of Hail

Prevalence of obesity among female students attending University of Hail

Prevalence of diabetes mellitus among inhabitants of Hail city

Nutritional status and effect of food consumption of female Saudi adolescents and early adults in Aseer region, Abha district.

A study of the frequency of food consumption among school going children and adolescents in Abha, KSA and their relationship to BMI.

Journals launched

Launched the **International journal of nutrition and public health** at

www.journalofnutrition.in

Launched the American journal of medical and scientific research.

Papers Published

Salima Elfagi, Ali Elmabsout, Eshmisa Eltohame and Vedavalli Sachithananthan, "Association between nutritional risk factors and types of gallstone in Benghazi, Libya". **International journal of nutrition and public health,** Vol. 1, No.1, 2018..

Vedavalli Sachithananthan "Association of hypertension, pregnancy and dietary variables in pregnant women." **International Journal of sciences – basic and applied research,** Vol.39, No.2, 2018.

Vedavalli Sachithananthan "Prevalence of hypertension among pregnant women attending Khamis Mushayat hospital in KSA. **European journal of biomedical and pharmaceutical sciences,** Vol. 5, No.6, 2018.

Vedavalli Sachithananthan "Risk factors for obesity in female college students in University of Hail, Saudi Arabia." **World journal of pharmaceutical research,** Vol.7, No.11, 2018.

Vedavalli Sachithananthan "A study on the prevalence of irritable bowel syndrome (IBS) in Abha, Saudi Arabia." **Journal of nutrition and dietetics**, Vol.1, No. 2, 2018.

Vedavalli Sachithananthan, Mohammed Buzgeia, Fadwa Awad, Rema Omran Amna Faraj **"**Impact of nutrition education on the nutritional status"**. Nutrition and Food science,** 2018.

Vedavalli Sachithananthan "To determine the smoking habits and its effect on physical activity levels in adolescents and early adults aged 18-23 years in King Khalid University, Khamis Mushayat, Saudi Arabia. **International review of Humanities and scientific research ISSN online 2519-5336, 2018**

Sachithananthan V "A study on the consumer awareness of food additives in packaged food and their effects on health in Abha region, Saudi arabia". **Journal of food technology and preservation,** Vol.1, No.3, 2017

Vedavalli Sachithananthan "Frequency of food consumption in diabetic mellitus type II subjects in Abha and Khamis Mushayat diabetic centres in Saudi Arabia. **International journal of science and research methodology vol 8 no,1 2017**.

Vedavalli Sachithananthan "Prevalence of hypertension in type II diabetic mellitus subjects in diabetic care centres in Abha and Khamis Mushayat, Saudi Arabia**. International journal of development research,** Vol.8, Issue 4, 2018.

Vedavalli Sachithananthan "A study on the prevalence of obesity in type II diabetes mellitus female subjects aged 20-50 years attending Abha and Khamis Mushyat diabetic centres in Saudi Arabia. **International journal of food science, nutrition and dietetics, Vol.6, No.4, pp.363-365. 2017**

Nusrat Jhan and Vedavalli Sachithananthan "Antimicrobial resistance of bacterial agents of the upper respiratory tract among hospital patients in Aseer region," Saudi Arabia. – Accepted for publication in **European journal of biomedical and pharmaceutical research, Nov.2017. (ISI indexed).**

Vedavalli Sachithananthan **"**Prevalence of obesity, overweight and underweight among school going children and adolescents in Abha city, Kingdom of Saudi Arabia**". International Journal of Food and Nutritional sciences, Vol.6, No.2, 2017. (ISI indexed, Germany)**

Vedavalli Sachithananthan and Nanees Gad "A study of the frequency of food consumption and its relationship to BMI in school children and adolescents in Abha city, Kingdom of Saudi Arabia**", Current Journal of Nutrition and Food science, 2016,** Vol.4, No.3. **(ISI indexed)**

Vedavalli Sachithananthan and Nusreth Jehan "Frequency of food consumption of adolescents and early adults in Aseer region, Abha, Saudi Arabia. **Journal of Disease and Global health, UK**, 2015, Vol.4, No.1,pp.36-39.

Vedavalli Sachithananthan and Nusreth Jehan "Nutritional status of female adolescents and early adults in Aseer region, Abha, Saudi Arabia**, Journal of Nutritional therapeutics, USA, 2015, Vol.4, pp.73-75.**.

