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Proceedings of

ANNUAL CHILD AND FAMILY HEALTHCARE NURSING CONFERENCE

August 13-14, 2018
Bali, Indonesia







Scientific Program

Health Care 2018

Monday 13rd August 2018 | **Day 1**

09:30-09:45 Registration Opens

Kamala

09:45-10:00 Opening Ceremony

Introduction

10:00-10:55

Keynote Presentation

Title: Prevalence and risk factors of gestational diabetes mellitus in Asia: A systematic review and meta-analysis

Ching Siew Mooi, Universiti Putra, Malaysia



10:55 -11:15 Networking and Refreshments Break with Group Photo

11:15-12:10

Keynote Presentation

By

Fusun Terzioglu, Atilim University, Turkey



12:10-13:10

Workshop

Title: Applying Design Thinking methodology for build health chatbots

Jacques Durand, Paul Sabatier University, France

Lunch Break 13:10-14:00 @ Restaurant

Sessions: Child Nursing | Healthcare and Management | Midwifery and Women Health Nursing | Healthcare and Chronic Diseases

Session Chair: **Jacques Durand,** Paul Sabatier University, France

14:00-14:40

Title: School health service: A qualitative study on school health roles of nurses and non-nurses personnel in Thailand

Rutja Phuphaibul, Mahidol University, Thailand

14:40-15:20

Title: The role and experiences of Burmese healthcare interpreters working with health professionals in Thai maternity services

Titaree Phanwichatkul, Western Sydney University, Australia

15:20-16:00

Title: The association between self efficacy and quality of life among Chronic obstructive pulmonary disease (COPD)'s clients

Tri Antika Rizki Kusuma Putri, Sekolah Tinggi Ilmu Keperawatan PPNI Jawa Barat, Indonesia

Networking and Refreshments Break 16:00-16:20

Panel Discussion

Tuesday 14th August 2018 | **Day 2**

Kamala

10:00-11:00

Special Session

Title: Role of nurses in weight management among children
Ching Siew Mooi, Universiti Putra, Malaysia



Networking and Refreshments Break 11:00-11:20

Sessions: Family Nursing | Pediatric Nursing | Nursing Education | Primary Healthcare Nursing

Session Chair: **Rutja Phuphaibul**, Mahidol University, Thailand

11:20-12:00

Title: Survival status and predictor of mortality among premature neonate that was admitted to neonatal intensive care unit from 2013-2017 at Tikur Anbessa Hospital, Addis Ababa Ethiopia: A retrospective cohort study with survival analysis, 2018
Yared Asmare Aynalem, Debre Birhan University, Ethiopia

12:00-12:40

Title: Breast feeding mother
Agrina, Keperawatan Komunitas PSIK-UR Universitas Riau, Indonesia

Poster Presentations @ 12:40-13:00

Title: Effects of Regular Physical Activity Education Program on Serum Blood Lipids, Testosterone and Growth Hormone in obese elementary school students
Bo-sung Kim, Pusan National University, South Korea

Lunch Break 13:00-14:00 @ Restaurant

Panel Discussion

Award Ceremony



Supporting Journals

Primary Healthcare: Open Access

www.omicsonline.org/primary-health-care-open-access.php

Journal of Women's Health Care

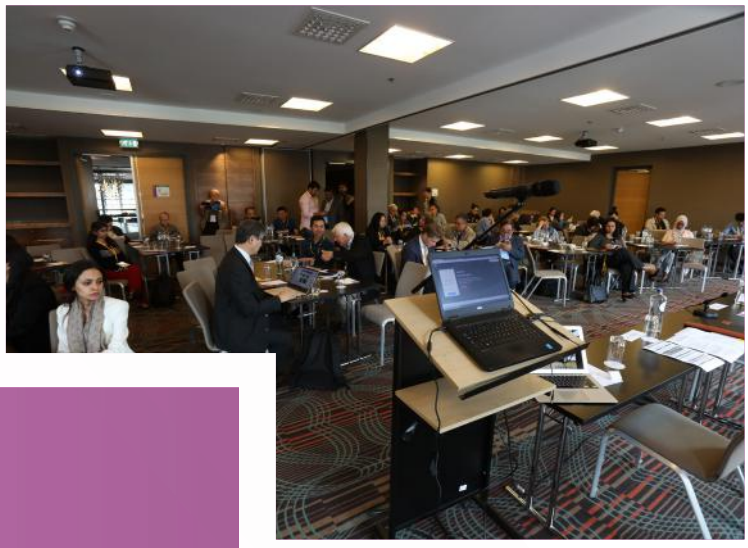
www.omicsonline.org/womens-health-care.php

Neonatal and Pediatric Medicine

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Fusun Terzioglu
Atilim University
Turkey



Jacques Durand
Paul Sabatier University
France



Saed Al Salaymeh
Burjeel Hospital
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Kalu Ogbureke
Royal College of Paediatrics and Child Health, UK

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neurochemistry.neurologyconference.com

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neurooncology-surgery.conferenceseries.com

