SMARTLIFT-A COMBINATION OF INVASIVE AND MINIMALLY INVASIVE TECHNIQUES

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ABSTRACT

Patient selection: Patients between the ages of 40-60 years old are eligible for this procedure. Skin laxity in the midface and in some extend in the neck is addressed with this procedure.

Preoperative considerations: A thorough medical history should be taken and complete blood works performed. Medications that may compromise the operation (e.g., aspirin, vit. E) should be stopped 3 weeks prior to the surgery.

Operative procedure: SMART LIFT is a short scar modified mini lift that accommodates thermi-RF and new age injectables (e.g., Polycaprolactone) or autologous fat graft in targeted areas. This combination stimulates collagen production and results in further skin tightening. This technique has been performed in our clinics, with amazing, results for the last 5 years. Minimal scaring and downtime make this a widely popular operation among men and women that visit our clinics.

Postoperative management: No drains are needed post operatively. Antibiotic therapy is given for up to 7 days. The patient can wash their hair and shower with antimicrobial shampoo 48 hours post operatively. Vigorous physical activity should be avoided for the next 2 weeks.