

Title: Blood Pressure Factors in Vascular Dementia

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This article aims to report the findings of Vascular Dementia (VD) and its treatment with Chinese herbal medicine. Vascular dementia is the only form of dementia that can be prevented and successfully treated, provided early detection and intervention. Any factors that reduce cerebral perfusion can cause VD with high blood pressure (HBP) >140 mmHg systolic, >90 mmHg diastolic (hypertension) and low blood pressure (LBP) <90 mmHg systolic, <60 mmHg diastolic (hypotension) being the primary risk factors for VD susceptibility. Chinese herbal medicine treatment has shown significant results in the prevention and treatment of VD. Results include blood pressure regulation and reduction of artery stiffness which delays or prevent the onset of atherosclerosis.

Biography

Victor Wu has completed his MD in 1982 and PhD 2015 at Guangzhou University of Chinese Medicine. Dr Wu is currently the Vice-President of the 1st Board of Hypertension Specialty Committee of World Federation of Chinese Medicine Societies; Executive Council Member of the 1st Board of Specialty Committee of Pain Rehabilitation of World Federation of Chinese Medicine Societies; President of the Victorian Chinese Medicine and Acupuncture Society; Honorary President of the Chinese Medicine and Acupuncture Society of Australia; and Life Honorary President of the Hong Kong Herbalists Association.

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