International Metabolic Diseases and Liver Cancer Conference
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liver.cancersummit.org

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materialselectrochemistry.conferenceseries.com

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cysticfibrosis.conferenceseries.com

International Conference on
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October 08-09, 2018 | Dubai, UAE
chromatography.massspectra.com

International Conference on
Molecular Markers and Cancer Therapeutics
October 08-09, 2018 | Dubai, UAE
moleculermarkers.cancersummit.org

3rd World Kidney Congress
October 08-10, 2018 | Dubai, UAE
kidneycongress.nephroconferences.com

26th Cancer Genomics Congress: New Era for Cancer Prevention
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cancergenomics.cancersummit.org

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obesityprevention.nutritionalconference.com

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cognitive.neuroconferences.com

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healthcare.global-summit.com/middleeast

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climatechange.earthscienceconferences.com

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metabolicdiseases.conferenceseries.com

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chronicdiseases.conferenceseries.com

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November 12-13, 2018 | Dubai, UAE
physiotherapy.conferenceseries.com/middleeast

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November 12-13, 2018 | Dubai, UAE
neonatalcare.pediatricsconferences.com

World Congress on
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bioorganic-medicinal.chemistryconferences.org

8th International Conference on
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copd.healthconferences.org

International Conference on Addiction and Psychiatry
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addiction.psychiatryconferences.com

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Catalysis for Green and Sustainable Energy
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green-catalysis.conferenceseries.com

International Conference on
Viral Infection and Immune Response
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immuneresponse.vaccineconferences.com

International Conference on Anesthesiology and Critical Care
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anesthesiology.healthconferences.org

World Brain Congress
December 05-07, 2018 | Dubai, UAE
brain.neuroconferences.com

International Conference on
Biomarkers and Cancer Targets
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cancertargets.conferenceseries.com

25th International Conference on
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psychosomaticdisorder.conferenceseries.com

World Congress on Rare Diseases
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rarediseases.infectiousconferences.com

World Congress on Food and Nutrition
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food-technology.nutritionalconference.com

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tissuerepair.conferenceseries.com



16th International Conference on
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August 06-07, 2018 | Abu Dhabi, UAE
gastroenterology.gastroconferences.com

Annual Conference on
Bacterial, Viral and Infectious Diseases
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bacterialdiseases.infectiousconferences.com

International Conference on
Cardiology and Healthcare
August 6-8, 2018 | Abu Dhabi, UAE
healthcare.cardiologymeeting.com

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Laboratory Medicine and Pathology
September 17-18, 2018 | Abu Dhabi, UAE
lab-med.pathologyconferences.com

Middle East Pharmacy and Pharmaceutical Conference
September 17-18, 2018 | Abu Dhabi, UAE
pharma.pharmaceuticalconferences.com

World Congress on
Nanomedicine and Nanotechnology in Health Care
September 17-19, 2018 | Abu Dhabi, UAE
nanomedicine.nanotechconferences.org

World Heart and Brain conference
September 24-26, 2018 | Abu Dhabi, UAE
heart-brain.conferenceseries.com

International Conference on Traditional and Complementary Medicine
September 24-25, 2018 | Abu Dhabi, UAE
traditionalmedicine.pharmaceuticalconferences.com

World Congress on Oil, Gas and Petroleum Refinery
September 24-25, 2018 | Abu Dhabi, UAE
petroleumrefinery.conferenceseries.com

International Conference on Breast and Cervical Cancer
September 24-25, 2018 | Abu Dhabi, UAE
breast-cervical.cancersummit.org

Neglected Tropical Diseases Congress: The Future Challenges
October 15-17, 2018 | Abu Dhabi, UAE
tropicaldiseases.infectiousconferences.com

International Conference on Pediatric Nursing and Healthcare
October 15-16, 2018 | Abu Dhabi, UAE
pediatrics-nursing.nursingmeetings.com

3rd World Liver Congress
October 15-16, 2018 | Abu Dhabi, UAE
liver.gastroconferences.com

World PCOS Congress
October 18-19, 2018 | Abu Dhabi, UAE
pcos.healthconferences.org

27th International Conference on
Nanomedicine and Nanomaterials
October 18-19, 2018 | Abu Dhabi, UAE
nanomaterials.nanotechconferences.org

5th World Holistic Nursing Conference
November 05-07, 2018 | Abu Dhabi, UAE
holistic.nursingconference.com

18th Pharma Middle East Congress
November 05-07, 2018 | Abu Dhabi, UAE
middleeast.pharmaceuticalconferences.com

International Conference on
Bipolar Disorder: Psychiatry and Mental Health
November 05-07, 2018 | Abu Dhabi, UAE
bipolar.neuroconferences.com"

12th World Pediatric Congress
December 13-15, 2018 | Abu Dhabi, UAE
pediatrics-congress.conferenceseries.com

International Conference on
Allergy and Clinical Immunology
December 13-14, 2018 | Abu Dhabi, UAE
allergy.immunologyconferences.com

13th Annual Conference on
Dementia and Alzheimer's Disease
December 13-15, 2018 | Abu Dhabi, UAE
dementia.neuroconferences.com

