Wayfaring to Antiquity: Unveiling the realm of Ethnoveterinary Practices (EVP)

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Abstract

During ancient times even before the birth of medicines, there happened to be a culture where every home was the source of indigenous knowledge, remedies and medicinal plants. There were common ailments for everyone at home, including livestock.
Communities with very less interaction with outside world still have a rich source of knowledge. Such ethnic communities across the world still treasure and practice their knowledge, which are potent solutions for the challenges faced by modern healthcare system like the expense, efficacy, safety and accessibility. Many countries are in the move of prohibiting antibiotics, other drugs and milk. Throwing light on the contemporary relevance of alternative animal health care techniques, we can easily extrapolate the thought towards a 'One Health Concept', where the same principle and procedure is followed in the health care of all living beings. A better understanding of the strengths and weaknesses of all the supportive healthcare systems in practice and the pragmatic use of them can upgrade our life. An amalgamation of all the health care practices can bring a synergy in every aspects of life. Mainstreaming EVP for, by and to the field veterinarians through veterinary education & research can strengthen the local health traditions and bring scientific reasoning to pharmacodynamics of the plant bases used.
A base line survey exploring the knowledge, belief, skills and economics of a community.
Documenting prioritized health conditions that are community specific & Assessment based on any one codified system of medicine; along with Modern Pharmacological Evidence are the basic steps.

Clinical trials and product manufacture can follow the practices with strong evidences.
The reflex to lick our cut finger before reaching out to the first aid is the proof of existence of a generation where every aspect of our routine contributed to health and wellbeing.

Recent Publications

1. Sreeja Nair (2017) Wayfaring to Antiquity
2. Sreeja Nair (2017) Mainstreaming Ethnoveterinary Practices into Veterinary Education & Research.
3. Sreeja Nair (2017) Gender Inequality – From A Veterinarian's View
4. Sreeja Nair (2008) Conservation of Local Health Traditions in Livestock Health Care – Ancient form of The One Health Concept in India.
5. Sreeja Nair (2008) Documentation and rapid Assessment of Local Health Traditions for Livestock Health Care.



Biography

Dr Sreeja, a Veterinary Scientist and pioneer in Ethnoveterinary practices has focused on mainstreaming EVP into veterinary education and research. She spread her wings into Homeopathy, Ayurveda and traditional medicine scrupulously. Dr. Sreeja is one among the course coordinators for constituting the syllabus and reading material for the Audit/PG Diploma course in Ethnoveterinary practices. She was honored in various National and International conferences and was well appreciated worldwide for launching the' One Health Concept', following a mono-disciplinary health care irrespective of Plant Animal or Human species. Dr Sreeja is currently probing into the scope of Pranic healing, Acupuncture, Reflexology, Siddha Medicine and Occupational therapy in Animal health care. She is trying to explore the world to button down the existence of authentic health care practices in different parts of the world. Dr Sreeja has marked her traces, voluntarily contributing to animal welfare.

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