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Social strategies for prevention of HIV and STD

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Abstract

AII patients attending clinics/ hospitals /laboratories should be educated and screened for HIV/AIDS and STDs. Family Physicians should be educate and screen. Health workers training program should be done to visit the illiterates and educate urban slum dwellers and villagers. Physicians in industries and offices educate and screen workers .In Schools, colleges, sessions with physician for teenagers, trainings on REPRODUCTIVE HEALTH AND HIV for teachers ,counselors .Health education Camps in crowded areas like railway stations, cultural events, Street shows , Banners, Hoardings, documentaries in theatres, cinemas, Physician talk show on TV, articles in popular sports and fashion magazines. Re-check blood collected for transfusion. Screening all pregnant women attending ANC. PPTCT for every HIV positive. Screening of HRG for STDs monthly and for HIV quarterly. Prompt treatment of STDs in HRG and follow up for resistance or recurrence. Paramedical staves training on universal precautions and PEP.PTB co-infection with HIV common. All patients with cough for 2 weeks duration screened for PTB and HIV.PLHIVs be educated about modes of transmission and how to take care of her health and about PPTCT during pregnancy and prevention of STDs and about importance of periodic CD4 test. PLHIVs should be followed up monthly by physician for opportunistic infection, monitoring ofCD4 count half yearly. Counseling of PLHIVs for adherence to ART. This plays a vital role in prevention of transmission. Once patient starts feeling better with ART, She misinterprets that she is cured and she doesn't need to adhere to ART and safe sex is not mandatory now.

Biography

Surekha Devi, has completed her M.B.B.S.[bachelor degree in medicine] from Nil Ratan sircar Medical college and hospital under Calcutta University in 1992, worked with govt.hospital,E.S.I.S.,[worli,mumbai]as medical officer and other non governmental organizations like Baitulmal Charitable Dispensary,[Andheri,Mumbai] and Care Medical and Research Foundation as medical officer,[Bandra,mumbai.]worked as a medlcal officer with asha darpan ,[grant road,Mumbai,] a community based [CSW] non governmental organization for Avahan project of family health international on prevention and treatment of STIS &STDS among high risk group[commercial sex workers] since jan 2007. Presently she is working as a Honarary medical officer with Asha Darpan on prevention & screening of STDS & HIV&,care and support for PLHIVS.

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