International Anesthesia and Pain Medicine Conference
December 13-15, 2018 | Abu Dhabi, UAE
anesthesiology.conferenceseries.com



World Physical Medicine and Rehabilitation Conference
November 12-13, 2018 | Istanbul, Turkey
rehabilitation.healthconferences.org

Annual Nursing Congress: The Art of Care
November 12-14, 2018 | Istanbul, Turkey
healthcare.nursingmeetings.com

Annual Conference on
Stroke and Neurological Disorders
November 12-13, 2018 | Istanbul, Turkey
stroke.neuroconferences.com

6th Annual Conference on Parasitology & Infectious Diseases
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parasitology.infectiousconferences.com

World Congress on
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epigenetics.geneticconferences.com

World Heart Rhythm Conference
November 15-17, 2018 | Istanbul, Turkey
heartrhythm.cardiologymeeting.com





5th International Conference on
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medicinalpractices.conferenceseries.com

Annual Conference on Nanoscience, Nanotechnology and Advanced Materials
November 26-28, 2018 | Bali, Indonesia
nanoscience.nanotechconferences.org

International Conference on
Oral Health and Dental Medicine
November 29-30, 2018 | Bali, Indonesia
oralhealth.dentalcongress.com

International Conference on
Obesity and Diet Imbalance
November 29-30, 2018 | Bali, Indonesia
obesity-diet.nutritionalconference.com

14th Annual Conference on Crop Science and Agriculture
November 29-30, 2018 | Bali, Indonesia
crops-agri.foodtechconferences.com

International Dermatology Conference: Skin and Body
November 26-27, 2018 | Bali, Indonesia
skin-body.dermatologymeeting.com

Ca[rd]iology and Healthcare
August 13-14, 2018 | Kuala Lumpur, Malaysia
aesthetic.dermatologymeeting.com

Global Meeting on Diabetes and Endocrinology
August 13-14, 2018 | Kuala Lumpur, Malaysia
endocrinology.diabetesexpo.com



International Conference on
Community Nursing and Public Health
November 19-21, 2018 | Cape Town, South Africa
community.nursingconference.com

Annual Congress on
Oral Care: Dental and Orthodontics
November 19-20, 2018 | Cape Town, South Africa
oralcare.dentalcongress.com

International Conference on
Nephrology
November 19-21, 2018 | Cape Town, South Africa
nephrology.nephroconferences.com

2nd World Congress on
Eye and Vision
November 19-20, 2018 | Cape Town, South Africa
vision.ophthalmologyconferences.com

World Congress on
Epilepsy and Brain Disorders
November 22-23, 2018 | Cape Town, South Africa
epilepsycongress.neuroconferences.com

International Conference on
Agriculture, Food and Aqua
November 22-23, 2018 | Cape Town, South Africa
agriculture.foodtechconferences.com

8th International Conference on
Bacteriology and Infectious Diseases
November 22-23, 2018 | Cape Town, South Africa
bacteriology.infectiousconferences.com

International Pediatric Infectious Diseases and Healthcare Conference
November 22-24, 2018 | Cape Town, South Africa
pediatrics.infectiousconferences.com



6th Global Summit on
Artificial Intelligence and Neural Networks
October 15-16, 2018 | Helsinki, Finland
neuralnetworks.conferenceseries.com

31st Materials Science and Engineering Conference: Advancement and Innovations
October 15-17, 2018 | Helsinki, Finland
materialscience.materialsconferences.com

11th Annual Conference on Stem Cell and Regenerative Medicine
October 15-16, 2018 | Helsinki, Finland
stem-regenerative.conferenceseries.com

3rd Annual Aging Conference: Cellular Mechanisms and Therapeutics
October 15-16, 2018 | Helsinki, Finland
cellularmechanisms.healthconferences.org

18th Global Ophthalmology, Optometry and Glaucoma Conference
October 18-19, 2018 | Helsinki, Finland
glaucoma.conferenceseries.com

15th International Conference on Structural Biology
October 18-19, 2018 | Helsinki, Finland
structural-biology.biochemistryconferences.com

European Pathology and Infectious Disease Conference
October 18-19, 2018 | Helsinki, Finland
biopathology.pathologyconferences.com

Neurodegenerative and Neuroinflammation Conference: From Discovery to Health
October 18-19, 2018 | Helsinki, Finland
neurodegenerative.neuroconferences.com

26th International Diabetes and Healthcare Conference
November 26-27, 2018 | Helsinki, Finland
diabetic.healthconferences.org

World Neurone Congress
November 26-28, 2018 | Helsinki, Finland
neurone.neurologyconference.com

International Conference on Biomarkers and Clinical Research
November 26-27, 2018 | Helsinki, Finland
biomarkerscongress.conferenceseries.com

International Epigenetics and Epitranscriptomics Conference
November 26-27, 2018 | Helsinki, Finland
epitranscriptomics.geneticconferences.com

International Conference on
Clinical Microbiology, Virology and Infectious Diseases
November 19-20, 2018 | Bucharest, Romania
microbiology.vaccineconferences.com