Vedavalli Sachithananthan "Dietary habits and effect of snacking of adolescents and early adults. International **Journal of Current Research in Biosciences and Plant biology, 2015, Vol.2, No.5, pp.113-116. UK.**

Vedavalli Sachithananthan "Effect of fast food consumption on the BMI status of adolescent girls – A review." **International journal of advanced research in biological sciences, 2015** Vol.2, No.3,pp.20-24.

Vedavalli Sachithananthan and Wedad Flyyk Mtlk Al Rashedi "Micronutrient adequacy of breakfast of Saudi Arabian female adolescents and their relationship with BMI." **IOSR Journal of nursing and health science, 2015**, Vol.4, Issue 2, Ver.1,pp.62-64

Vedavalli Sachithananthan, Wedad Flyyh Mtlk Al Rashedi "A Study of the Prevalence of Overweight and Obesity in Adolescents and Early Adults Aged 19 to 24 Years and its Relationship to Lifestyle and Dietary Attributes, **American Journal of Ethno medicine,** Vol.1, No.1, pp.30-25, 2014.

Vedavalli Sachithananthan, Mohammed Buzgeia, Fadwa Awad, Rema Omran and Amna Faraj, " Nutritional Status, Dietary Profile and Selected Lifestyle Attributes of Adolescents and Early Adults in Benghazi, Libya" **Journal of Food and Nutritional disorders,** Vol.2, No.3, 2013, USA**.**

Vedavalli Sachithananthan, Wedad Flyyh Mtlk Al Rashedi "A study of the macronutrient adequacy of breakfast among female adolescents and early adults aged 18-23 years studying at University of Hail, Saudi Arabia", **International journal of Health Sciences,** June 2014, Vol. 2, No. 2, pp. 143-149 **(ARIPD, USA)**

Vedavalli Sachithananthan, Mohammed Buzgeia, Emberika Khalifa and Najwa Abdul Hamed, "Nutritive Value and Sensory evaluation of Airline Breakfast", **Journal of Food research, Canada,** Vol.1, No.4, 2012 **(ISI indexed).**

Vedavalli Sachithananthan, Eskinder Loha and Mesfin Gose, "Prevalence of diabetes mellitus and hypertension in HAART receiving HIV patients in Sodo town, Southern Ethiopia", **International STD research and reviews,** Vol.1, No.1, 2013.

Vedavalli Sachithananthan, Eskinder Loha and Mesfin Gose, "Prevalence of lipodystrophy and associated factors in HAART receiving HIV patients in Sodo town, Southern Ethiopia", **International organization for scientific research journal,** Vol.3, No.3, 2012.

Vedavalli Sachithananthan, Mohammed Buzgeia, Fadwa Awad, Reema Omran and Amna Faraj, "Impact of intervention on the nutritional status and dietary profile of adolescents and early adults aged 14 to 21 years in Benghazi city", **Journal of Nutrition and Food Science,** (Emerald Publishers, UK). Vol.42, No.3, 2012.

Vedavalli Sachithananthan, Mohammed Buzgeia, Emberika Khalifa and Najwa Abdul Hamed, "Nutritive Value and Sensory evaluation of Airline Snacks", **African Journal of Food science,** Vol.4, No. 11, May 2010.

Vedavalli Sachithananthan, Mohammed Buzgeia, Emberika Khalifa and Najwa Abdul Hamed, "Nutritive Value of Libyan Airline Meals", **Journal of Nutrition and Food Science** (Emerald Publishers, UK), Vol.39, No.4, 2009.

Vedavalli Sachithananthan, _"Organo foods – a Review", Published in the Proceedings of the Conference on Food Additives, Al Arab Medical University, Benghazi, Libya (2009).

Vedavalli Sachithananthan and Usha Chandrasekhar, "Impact of intervention on the nutritional and immune profile of vitamin A deficient preschool children" **Journal of Applied Nutrition,** Volume, 56, No.3, 2008.

(International American Association of Clinical Nutritionists, USA).

Vedavalli Sachithananthan, "Impact of intervention on the vitamin A nutrition and immune profile of preschool children with chronic diarrhea" – **Journal of the Indian Dietetic Association,** Vol.30, Nos.1 & 2, June and December, 2005.

