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Non-surgical hair loss treatment

Maria Clara Santos

Dra. Clara Santos, Brazil

Abstract

Every day we lose from scalp an average of 100 hairs. This daily loss is normal and in most individuals the new hairs will grow and replace the lost ones. Certain medical conditions like lupus, diabetes or thyroid problems can cause hair loss. Sometimes patient may lose hairs due to malnutrition like low protein diet, chronic iron loss or when under chemotherapy for cancer treatment. Still in medical conditions, Syphilis, Decalvant folliculitis, caused by bacteria, Tinea capiti, caused by fungi can affect the scalp cause hair loss

A condition named Areata Alopecia affects child and adults and till today there is no conclusion about its cause. This form of alopecia may present as a sole small patch that cures spontaneously, as several patches and can affect the scalp totally or become universal, which mean loss of all hair of the body and sometimes may be permanent. This is considered to be an autoimmune condition. Some of these patients have history of Vitiligo, Thyroid dysfunction or Atopy.

To treat hair loss is necessary to know and understand its cause. In many cases the treatment of the cause will solve the problem. The problem is when men and also women without a specific disease start losing hair as they grow older and there is no replacement. This is what we call Androgenic Alopecia. This is the most common form of hair loss and as the name says is a condition inherited. This condition may affect equally men and women, but in most women the gene expression is less visible. Current treatments (minoxidil and finasteride) for this type of alopecia do not bring the best results in most patients. We will present here how we treat this form of Alopecia with impressive results using a combination of techniques.

Biography

Clara Santos is a physician & professor. She was educated and trained in Brazil, where she currently resides in Sao Paulo. Her initial training was in general medicine and surgery. After continued her education and got a postgraduate degree in Dermatology. For many years, Dr. Santos has been devoted to non-surgical treatments for hair, skin, and fat reduction. Her high-level of devotion, scientific interest, and intellectual curiosity has fueled her interest in treating more challenging skin conditions; such as non-surgical full-face rejuvenation, stretch marks, and non-surgical hair restoration. She also has special interest in non-surgical treatment for body contouring. Clara Santos loves conducting cases and teaching doctors to do the same. She has presented lectures and Workshops all over the world for more than 20 years. Has received numerous national & international awards and is distinguished as an international master professor.