International Conference on
Antimicrobial and Antibacterial Agents
November 19-20, 2018 | Bucharest, Romania
antimicrobial.vaccineconferences.com

4th International Conference on
Crystallography and Novel Materials
November 19-20, 2018 | Bucharest, Romania
crystallography.materialsconferences.com

9th International Conference on
Biopolymers and Polymer Sciences
November 19-21, 2018 | Bucharest, Romania
biopolymers.materialsconferences.com

International Conference on
Medicine, Nursing and Healthcare
November 19-21, 2018 | Bucharest, Romania
medicine.nursingmeetings.com

World Congress on
Surgeons
November 22-24, 2018 | Bucharest, Romania
surgeons.conferenceseries.com

World Conference on
Optics, Photonics and Telecommunications
November 22-24, 2018 | Bucharest, Romania
opticsphotonics.physicsmeeting.com



Bucharest

6th Annual Congress on Dentistry and Dental Medicine
November 22-23, 2018 | Bucharest, Romania
dentalmedicine.dentalcongress.com

World Conference on Vaccine and Immunology
November 22-23, 2018 | Bucharest, Romania
immune.vaccineconferences.com

7th International Conference on
Environment and Climate Change
November 22-23, 2018 | Bucharest, Romania
environmentclimate.conferenceseries.com

Annual Child and Family Healthcare Nursing Conference

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Ching Siew Mooi, Primary Health Care 2018, Volume 8
DOI: 10.4172/2167-1079-C5-028

Annual Child and Family Healthcare Nursing Conference

August 13-14, 2018 Bali, Indonesia



Ching Siew Mooi

Universiti Putra Malaysia, Malaysia

Prevalence and risk factors of gestational diabetes mellitus in Asia: A systematic review and meta-analysis

Gestational Diabetes (GDM) is one of the major public health issues in Asia. The present study aimed to determine the prevalence of and risk factors for GDM in Asia by performing a systematic review and meta-analysis. We systematically searched in PubMed, Ovid, Scopus and ScienceDirect for observational studies in Asia from January 1980 to August 2017. We selected cross-sectional studies reported the prevalence and risk factors for GDM. A random effects model was used to estimate the pooled prevalence of GDM and Odds Ratio (OR) with 95% CI. There are 84 papers out of 296 papers were included in this paper. The pooled prevalence of GDM in Asia was 11.5% (95% CI 10.9-12.1). There was a considerable level of heterogeneity in the prevalence of GDM in Asia and it was probably due to differences in diagnostic criteria, screening methods and study setting. Current meta-analysis of data found that the risk factors of GDM are history of previous GDM (OR 8.24, 95% CI 5.24-12.96), history of malformed baby (OR 5.04, 95% CI 2.02-12.58), history of macrosomia (OR 4.41, 95% CI 3.09-6.31), BMI 25 and above (OR 3.39, 95% CI 2.92-3.93), concurrent PIH (OR 3.20, 95% CI 2.19-4.68), family history of diabetes (OR 2.66, 2.12-3.33), history of still birth (OR 2.39, 95% CI 1.68-3.40), PCOS (OR 2.33, 95% CI1.72-3.17), history of abortion (OR 2.25, 1.54-3.29), age 25 and above (OR 2.17, 95% CI 1.96-2.41), multigravida 2 and above (OR 1.97, 95% CI 1.34-2.91) and history of preterm delivery (OR 1.93, 95% CI 1.21-3.08). We found a high prevalence of GDM in Asian population. Patients with history of previous GDM and history of malformed baby and history of macrosomia should receive more attention and effective interventions are needed to decrease GDM burden in this continent.

Biography

Ching Siew Mooi is an Associate Professor in the Department of Family Medicine at the Universiti Putra Malaysia. She has obtained her Master's degree in Family Medicine at University of Malaya. Her research interests lie in the area of non-communicable disease like blood pressure, obesity, diabetes and addiction. She has published more than 50 manuscripts in peer review journal at the national and international level.

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Notes:

Annual Child and Family Healthcare Nursing Conference

August 13-14, 2018 Bali, Indonesia







Workshop (Day 1)

Jacques Durand, Primary Health Care 2018, Volume 8
DOI: 10.4172/2167-1079-C5-029

Annual Child and Family Healthcare Nursing Conference

August 13-14, 2018 Bali, Indonesia



Jacques Durand

Paul Sabatier University, France

Applying Design Thinking methodology for build health chatbots

Design Thinking with chatbots is revolutionizing healthcare. The principles and processes of Design Thinking are helping folks in our time directly approach complex problems, innovate collaboratively and create holistic, sustainable solutions with a human-centered focus. In order to make this method accessible to innovative healthcare professionals or healthcare organizations, using visual building chatbots technologies, the care team members would be encouraged to walk in the patient's shoes, really observe and experience the system from his perspective and develop practical solutions. Workshop's participants will gain practical experience in using Design Thinking, co-construction and open innovation to develop health chatbots to be used for their daily practice.