Vedavalli Sachithananthan and Usha Chandrasekhar, "Nutritional and immune profile of malnourished preschool children" - Research Reach - **Journal of Home Science**, Vol.4, No.2, July 2005

Vedavalli Sachithananthan and Usha Chandrasekhar, "Nutritional status and prevalence of vitamin A deficiency among preschool children in urban slums of Chennai city" -**The Indian Journal of Nutrition & Dietetics,** Vol.42, No.6, June 2005.

Vedavalli Sachithananthan and Usha Chandrasekhar, "Nutritional and immune profile of infants and preschool children with vitamin A deficiency" - **Research highlights**, Vol.15, No.1, Jan 2005

Vedavalli Sachithananthan and Usha Chandrasekhar, "Nutritional and Immune profile of preschool children with chronic diarrhea" - **Journal of Human Science**, Vol.1, No.2, December. 2005

Abstracts published

Vedavalli Sachithananthan, "To determine the smoking habits and its effect on physical activity levels in adolescents and early adults aged 18-23 years in King Khalid University, Khamis Mushayat, Saudi Arabia" – Journal of Hepatology and gastrointestinal disorders, World congress on diet, nutrition and obesity and 18th World gastroenterologists summit conference proceedings, Sep 2018, Auckland, New Zealand.

Books Published

Vedavalli Sachithananthan (2010), AIDS and its Treatment, LAP Lambert Academic Publishing, Germany (ISBN: 978-3-8433-7646-4)

Vedavalli Sachithananthan (2011), Nutritional status of adolescents and impact of intervention, LAP Lambert Academic Publishing, Germany (ISBN: 978-3-8433-9192-4)

Authored a chapter on Nutrition surveillance in Nutri Smart Villages Initiatives, Brillion Publishers, New Delhi, India, 2020.

International Conferences - Paper Presentations

INVITED AS keynote **speaker and delegate** to 35 international conferences in Dubai, Singapore, London, Bangkok, Netherlands, Paris, Spain, Malaysia, UK and Rome.

Presented a paper on "Prevalence of hypertension among pregnant women attending Khamis Mushayat hospital, KSA, April 2018.

Presented a paper on **"Vitamin A Nutrition & Immune Response in Chronic Diarrhoea"** at the Young Scientist Award Session, during the XXIV International conference conducted by the Nutrition Society of India, held at Lucknow in December, 1991. This paper was selected for the National Young Scientist Award on the basis of National level screening of original research articles.

Paper on **"Impact of intervention on the nutritional status of adolescents and early adults**" selected for presentation at the 2nd American society for Nutrition Middle East Congress conference in Dubai in February 2013.

Presented a review paper on **"Organo foods"** at the Conference on Food Additives conducted by Al Arab University, Benghazi, Libya, during March 2008.

Presented a review paper on the **"Role of Public Health Professionals in bringing about changes in modern life style"** presented to public health professionals during the Scientific day conference conducted by the Faculty of Public Health at Al Arab Medical University, Benghazi, Libya on April 15th 2009.

Research projects evaluated

Dietary practices among adolescents including fast food consumption.

Nutritional status of elderly patients attending various polyclinics in Benghazi city.

Nutrient content (vitamin C, sodium and potassium) of different brands of fruit juices.

Assessment of the Nutritional status of cancer patients receiving

radiotherapy and or chemotherapy

Evaluation of the dietary profile of medical students using healthy eating index questionnaire.

Investigation of dietary adequacy and nutritional practices of pregnant women in Hawella Tula sub city, Ethiopia

The role of maternal employment on nutritional status and health status of children aged 6-59 months in Wolayita Sodo town, Southern Ethiopia

Assessment of infant feeding practices among HIV positive mothers in selected PMTCT and ART clinics

Ethiopian Graduate project evaluations - 10

2 Ph.Ds' evaluated from Avinashilingam Deemed University, India.

EXAMINERSHIP

Member of the Board of examiners for Ph.D., thesis evaluation, Avinashilingam Deemed University, India.

Member of Board of examiners for Department of Nutrition under Population and Family health Faculty (viva voce and presentation for Master of Public health and Reproductive health and Ph.D.,), Ethiopia.

EDITORIAL BOARD MEMBERSHIP

International journal of nutritional therapeutics, USA
Donnish Journal of Food science and technology

PARTICIPATION IN SEMINARS / WORKSHOPS

1) Participated in Annual research day of King Khalid University to present paper. April 2018.

