THE IMPACT OF MENTAL HEALTH OF THE WORKMAN EMPLOYEES LEADS TO UNSAFE ACTIVITIES IN THE MANUFACTURING INDUSTRY- A REVIEW

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Abstract: The review concentrates on mental health wellbeing at the workplace to create a safe work environment. The purpose of the study is to find the existing gaps in occupational health in the manufacturing sector. Human life is a precious thing and it couldn't deviate at any cost. Most probably health is considered by physical fitness, but more impact of the health-illness due to mental strength. The reviews were considered through keywords and health-related topics. In the literature, various characteristics of mental health and how it is effecting in the workplace. Also, there has a chance of an impact on their personal life. In every occupation, however, there is widespread acknowledgment that psychosocial hazards are an important health risk for workers, yet in many workplaces, the focus remains on physical hazards. It is alleged that the understating of workplace psychosocial hazards is primarily due to the perception that they present a more difficult and complex challenge when compared to other health and safety issues. Others, however, allege it is the paucity of awareness about psychosocial hazards and their alleviation that explains their relative neglect. Some researchers concentrating and described that health-related issues identified, examined, and found the solution for physical health improvement leads to safe work. Also, there is not concentrated on mental health development that helps to create a safe work environment by the employees themselves. Following global trends, I recognize that psychosocial hazards must be minimized within our workplaces and that there is a requirement for workplace interventions to reduce psychological harm and promote mental health for all the workman employees to achieve zero harm. In common, this literature review compares various results of the individual studies on their research methods and finding to fill gaps.

Keywords: psychosocial hazards, mental health wellbeing, occupational health, workplace safety, stress management, safety management systems, manufacturing firms, safety culture