Biography

Jacques Durand is an experienced Healthcare Specialist with over 24 years of experience with high knowledge and responsibility in strategy and business development, clinics. His special interests include strategic planning, service line development, product development, medical staff development, service redesign, digital health and international healthcare. He has demonstrated skills and success in leadership, team development, project management, multi-cultural relationship development and facilitation.

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Notes:

Annual Child and Family Healthcare Nursing Conference

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Scientific Sessions:

Child Nursing | Healthcare & Management | Midwifery & Women Health Nursing | Healthcare & Chronic Diseases

Session Chair

Jacques Durand
Paul Sabatier University, France

Session Introduction	
Title:	School health service: A qualitative study on school health roles of nurses and non-nurses personnel in thailand
	Rutja Phuphaibul, Mahidol University, Thailand
Title:	The role and experiences of Burmese healthcare interpreters working with health professionals in Thai maternity services
	Titaree Phanwichatkul, Western Sydney University, Australia
Title:	The Association between self efficacy and quality of life among Chronic obstructive pulmonary disease (COPD)'s clients
	Tri Antika Rizki Kusuma Putri, Sekolah Tinggi Ilmu Keperawatan PPNI Jawa Barat, Indonesia

Rutja Phuphaibul et al., Primary Health Care 2018, Volume 8
DOI: 10.4172/2167-1079-C5-029

School health service: A qualitative study on school health roles of nurses and non-nurse's personnel in Thailand

Rutja Phuphaibul, Chuanrudee Kongsaktrakul and Chatsiri Mekwiwatanawong
Mahidol University, Thailand

Diverse school health services have caused inequality among Thai school children. Presently, school nurse employments are rare in Thailand. This study examined the roles and responsibility of school health services among nurses and non-nurse's personnel. Qualitative study using focus group interview methodology was used in the study. The subjects were the school health providers including: 5 school-nurse teachers (RN), 3 teachers (responsible for school health) and 4 community health and hospital nurses (responsible for school health program). The interview was tape recorded and later transcribed, then data was analyzed by content analysis. The findings suggest that there were limited roles of teachers (non-nurses) who were responsible for school health program. While the school nurses (RN) demonstrated more effective school health services, emphasized on health promotion, first aids and CPR as needed food and environmental health, collaboration and grants application to related agencies and assisted to the student's support system. Most of the subjects suggested that there should be a school nurse in every big size school (eg.1,500 students or more). Perceived obstacles to school health program by school nurse included the heavy workload, inadequate support from school administrators, limited roles of students' parents and no school law related universal health care service for school children. It is recommended to improve the equity and quality of health care service in schools. Placement of school nurses in schools is important for the improvement of school health delivery system.

Biography

Rutja Phuphaibul is a Nursing Professor at Mahidol University, Thailand. She is currently the Chair of PhD in Nursing (International Program) at Mahidol University. In 2015, she has received the National Innovation Award from The National Research Council of Thailand from the Life Skill and Health Skill Development Program for school children. Presently, her VDO game for prevention of sexual risk behaviors have been widely used in adolescents and school children.

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Notes:

Titaree Phanwichatkul et al., Primary Health Care 2018, Volume 8
DOI: 10.4172/2167-1079-C5-029

The role and experiences of Burmese healthcare interpreters working with health professionals in Thai maternity services

Titaree Phanwichatkul, Elaine Burns, Pranee Liamputtong and Virginia Schmied
Western Sydney University, Australia

Background & Aim: Recently, there has been a large increase in the number of migrant workers coming from Burma to Thailand. This has necessitated an appropriate response from Thai health services and access to healthcare interpreters has become an imperative. The aim is to explore the role and experiences of Burmese healthcare interpreters working with the Thai health professionals in maternity care. The perspectives of health professionals and Burmese women about the role of the Burmese healthcare interpreters are also examined.

Method: This study used an ethnographic approach. Individual interviews were conducted with four Burmese healthcare interpreters, nine health professionals and 10 Burmese women. Observations of the interactions among the participants of the study occurred in the antenatal and postnatal care. The data were analyzed using thematic analysis.

Findings: Participants described two core components to their role being a communication aid and doing healthcare work. Collaboration between the interpreters and health professionals facilitated this role. Both the health professionals and the Burmese women relied on the Burmese healthcare interpreters to interpret for them. The interpreters also believed that the on the job training they received could open up other employment opportunities. However, some challenges in the role such as the poor remuneration and lack of clarity of role.

Conclusion: Despite the challenges, the interpreters described the benefits for themselves and the Burmese community. This model of in-hospital and clinic-based interpreting and healthcare service may be applied in the migrant populations are living on the borders to encourage them to attend antenatal care.

Biography

Titaree Phanwichatkul is a Registered Nurse and Midwife with the Thailand Nursing and Midwifery Council. She is employed as a Lecturer in Nursing and Midwifery, Faculty of Nursing, Suratthani Rajabhat University, Thailand. Her expertise is in teaching student nurses regarding nursing and postpartum care in clinics and hospitals. She is currently studying as a PhD student at the School of Nursing and Midwifery, Western Sydney University, Australia. Her current research focuses on Myanmar women's experience of maternity care in the south of Thailand.

