Acupuncture healing in collagen induced arthritis

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Abstract

Chronic arthritis is one of the most challenging modern medical problems. Similarly Auto immune diseases including Rheumatoid arthritis with collagen show every combination & gradation from one another.

Collagen induced arthritis is mediated by anti type 2 collagen auto immunity. It is probably initiated by binding of anti bodies to the surface of intact articular cartilage.

For many people with joint pain, most of the medications commonly prescribed to relieve inflammation of joints are referred to in the literature as non steroidal anti inflammatory drugs which have been found to have serious side effects.

It is a chronic inflammatory disease that is characterized by pain, swelling and stiffness of multiple joints usually resulting in progressive joint destruction, deformity and loss of function.

It was very gratifying to finally see a large research study that confirms what we already know; Acupuncture decreases the pain, increases the mobility and finally heals arthritis.

We have followed 2000 patients (year 2010- 2011) suffering from arthritis with different age groups and different causative factors.

Biography

Dr Sumita Sarang Satarkar, a qualified , skilled medico established Aarogya Santulan in 1997 with an aim to provide painless relief to patients. She is recognized & celebrated Acupuncture expert , having achieved Gold Medal at her M.D. for her skills & expertise in the science of Acupuncture.

Education
1 Dr Sumita S Satarkar is basically a naturopath,completed her D.A.M.S. (4 ½yrs) by Indian Board of Health & research Pune.Maharashtra.
2 She has a specialization in Acupuncture science & secured a **gold medal** in M.D. Exam.
3 She has mastered pulse diagnosis for further 3 years from International academy of Acupuncture.
4 She has been honored & highly regarded in pulse diagnosis by International Academy of acupuncture.
5 She stood first in Maharashtra amongst all alternative practitioners exam conducted by Maharashtra state Board of vocational examinations in alternative medicine.

Honors & Awards-
Dr Sumita Satarkar has achieved a landmark of curing **3000 critical patients** only by acupuncture. These critical patients had undergone all pathies of treatment but finally these were cured only by acupuncture in this centre.
She is a **gold medalist** in acupuncture.
Last year she has been honored with most prestigious 3 **National Awards.**
-MOTHER TERESA AWARD- for the kind of service & cure given to the patients.
-ACUPUNCTURE EXCELLENCE INDIA 2009 AWARD *– For the merit in Acupuncture.*
-RASHTRIYA ACUPUNCTURE RATNA *– For the contribution & service rendered in the field of Acupuncture.*
-HEALTH EXCELLENCE AWARD *from Indian Board of Alternative medicines.*
-Maharashtra Rajyastariya purskar *for working in the field of alternative medicines & promoting it for common people.*
-She has been selected to be included in the directory of bio-graphies named as ***" WHO'S WHO"*** *in holistic health & awareness by The global institute of Innovation & Leadership.*
-Samajratna puraskar from Pragati mahila sanstha Maharashtra.
-She has written a book on acupuncture which is well appreciated in society.
-Rajiv Gandhi Excellence Award for the dedication and service rendered for the society.