Nina Kastelic, Uroš Zafošnik

Onkološki bolnik na primarnem nivoju - učenje s simulacijami v zdravstvu

Oncology patient at primary level – learning with simulations in healthcare

Povzetek: Simulacije v zdravstvu so uspešen način usposabljanja za vse člane zdravstvenega tima, da trenirajo spretnosti in veščine v varnem okolju. Udeleženci na tak način pridobijo izkušnje za obravnavo intervencij, ki se redko izvajajo v kliničnem okolju. V ta namen smo v Zdravstvenem domu Ljubljana v Simulacijskem centru pripravili program usposabljanja "Onkološki bolnik na primarnem nivoju - učenje s simulacijami v zdravstvu". Ocenjujemo, da je bistvenega pomena, da se zdravstveni timi na primarnem nivoju nenehno izobražujejo tudi iz vsebin onkologije, saj s tem pridobijo zaupanje v svoje znanje in sposobnosti, ter tako zmanjšajo stres, ki nastane ob intervencijah, ki jih moramo izvesti ob bolniku. Obravnava pacienta tako postane tudi bistveno varnejša, kajti s tem zmanjšujemo nastanek napak v klinični praksi.

Ključne besede: onkologija, usposabljanje, simulacije v zdravstvu

Summary: Simulations in healthcare are a great way for all healthcare workers to train their skills in a safe environment. Participants get experience in managing difficult interventions with simulations that do not happen regularly in clinical environment. Because of this we have prepared a training program in CHC Ljubljana, Simulation Centre. The program is called Oncology patient at primary level – learning with simulations in healthcare. We think that it is very important for the healthcare teams in primary healthcare level to regularly train in field of oncology care. With training they raise their skill level and reduce stress so they have more confidence in their field of expertise. This also prevents unwanted mistakes in clinical environment and thus raises safety level of our patients.

Keywords: oncological care, simulation in healthcare, training,

Oncology patient at primary level – learning with simulations in healthcare is an interactive workshop with a lot of practice work which is done for maximum of 12 trainees. Training is being managed by three instructors who use a method of Learning with simulations in healthcare (theory, skills, simulations, debriefing). This way of education has a lot of benefits especially regarding equipment: simulator of a oncology patient that responds as a real person, simulator of a cannula with blood reflux … We rate this program as a very successful because our trainees have rated it with maximum score in 98% and their knowledge results were excellent (intake knowledge was 40%, outtake knowledge was 85%).

Literature

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