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Annual Child and Family Healthcare Nursing Conference

August 13-14, 2018 Bali, Indonesia

The association between self-efficacy and quality of life among chronic obstructive pulmonary disease clients

Tri Antika Rizki Kusuma Putri, Dian Anggraini and Dita Merdekawati
Sekolah Tinggi Ilmu Keperawatan PPNI Jawa Barat, Indonesia

Chronic Obstructive Pulmonary Disease (COPD) is lung damage caused by the exposure of certain irritant particles like nicotine from smoking over long period of time. COPD's clients often seek for health care service from respiratory problems such as persistent or progressive dyspnea as a result from exacerbation. Confidence to take care of their health is a prior thing to help clients maintain their condition and it can lead an improvement on physical, psychological and social aspects on their life. This research aimed to identify the association between self-efficacy and quality of life among COPD clients. The method used in this research was quantitative method with cross sectional approach with 71 COPD clients as samples. COPD self-efficacy scale and WHOQOL-BREF were applied. All data were analyzed using spearman rank test. The result from this study showed a significant association between self-efficacy and quality of life (p=0.031) among COPD's clients. The quality of life can be improved by having a good self-efficacy in COPD's clients. Nurse and other healthcare professional need to design an intervention to improve the self-efficacy of clients and avoid of exacerbation condition especially in rehabilitation phase.

Biography

Tri Antika Rizki Kusuma Putri has completed her Magister in Medical Surgical from Universitas Indonesia and Nurse Specialist Program from same university. She is a Lecturer at Sekolah Tinggi Ilmu Keperawatan PPNI Jawa Barat, a nursing school at West Java.

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Special Session (Day 2)

Ching Siew Mooi, Primary Health Care 2018, Volume 8
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Ching Siew Mooi

Universiti Putra Malaysia, Malaysia

Role of nurses in weight management among children

Literature shows that discussion of specific weight loss targets with the children and family is not usually helpful and may causes them to withdraw from weight loss program. Instead of weight loss goals, we prefer to emphasize behavior goals for specific dietary habits and activities during discussions with the patient and family. Nonetheless, it is appropriate for the provider to keep weight targets in mind to ensure that a patient's weight trend is safe and realistic. Weight loss goals are a function of a patient's age and degree of overweight or obesity. For diet, healthcare providers need to be flexible by focus on healthy eating behaviors rather than prescribing a specific structured diet. A dietitian can be helpful in providing this type of counseling, particularly if the emphasis and content are coordinated with and consistent with that of the healthcare providers. Details on the approaches to common diet-related problems encountered in children will be outlines in the lecture. Counseling tools can be used in view of time constraint in the real clinical setting e.g. the "balanced plate" or "My Plate" was developed to teach balanced nutrition. Website like "Choose My Plate" is an interactive useful tool to teach healthy dietary patterns. Using this plate as a starting point, the clinician can then guide the patient easily in discussions of nutrient quality within each food group, examples include: Skim or 1 percent milk instead of whole, whole grains instead of simple carbohydrates and lean proteins instead of higher fat choices. As an example, clinicians can use the traffic light format as a teaching tool, grouping foods based on their nutrient quality and calorie density and then explaining which foods should be eaten most often (Red: Eat rarely; Yellow: Eat less often; Green: Eat more often). Regarding activity, healthcare providers should encourage the children to increase physical activity and reduce the sedentary lifestyle including activities related to television, video games, internet and computer and other media. Substituting healthier behaviors and entertainment is helpful in achieving these goals. It may have varied according to the different age group. Increasing child and family levels of physical activity is a key focus in obesity treatment. It is generally recommended that children and adolescents participate in 60 minutes or more of physical activity a day. Regarding sleep, study show that shortened sleep duration is associated with obesity. Appropriate goals include good sleep hygiene and or aiming for adequate amounts of sleep is important in the weight management among children. Guidelines suggest preschool ages require 10 to 13 hours a night and teens require 8 to 10 hours. Role of allied health care provider is to have a brief counseling session by using a checklist. These brief counseling sessions can be repeated at each subsequent follow-up visit to provide continuity and reinforce the message. If progress has been made the nurses should praise the family and encourage additional work; if no progress has been made the nurses should engage in further problem-solving and/or work with the family to identify other goals that seem more achievable.

Biography

Ching Siew Mooi is an Associate Professor in the Department of Family Medicine at the Universiti Putra Malaysia. She has obtained her Master's degree in Family Medicine at University of Malaya. Her research interests lie in the area of non-communicable disease like blood pressure, obesity, diabetes and addiction. She has published more than 50 manuscripts in peer review journal at the national and international level.

