Title: Clinical Significance of Psychiatry in Classical Chinese Medicine

Key words: Jing Shen, psyche, psychiatry, mental, Ying, Wei, anxiety, immunity, prevention

I. Abstract Body

Contemporary medical practice continues to confront rising rates of mental illness—a trend that continues to escalate since the inception of capitalist regimes. Life is comprised of meaningless productivity, lack of security, and crippling anxiety that perpetuate suffering. Powerful institutions such as Western Medicine serve the interests of the state by clinically judging any deviant behavior to be a symptom of neurochemical or cognitive defect. Treatment consists of utilizing pharmacologic agents to suppress any atypical exhibition of signs to increase compliance. While this may temporarily appear to reduce the intensity of either a neurotic or psychotic experience, it is by no means an actual method of resolution. In our understanding of pathophysiology suppression drives the "pathogenic influence" deeper which will affect the organs.

In Classical Chinese Medicine the psyche is not merely an extension of the brain; it comprises the "spiritual, mental - emotional and directive pluripotent influences that determines all subsequent physiological development—including somatic. It also directs behavioral activities such as attempts of which must be deciphered to determine meaning from a subjective clinical gaze. There are three divisions of quintessence that comprise the mental, sensorial and anatomical derivation of each organ. In times of anxiety, depression, melancholia and preoccupation this implies that the internal state of any individual is deviant, but determining the severity is difficult because these are aspects are invisible. Therefore this clinical discussion will allow for a firmer grasp of energetic physiology to facilitate arrival at a specific diagnosis, enhance treatment strategies and determine prognosis. The psyche relies on constant production and circulation of nutritive and immunodefensive energies to nourish and defend oneself, these two mechanisms must be attenuated in order to sustain autopoietic faculties innate for life.

In the Ling Shu it is discussed how psychiatry symptoms are discernable but if left untreated will progress toward serious illnesses such as oncogenesis that appears undetectable but is discernable for proactive or preventative clinical intervention

II. References:

Barbieri, Marcello. Biosemiotics: A New Understanding of Life. The Science of Nature. 2008; 95 (7): 577- 599.

Blalack, Jason and Wu Bo-Ping. Qin Bo-Wei's 56 Treatment Methods. Seattle, WA: Eastland Press; 2011.

Fruehaf, Heiner. *Classical Pearls Herbal Formulas: Clinical Reference Guide.* Hai Shan Center. 2012.

Focault, Michel. The Birth of the Clinic. NY, New York: Vintage Books; 1994.

Focault, Michel. The Archaeology of Knowledge. NY, New York: Vintage Books; 1994.

Focault, Michel. Madness & Civilization. NY, New York: Vintage Books; 1994.

Gilles, Deleuze; Guattari Felix. Anti-Oedipus Capitalism and Schizophrenia. New York, NY: Penguin Classics; 2009.

Gilles, Deleuze; Guattari Felix. A Thousand Plateaus Capitalism & Schizophrenia. Minneapolis, MN: University of Minnesota Press; 1987.

Kropotkin, Peter. Mutual Aid A Factor Of Evolution. Mineola, NY: Dover Publication; 2006.

Liu, Guohui. Foundations of Theory For Ancient Chinese Medicine. London, UK: Singing Dragon; 2015.

Liu, Guohui. Discussion of Cold Damage. London, UK: Singing Dragon; 2015

Nguyen Van Nghi; Recours Christine. Maladies Evolutives Des 3 Yin et 3 Yang. Marseille; Fr. NVN Publications; 1987.

Nguyen, Van Nghi; Tran Viet Dzung . Huangdi Neijing Ling Shu Volume I. Sugar Grove, NC: Jung Tao Productions; 2005.

Nguyen, Van Nghi; Tran Viet Dzung . Huangdi Neijing Ling Shu Volume I. Sugar Grove, NC: Jung Tao Productions; 2006.

Nguyen, Van Nghi; Tran Viet Dzung . Huangdi Neijing Ling Shu Volume III. Sugar Grove, NC: Jung Tao Productions; 2010.

Nguyen, Van Nghi; Viet Dzung, Tran. The Triple Heater. 1998. (Transcription of lecture)

Tran, Viet Dzung. Mental Emotional Aspects of Classical Chinese Medicine. Seattle; WA; 2004. (Transcription of lecture)

Tran, Viet Dzung. Women's Health: Reclaiming Women's Wisdom. Minneapolis, MN; 2002. (Transcription of lecture)

Tran, Viet Dzung. Obstetrics And Gynecology. 2003. (Transcription of lecture)

Tran, Viet Dzung. Mentational Jingshen Physiology & Pathology. Sugar Grove, NC; 2002. (Transcription of lecture.)

Tran, Viet Dzung. Treating Mental Emotional Problems with Acupuncture. Seattle. WA; 2004. (Transcription of lecture)

Tran, Viet Dzung. Wei Qi. Portland, OR; 2003. (Transcription of lecture)

III. Biography:

Dr. Munleen K. Soni received her MSOM and DSOM in 2017 from National University of Natural Medicine, in Portland, Oregon. Her private practice is in Northwest Portland and she serves as transformational coach for men suffering with anxiety. She currently assistant teaches at NUNM for advanced acupuncture techniques. Her training includes a Fire Spirit School bias to preserve the Kidneys, Menghe Dinge lineage of diagnosing and prescribing herbs emphasizing identifying a specific a diagnosis for a targeted treatment strategy. She was published in the journal of American Society of Acupuncture discussing the treatment of Lyme Disease. Email her msoni@num.edu



IV. Presenting author details:

Munleen K. Soni
971-808-7612
Linked In: linkedin.com/in/munleen-soni-75b698184
Category: Oral Presentation