HOMEOPATHY AS PREVENTIVE MEDICINE AGAINST COVID 19

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Abstract

To date, more than 7.5 million people in more than 213 countries and territories with death of 4 hundred thousand plus have been affected with 2019-nCoV.According to World Health Organization, there is no intervention yet identified that can treat the Virus. Although the number of studies are underway to find therapeutics and develop a vaccine. The best way to overcome, is to prevent further spread by taking necessary defined guidelines and improving our immunity. Homeopathy medicines play catalyst role in improving the immunity without any side effect. Arsenicum album 30C, a homeopathic solution prepared by diluting aqueous arsenic trioxide until little or no arsenic remains that is used in respiratory disorders and has been in widespread use for more than 220 years with a good safety record, was found to be an effective prophylactic during the swine flu epidemic in 2009.It is profoundly acting remedy on every organ and tissue. Respiratory action of Arsenicum album covers symptoms, fever, air passages constricted, suffocative catarrh, wheezing respiration, darting pain to upper third right lung, dry cough, these symptoms are most similar seen in covid 19 patients. Homeopathy medicine acts on the principle known as *Similia similibus curentur*. This parlance in Latin means "like cures like". By matching the clinical features, the repertory found Arsenicum album 30C to be a suitable fit for the current outbreak. Boosting the immune system of the body, Arsenicum album can potentially reduce the virulence of the coronavirus, thereby tempering disease intensity.

Dosage:6 globules for Adults / 4 globules for children for three consecutive days on an empty stomach. Repeat the same dose every month.

The best way to fight is to take all general measures defined by the World Health Organization to prevent spread along with this preventive medicine.

"Prevention is better than cure"



Biography

Dr Vrushali Bartakke is a Homeopathy Consultant. She has been practicing Homeopathy for 12 years. She specialized in solving Infertility cases in Woman & Men using Homepathy. She has completed her Bachelors in Homeopathy Medicine and Surgery from Maharashtra University of health science, India. She holds Diploma in Emergency Medical Service it is recognized by the Los Angeles Para Medic Training Institute & department of transportations, USA. She holds a Diploma in Yoga Science from International Yoga Alliance, USA.

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