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Scientific Sessions:

Family Nursing | Pediatric Nursing | Nursing Education | Primary Healthcare Nursing

Session Chair

Rutja Phuphaibul
Mahidol University, Thailand

Session Introduction	
Title:	**Title: Survival status and predictor of mortality among premature neonate that was admitted to neonatal intensive care unit from 2013-2017 at Tikur Anbessa Hospital, Addis Ababa Ethiopia: A retrospective cohort study with survival analysis, 2018** **Yared Asmare Aynalem**, Debre Birhan University, Ethiopia
Title:	**Title: Breast feeding mother** **Agrina**, Keperawatan Komunitas PSIK-UR Universitas Riau, Indonesia

Yared Asmare Aynalem, Primary Health Care 2018, Volume 8
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Survival status and predictor of mortality among premature neonate that was admitted to neonatal intensive care unit from 2013-2017 at Tikur Anbessa Hospital, Addis Ababa Ethiopia: a retrospective cohort study with survival analysis, 2018

Yared Asmare Aynalem
Debre Birhan University Institute of Medicine and Health Science School of Health Science, Ethiopia

Backgrounds: Premature neonatal death is a global burden both in developed and developing countries. Despite, different strategies and interventions were implemented to reduced premature neonatal complications including death, the rate of neonatal mortality in Ethiopia are too far the targets. Even though published research in developing countries are increasing, scarcity of data regarding to the survival status and predictor of it is still seen. Therefore, estimating time to death and its predictors will provide an input for planners and decision makers for neonatal care.

Objectives: To determine survival status and predictor of mortality among premature neonate admitted to neonatal intensive care unit from 2013-2017 at Tikur Anbesa specialized hospital, Addis Ababa, Ethiopia, 2018.

Methods: An institution based retrospective follow up study was conducted among 604 premature neonates that were admitted from [2013 -2017] at TASH, Addis Ababa, Ethiopia. Data were collected from patient charts using systematic sampling with pretested data extraction tool and entered using Epi-data 3.1 and analysed using STATA 14. A Kaplan Meier curve and long rank test were used to estimate the survival time and compare survival curves between variables. Cox proportional hazard model were fitted to identify predictors. Results: In this study, out of 571 participants, 299 (52.36%) were females. A total of 170(29.7%) neonates were died during the follow up period with incidence rate of 39.1(95%CI: 33.59, 45.38) per1000-person day with overall median survival time of 21 days. Rural (AHR:0.699 (95%CI:0.49,0.98), maternal diabetic mellitus (AHR:2.29 (95%CI:1.43,3.65), neonatal sepsis (AHR:1.62 (95%CI:1.11,2.37), respiratory distress (AHR:1.54(95%CI=1.03,2.31), extremely prematurity (AHR:2.87 (95%CI:1.61,5.11), low first and fifth minute APGAR score with (AHR:3.11(95%CI:1.79,5.05) and (AHR:0.51 (95%CI: 0.32, 0.78) respectively and breast feed initiating (AHR: 2.87 (95%CI: 0.29, 0.58)

Conclusion: The incidence of death was found to be high and being male, living in rural, maternal diabetic mellitus, sepsis, respiratory distress, being extremely premature, low APGAR score and breastfeed initiating were found to be a predictor for time to death of neonates. Hence, it should be better to give special attention for patients with identified predictors.

Keywords: censored, incidence, predictors, Preterm neonate, Time to death, occurrence of death, survival status

Biography

Yared Asmare has completed his BSc at the age of 22 years from Deber Birhan Universty and maser of degree in paediatric and child health nursing studies from Addis Ababa University. He is the lecturer of Debre Birhan Universty, college of health science. He attempted to publish more than 3papers in reputed journals.

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Poster

Bo-sung Kim et al., Primary Health Care 2018, Volume 8
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Effects of regular physical activity education program on serum blood lipids, testosterone and growth hormone in obese elementary school students

Bo-sung Kim, Min-Seong Ha, Jung-Sook Kim, Su-Jin Kima and Do-Yeon Kim
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The purpose of this study was to analyze the effects of regular physical activity education program on serum blood lipids, testosterone and growth hormone in obese elementary school male students. 40 elementary school male students were randomly assigned to either an exercise program group (EPG, n=20) or to a no exercise control group (CG, n=20). The exercise intensity of physical activity program (50~80% HRR Polar), the frequency (3 times per week, 50 minutes per session) was performed for 12 weeks has been conducted once a week. The variables of body composition, serum blood lipids, testosterone and growth hormone were measured in all the participants before and after the 12-weeks study. Total cholesterol, triglyceride and low-density lipoprotein cholesterol in time group has been significantly difference ($p<0.01$, $p<0.05$, $p<0.01$). High-density lipoprotein cholesterol in time and time group has been significantly difference ($p<0.05$, $p<0.01$). Growth hormone in group has been significantly difference ($p<0.05$). Our findings indicate that regular physical activity education program improve serum blood lipids, testosterone, growth hormone in obese elementary school male students. Also, it can be an effective means for prevention and treatment of obese children by taking regular after-school physical education programs at the school.

Biography

Bo Sung Kim, from South Korea has studied in rehabilitation and exercise prescription since undergrad. Kim is a second-year master's degree student in exercise physiology from Pusan National University in South Korea. He works in an exercise physiology laboratory. He is currently interested in studying impact for prevention and treatment of obese children by taking regular physical activity.

