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Use of a lipid-lowering food supplement in patients on hormone therapy following breast cancer

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Abstract

This lecture will address topics about activity of a natural nutraceuticals combination (AP= Berberine + Red Yeast Rice) on dyslipidemia which frequently persists after life style changes in patients on hormone-therapy following breast cancer (HT-BC). Particularly, the lecture will include the more suitable care pathway in these women, from the utilization of WCRF (world cancer research fund) “guidelines” to the choice of a nutraceutical product, instead of a chemical one, to counteract dyslipidemia. Results of a study conducted in my clinical nutrition unit will be shown.