OMICS Group
Accelerating Scientific Discovery
3rd International Conference on
Clinical & Experimental Dermatology
April 15-17, 2013, Hilton Chicago/Northbrook, USA

Management of skin cancer: The ayurved perspective

Bhavna Joshi
President-International Cancer Foundation, India

Abstract

Skin Cancer is of two type basal cell carcinoma and melanoma. Basal Cell Carcinoma is curable and can be easily treated, but Melanoma is a challenging skin cancer disease and hard to cure, but however if skin cancer is diagnosed in early stages it can be cured fairly. Ayurvedic medicines and other herbal treatment are one of the best sources to help cure and manage skin cancer disease.

A healthy and nutrient rich diet plan helps in overcoming skin cancer disease. Leafy green vegetables, cancer-fighting cruciferous vegetables, and beta carotene rich sweet potatoes and carrots should be consumed regularly, if not daily.

Ayurvedic cancer treatment may also compatible with Western medicine. In a study conducted by the Atharva Ayurveda Research center, ayurvedic solutions are actually helpful in controlling the side effects and problems associated with chemotherapy cancer treatment and are helpful in reducing the toxicity of cytotoxic chemotherapy for breast and gastrointestinal cancers. Hence, the inclusion of ayurvedic healing to cancer treatment can provide a synergistic effect in cancer management.

In this modern age cancer remains a great threat to society and ayurvedic wisdom can significantly help patients cope with cancer and can be used as an adjunct to alleviate symptoms associated with conventional therapies, such as nausea, pain, or fatigue

Biography

Bhavna Joshi (M.D. Ayurvedic Oncology Gold Medalist, Gujarat Ayurved University) is a Consultant Cancer Physician and Director of Atharva Multispeciality Ayurveda Hospital, Cancer Research Center, Rajkot and President-International Cancer Foundation. She has published more than 10 papers in national and international conferences on oncology research i.e. ASCO-PAN Asia conference at New Delhi. Poster presentation at GCRI-Ahmedabad in AROI National conference, International conference on cancer at NCI- National Cancer Institute, Betehesda, USA.