Abstract Title - "DELIRIUM - CLINICAL ORPHAN - TIME TO OWN IT"

-National Education Drive in Qatar's Healthcare Facilities

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Introduction -

Delirium is a Life-Threatening Medical Emergency. Delirium is commonly seen in the acute hospital setting, occurring in 18%–35% of patients on general medical wards and up to 80% in Intensive care settings, But Often undetected. Delirium gets misdiagnosed as Depression and Dementia.

Patients with dementia are at higher risk of developing Delirium .Delirium is associated with Significant Morbidity and Mortality . Lack of Clinical Ownership amongst disciplines taking care of patients with Delirium remains an ongoing Concern. The awareness and detection of delirium has been shown to improve significantly with targeted education of healthcare professionals and focused care pathways.

Methods -

Structured National Delirium Education Drive with Multimodal Learning Methods Tailored to both Healthcare Staff and Community, Educational Drive Incorporated Train the Trainer system with focused Workshop based Teaching . This Programme led to Development of Public Education Leaflets, Video ,Delirium Pearls posters for Healthcare Facilities .

Intervention

This National educational drive achieved its objectives through 55 Educational Events and activities across the state of Qatar through HMC and community facilities , training 3840 health care staff and raising awareness in 4500 people in the community over the Year.

Results -

1. This project highlighted the dearth of delirium recognition and diagnosis in acute care setting
2. Initiated Work on Hospital Wide Delirium clinical practice guidelines further advocating Ownership.
3. Hospital Wide delirium awareness and educational campaign Team Formed
4. Continuation of Ongoing community awareness programs Implemented.

Conclusions -

This project has Initiated the Process of Increased awareness and better Recognition of Delirium

Initiated work on getting systems in place for better awareness better recognition and prompt and effective care both in hospital and community .

Professional Biography

Dr Irshad Badarudeen has completed his Medical school from Rajiv Gandhi University, India and Masters in Internal Medicine from Yenepoya University, India. Currently pursuing Fellowship in Geriatric Medicine from Hamad Medical Corporation, Qatar and master's in healthcare quality at Royal College of Surgeons, Ireland.

Recent Publications (up to 5)

- Badarudeen I (2018) Adrenal Insufficiency Among Older People: An Insight from Qatar.



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