ORAL (VİDEO) PRESENTATION:

Abstract:

CONTEMPORARY LIPOSCULPTURE TECHNİQUES FOR MALE PATIENT : How ı mark ? How ı performe ?

In the field of plastic surgery liposuction succeeded in becoming the most frequently performed cosmetic surgery procedure during the last decade in both man and women. First liposuction was described with curettage technique and then dry , wet and superwet techniques performed as suction assisted liposuction (SAL). The first aim with liposuction is removing exces fat and making body smaller. On the otherhand in last years everything was changed and liposuction techniques are become different due to understanding fat anatomy under the skin. In order to get better results all innovative plastic surgeons need more superficial liposuction with less complications, so more dynamic liposuction or liposculpture techniques was essential.

When we want to get shaping on the body we have to do more superficial liposuction. In this point plastic surgeons needs to get experience about dynamic zones , transition zones , positive and negative spaces. This zones provide us as a key what will be go and what will be left. Advanced body liposculpture provides more attractive and more successfull results. As we are aware the ideal male body form is V shape therefore this technique focused to succeed this body form. In order to achieve the ideal body form ,deltoids, pectorals , latissimus, abdominal rectus muscle and external oblique muscles are the most important dynamic parts. Between this muscle groups have transition and negative zones. Also we have positive zones that fat stays above the muscles. Some surgeons keep the fat on positive zones and thinks they can achive more definition , this however is not the case. In order to achive permanent , attractive and naturel results most important part of surgery is patient selection. Even if you use the best technique you can not achive best results if your patient is not eligible. Patient selection depends on the BMI, degree of skin excess, skin elasticity, patient's sportive history.

Between December 2010- August 2018 , More than 1300 Patient have undergone liposculpture. 40% cases were male and 60%Cases were female. In this cases advanced liposculpture procedure was performed to 70% male patient. All patients satisfied with aesthetic results of their liposculpture within the time of follow-up. Seroma rates were %7, unsatisfied definition rates were %1 due to patient selection, hematoma rates were %1, skin necrosis did not occured.

BIOGRAPHY

Dr.Hüseyin KANDULU was born in Nicosia in Turkish Republic of Northern Cyprus in 1979. After completing his primary and college education in Cyprus he moved to Turkey to study medicine. Dr. KANDULU graduated as a medical doctor in 2003 and began his residency training in the field of Plastic Reconstructive and Aesthetic Surgery in which he had a strong interest during his medical education. In addition to many reconstructive operations, he was strongly involved in nose, breast and body aesthetics during his residency training and carried out many surgeries. He delivered his thesis, entitled “The Effect of Chitosan on Microvascular Anastomosis Applications with Minimal Suturing Technique” in the field of microsurgery in 2010 thus completing his residency in Plastic Reconstructive and Aesthetic Surgery and has specialized in this branch. Dr Hüseyin Kandulu has more than twelve years surgical experience, performing all manner of body surgeries and reconstructive surgeries, in addition to various other aesthetic surgeries and procedures. In the last seven years however, he has focused almost exclusively on hi definition body sculpting, working closely with world renowned surgeons to develop and hone his skills. With his vast experience, and knowledge of the latest techniques he has become one of the foremost surgeons in the field of body sculpting. Because of his unerring commitment to patient safety and happiness, he believes that all surgeons wishing to specialise in body sculpting should seek the best training available, and is therefore able to provide advanced liposculpture courses.

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