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The beautifully-balanced life

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Abstract

A life, well lived, is all about balance and harmony. Facial Plastic Surgeon, Dr. E. Gaylon McCollough has shown that individuals who do what is required to look their best, tend to find better health—even if finding better health was not their primary objective.

In his presentation, Dr. McCollough will demonstrate a variety of ways (surgical and non-surgical) to enhance one's appearance, and therefore, tilt the scales of opportunity in his or her favor.

Biography

E. Gaylon McCollough MD FACS founded the McCollough Plastic Surgery Clinic in 1975. Dr. McCollough was recently included in the National Registry of Who's Who. He is included in Woodward and White's "Best Doctors in America", "America's Top Plastic Surgeons", and was honored by the March of Dimes as "Alabama Citizen Of The Year" for 1994-95. Dr. McCollough is board certified by two specialty boards, each of which is concerned with regional plastic surgery: the American Board of Facial Plastic and Reconstructive Surgery, and the American Board of Otolaryngology (the specialty of head and neck surgery).

Dr. McCollough is the co-author of three major textbooks on facial and nasal plastic surgery and two non-medical books: Shoulders of Giants, and Before and After. He is also the author of The Appearance Factor, one of the world's most comprehensive consumer guides on ways that human beings can look, feel and perform better.