2nd International Conference on Diabetes, Endocrinology and Metabolism
March 7-8, 2019 Amsterdam, Netherlands



TITLE OF PAPER HERE, UPPER CASE, IN BOLD, CENTERED 12 POINT TYPE

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The Healthy Lifestyle in Europe by Nutrition in Adolescence (HELENA) study aimed to investigate different lifestyle factors and health outcomes among European adolescents. Their dietary intake was assessed via different complementary methods. The aim of this presentation is to summarize the main dietary intake patterns derived from the HELENA study, as well as the most important determinants and health consequences of the adolescents' dietary patterns. Adolescents' breakfast consumption was associated with lower body fat content and healthier cardiovascular profile, though only half of the adolescents could be categorised as breakfast consumers. Their food intake results in comparison with the guidelines urge the need to improve their dietary habits. Sugar sweetened beverages (SSB) are the most important energy contributor from all liquids consumed by European adolescents and was related with increased insulin resistance (HOMA-IR).rnAdolescents with better diet quality were less at risk for IR when having higher physical activity (PA) as well.(Up to 250 words)

Biography

Dr. XXXXXXX has been Graduated from XXXXXXX of XXX, XXXX as Medical Doctor, with the specialties including Internal Medicine, Social and Community Medicine and Diploma in Cardiology from the National University of XXXXX. Later on he obtained his post-graduation from National University of CuyoXXXX with subjects XXXXXX and then started working at The XXXXXXXXXXXXXXXXXXXXXXXXwhere he has continued his research. Presently he has been working at the at the XXXXXXXX City. (Up to 100 words)

Keywords: nuclear medicine, accelerator produced isotopes, safety, quality assurance, etc.

Desired presentation : _ Oral / _ Poster / _ either
Topic : According to the list of topics provided on the web site

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General Instruction for Abstract submission

This is the abstract text and font template which should be use for abstracts submitted to the **2nd International Conference on Diabetes, Endocrinology and Metabolism** which will be held from **March 7-8, 2019 Amsterdam, Netherlands.**

1. Abstracts must be in **English**.
2. Abstract body must not exceed a 250 words. The word limit relates only to the body of the abstract and does not include title, authors, qualifications, affiliations and institutions as these will automatically populate on the final abstract document based on the details entered into the relevant sections in the abstract submission site. (See above for abstract template)
3. **Underline the name of the presenting author**
4. The abstract title **must not exceed 150 characters**
5. It is the author's responsibility to ensure the title, author and affiliation details entered in the abstract submission site are correct and exactly as they should be published on the abstract and all conference materials.
6. Font type must be Times New Roman or Computer Modern font 12pt and 1.5 line spacing
7. Abstracts must be free from typographical and grammatical errors.
8. Standard abbreviations may be used for common terms. Otherwise, abbreviations should be given in brackets after the first full use of the word/s. Abbreviations may be used in the title, provided the full name/term is contained in the body of the abstract.
9. Along with abstract you should provide your recent head-shot photograph of good resolution and short biography (up to 100 words) with your submission.
10. You will be asked to nominate your preference for an oral, workshop or poster presentation. You will also be asked if you have a second preference should you first preference be unsuccessful.
11. It is recommended to submit the abstract in electronic form via conference website ('abstract submission' link). The submitted abstract must be a Microsoft Office Word file (*.doc, *.docx). or you can send us your abstract to diabetes@eurosciconmeetings.com

    All submitted abstracts will be referred by the Local Organizing Committee / International Scientific Committee. Based on their scientific quality and relevance to the conference topics, the abstract will be either accepted for publication in the Conference Proceedings or rejected. The Conference Proceedings will distributed to the participants at the registration both in hard-copy and electronic versions. The abstract will not be published, unless the registration fee of the registered author is received.