2) Participated in the Scientific day conference conducted by the Faculty of Public Health, Al Arab Medical University in April 2009.

3) Participated in a symposium on "Role of food additives" Conducted by the Department of Nutrition, Faculty of Public Health, Al Arab Medical University in May 2008.

4) Participated in a conference conducted by the Department of Biochemistry at University of Kerala on “Coconut in Kerala diet” in Nov.2004.

5) Participated in the UGC sponsored State Level Seminar on "Geriatric challenges in the New Millennium" - Dec 1998.

6) Participated in a Workshop "To Revamp Home Science Curriculum (undergraduate and postgraduate) to meet the challenges of 21st Century" - Feb 1998 (Coordinator of the Group discussion on Honors’ Degrees)

7) Participated in the XXIV Annual International conference conducted by the Nutrition Society of India held at Lucknow, Dec 1991. (Presented a research paper at the Young Scientist Award Session)

INVITATION TALKS / PRESENTATIONS / TRAINING IMPARTED

1) Invitation talk on “Role of Public Health Professionals in bringing about changes in modern life style” presented to public health professionals during the scientific day conference conducted by the Faculty of Public Health at Al Arab Medical University on April 15th 2009.

2) Review article on “Organo Foods” presented as an invitation talk to provide update information to public health professionals on May 1st 2008. Conference on Food Additives, Al Arab Medical University, Benghazi, Libya.

3) Invitation talk on “Experiences in Nutrition Research” presented to Academicians in the field of Food science and Nutrition during the UGC sponsored refresher course conducted at the University of Kerala during Oct-Nov 2004.

4) Invitation talk on “Origin of Accounting” presented at the Workshop cum Training session for Lecturers conducted by the Swiss School of Hotel Management and Catering Technology, Chur, Switzerland during June 1994 in India (Selected as the best presenter and was sponsored a six month trip to Switzerland as part of Faculty exchange program).

5) Training of industrial personnel (family training) of the Neyveli Lignite Corporation on “Application of Foods and Nutrition in Daily Life”,

during 1991-1994

6) "Research Innovations in the field of Nutrition" – Presented at the University Grants Commission sponsored refresher course held at Avinashilingam Deemed University in 1991.

7) Invitation presentation on "Nutrition education" given as a Radio programme using Indian folk music (Villupaatu) – part of a group activity during March, 1988).

TEACHING INTERESTS

I enjoy and I am confident in delivering lectures in food and nutrition subjects to any group of students or professionals. My lectures have been described as lucid, interesting and appealing by the audience. I have excellent command of the English language. I am also fluent in delivering professional lectures.

COURSES TAUGHT

Medical Nutrition therapy I and II, Clinical rotations in Medical Nutrition therapy in hospitals, Enteral and Parenteral nutrition, Nutrition in disease, Nutrition through life cycle, Human nutrition, Food science, Food biotechnology, Public health and practice of nutrition, Nutritional science, Applied human nutrition, Maternity, infant and child health, Nutritional assessment, Basics of nutrition, Public health, Community medicine, Social and preventive medicine, Research methodology, Non communicable diseases and Community nutrition.

In addition, I have conducted hospital internships for students including nutritional assessment of the patients and their nutritional care. I can train the students effectively in hospital rotations and case study presentations, including dietary intervention or advice.

RESEARCH INTERESTS

Clinical nutrition – assessment of nutritional status and dietary profile of patients and planning intervention (diets and supplements) for prevention of chronic non communicable diseases.

Adolescent nutrition– Role of different foods in causing obesity and impact of dietary modification and intervention. Conduct of nutrition counseling in schools and colleges and studying their impact in changing

the dietary profile of the subjects.

MEMBERSHIP IN PROFESSIONAL ORGANISATIONS

Life member of the Indian Dietetic Association

PERSONAL SNIPPETS

Nationality	:	Indian
Date of Birth	:	31st January 1966
Passport Passport no.	:	Indian citizen M 1235058
Address	:	K3- 403, VGN Stafford, Thirumullaivasan Nagar, Thirumullaivoyal,, Chennai – 600 062, Tamilnadu, India
Telephone number	:	00966502394236 (Saudi, present) 0091 9444829528 (India)
Dependants	:	3 (Husband, daughter and son)
E-mail	:	dr_vedavalli@yahoo.com