Traditional Medicine-2013
OMICS Group Conferences
Accelerating Scientific Discovery
International Conference and Exhibition on
Traditional & Alternative Medicine
December 9-11, 2013 Hyderabad, India

Homoeopathy in the management of endocrinological disorders : To study the role of predisposition & maintaining factors in diabetes patients receiving one of the calcarea group remedy

Yogesh D. Niturkar

KSPM's V. K. Homoeopathic Medical College & Hospital, India

Abstract

A case series study with 30 cases was conducted at Dr. M. L. Dhawale Memorial Trust's Rural Homoeopathic Hospital, Palghar. In this study it was found that the most commonly affected age group for DM Type 2 was between 30-60 yrs and in 57% of cases there was family history (F/H) of Diabetes. In the study it was also evident that 66% of Diabetics had occupation of service and reasons for the genesis of Diabetes was metabolic disturbances as a result of factors such as genetic predisposition, obesity, indolence, urbanization, early age stress, anxiety, sadness, frustration, grief, brooding, stress & strain in the life, insecurity and lack or exaggeration of emotional reactions which played a pivotal role in the evolution of disease. After considering all above risk factors one can understand the role of predisposing & maintaining factors in Diabetes which were prominent in these Diabetic patients at different junctures of their life; hence a holistic approach has to be selected for promotion of health & prevention of disease. The observations in this study focused upon the disease evolution & it will also help us to reduce the early onset, diagnose them early & treat so that further damage & complications can be minimized by understanding the predisposition & taking care of the maintaining factors.

Biography

Dr. Yogesh D. Niturkar has completed his MD {Homoeopathy} from Dr. M. L. Dhawale Memorial Homoeopathic Institute under Mumbai University. He is practicing Classical Homoeopathy since last 7 years at Mathura Homoeopathic Clinic, Latur. He is Assistant Professor in Dept of Organon of Medicine & Philosophy at V. K. Homoeopathic Medical College & Hospital, Latur under Maharashtra University of Health Sciences, Nashik. He has published 31 scientific evidence based papers in National & International reputed Homoeopathic journals.