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How to create perfect non-surgical profiling. The 4R of facial rejuvenation.

Abstract

The integral treatment should be the mainstay of medical aesthetic procedures. The integral rejuvenation comes from the 4R's of facial rejuvenation. Restore, Relax, Fill and Reposition. Starting with the dermal restoration, give the adequate support so that the other treatments can give an optimal result. Relax facial muscle, knowing the facial muscle anatomy perfectly. Fill with specific products for each type of pathology, such as hyaluronic acid, the most commonly used, as well as calcium hydroxyapatite, polycaprolactone, among others approved, and finally Repositioning the tissue either with specific equipment such as fractionated radiofrequency, or use tension threads in positive vectors to recover tissues with ptosis.

Aesthetic management of the eye contour.

Abstract

For the integral treatment we must observe the dermic density of the patient in lower palpebral pocket, as well as how deep is the nasoyugal sulcus. Also, we must observe if the eyebrows are above the ciliary ridge. Observing these pathologies, the main treatment would be with hyaluronic acid in the upper orbital zone to give firmness, in addition to treating with hyaluronic acid with a medium G' in nasoyugal sulcus in supraperiosteal level to give projection. To treat hyperchromia, we must first see if it is due to melanin excess or blood vessels. Thus we will know if we treat with specific aestrhetic machines like intense pulsed light or with a chemical peeling in periorbital zone with base of lactobionic acid, salicilic acid, mandelic acid and retinol, that will return the symmetrical coloration of the zone. As always, we must choose the right patient with the right pathology for the correct result of our aesthetic medical treatments.