Relieve Chemical Dependency Quickly and Efficiently with Bisoma Acupuncture

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Abstract

Statement of the Problem: Historically, acupuncturists have been limited by the significant length of the initial patient assessment consult necessary to determine a diagnosis and the selection of effective acupuncture points. This lengthy interaction with the patient meant less opportunity to treat a high number of cases. In addition, providing consistent relief and prevention of relapse has been a challenge—it takes time to find the most optimal points and avoid utilization of less-than-optimal points.

Methodology & Theoretical Orientation: In this study, one of either of two sets of five acupuncture points each, called "transporting horary points," are utilized. Five needles are placed on acupuncture points located only on limbs. Bisoma, as this process is called, stimulates the most representative five-element points of Wood, Fire, Earth, Metal, and Water, thereby directly adjusting all the major meridians.

Findings: Using this easy acupuncture protocol, Bisoma acupuncture simplifies diagnosis and treatment. By repeated use of the same points, Bisoma gives immediate, significant, and lasting relief for multiple withdrawal symptoms due to chemical dependency. This is true especially concerning medications for anxiety, depression, and pain, such as SSRIs, opioids, and benzodiazepines.

Conclusion & Significance: Due to the ease of learning about and the implementation of Bisoma acupuncture, this study shows it can be utilized to treat anyone, anywhere. Further studies on the use of Bisoma acupuncture should be conducted so that any chemically-dependent person may receive effective medical care for this condition.

Bi-Horary Five Element Acupuncture



YIN Points	
70% of Population	30% of Population
Liver 1	Lung 11
Heart 8	Kidney 2
Spleen 3	Liver 3
Lung 8	Heart 4
Kidney 10	Spleen 9

YANG Points	
70% of Population	30% of Population
Large Intestine 1	Gall Bladder 44
Urinary Bladder 66	Small Intestine 2
Gall Bladder 41	Stomach 43
Small Intestine 5	Large Intestine 5
Stomach 36	Urinary Bladder 40

1. Acupuncture the 70% from either Yin or Yang points only on one side of the body.
2. If no relief, acupuncture the 30% from the same Yin or Yang points chosen earlier on the same side of the body.

Recent Publications

1. Lee, David. *Bisoma Acupuncture: Two Sets of Five Horary Points Without a Disease Diagnosis.* San Bernardino, California: CreateSpace, 2015. Print.
2. Lee, David. *Tetrasoma Acupuncture: Four Constitutional Diagnosis and Four Needle Technique.* San Bernardino, California: CreateSpace, 2015. Print.
3. Lee, David. *Tetrasoma Diet for Four Body Types: Beneficial and Harmful Foods for Eastern Yin Yang and Western Temperament Types.* San Bernardino, California: CreateSpace, 2015. Print.



Biography

David Lee, Ph.D., is a licensed acupuncturist and an Asian herbal medicine practitioner. He received his Doctorate of Philosophy in Oriental medicine in 2006 from American Liberty University in Fullerton, California. In addition, he received his Master in Oriental Medicine in 1999 from Emperor's College of Traditional Oriental Medicine. He completed an externship at the Daniel Freeman Hospital in the city of Marina del Rey, California, and at the University of California Los Angeles Arthur Ashe Student Health and Wellness Center. He studied pre-medicine and received a Bachelor of Arts in Psychology at University of California, Irvine. Dr. Lee has been practicing since 2000 and is currently based in California.

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Notes/Comments:
Oral presentation