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Accepted Abstracts

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Complementary and alternative medicine use in patients with hyperlipidemia

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Background & Aim: Dyslipidemia remains a significant risk factor for cardiovascular disease. However, the adherence to lipid lowering therapy is often affected by its' side effects and use of Complementary and Alternative Medicine (CAM). This study aims to find out about the usage of CAM in patients with dyslipidemia and its association with adherence to lipid lowering therapy.

Method: A cross-sectional survey was carried out using face and content validated questionnaire among patients aged 18 years and above with dyslipidemia and on lipid lowering therapy for at least one year. Adherence was assessed using the validated Morisky Medication Adherence Scale-8.

Result: 116 respondents (29.1%) use CAM to lower their lipid level. The most common CAM used among them is fish oil (74%), followed by garlic and apple cider vinegar at 40% and 37% respectively. Majority of respondents with low adherence (85.7%) used CAM to help lower their blood lipid levels. The association between level of adherence and using CAM was statistically significant ($p<0.05$). Factors significantly associated with CAM usage ($p<0.05$) include female gender, higher household income, higher educational level and presence of concurrent medical illness.

Conclusion: CAM usage is high among patients with low adherence. Factors identified to increased CAM usage should be tackled during consultation to increase adherence to evidence-based drug therapy.

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Strategic planning in implementing pediatric early warning signs system and its impact on nurse's compliance toward safe nursing care

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In last JCIA accreditation visit in 2015, it was recommended to introduce alert tool bedsides nurses to recognize patients at risk for clinical deterioration and to provide immediate needed assessment and care in a timely manner. Evidence showed that Pediatric Early Warning System (PEWS) improves safe patient's hospitalization. This project took a place in all pediatric in-patient units. Multiple PDSA cycles were used for this initiative. Implementation plan was put in place to train around 600 nurses. There were four modules used for training: Unit-based training, simulation based training, awareness campaigns and PEWS manual for nurses. During implementation, more than 70 training sessions were conducted. An audit tool was created to monitor nurse's compliance to PEWS protocols with audit methodology. The process measures that were monitored are timely assessment of PEWS score, escalation of PEWS score 5 and above if clinically indicated in a timely manner. After the complete implementation of PEWS on June 2017, collected data showed compliance rate of 91% to PEWS timely assessment and 95% escalating in a timely manner. High compliance rate has a positive impact on patient care in detecting acute ill patients. That led to decrease unplanned PICU admissions by 44%, mortality after unplanned PICU admission by 35%, decrease length of stay by 2 days per patient and decrease incidents reported by safety reporting system by 75%. PEWS implementation went successfully. It has a huge impact in patient's safety in our organization from different diminishes.

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Midwifery education, profession and practices in Cox's Bazar

Hasnain Sabih Nayak
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Bangladesh has made a great progress in reducing infant and maternal mortality rates as part of the MDGs. Yet every year there are significant numbers of maternal and neonatal deaths. Thus, introduction of midwifery services seemed imperative. A 3-year midwifery diploma was started by Government of Bangladesh, supported by WHO and UNFPA in public/government sector and by BRAC University (BRACU) with UK Aid funding from UK government in non-government sector. In Cox's Bazar more than 90% women give birth at home, less than half of them attended by skilled healthcare workers. As one of the seven partner sites of BRACU in the 'Community-based Midwifery Diploma Program', HOPE Foundation for Women and Children of Bangladesh, based in Cox's Bazar, started training Bangladesh's first class of 30 midwives in 2013. All the students selected for this program are local to Cox's Bazar, with the intent that these girls will remain local upon graduation to meet the high needs of maternal care in the remote areas. Despite some challenges, 29 graduated from the first cohort and obtained professional certificates to be able to practice individually on their own. Institutional job opportunities work as pull factors for migration of the midwives to the bigger cities. However, forced displacement of Rohingya population to Cox's Bazar from Myanmar, with a huge number of pregnant women, resulting in a higher need/demand for the midwives, acts as a counter pull-factor for repatriation or re-migration for the midwives to get back to Cox's Bazar.

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Pregnancy and childbirth experiences of women with epilepsy: A phenomenological approach

Joung Woo Joung
Kyungpook National University, South Korea

There has been increasing awareness of epilepsy risk in pregnancy and childbirth among health professionals, but these women's perspective has not been previously studied. This study is to understand and describe pregnancy and childbirth experiences of women with epilepsy. Data were collected from 2016-2017 through in-depth interviews with women with epilepsy who experienced childbirth within 36 months. Verbatim transcripts were analyzed following Colaizzi's phenomenological analysis to uncover the meaning of the experiences of participants. The pregnancy and childbirth experiences of women with epilepsy were clustered into six theme clusters and 14 themes from 28 meaning units: (1) Overwhelmed with anxiety regarding possible abnormalities in baby, (2) taken back by unexpected change in seizure severity and frequency, (3) struggling with the decision to breastfeed, (4) increasing worry about passing down the disease, (5) management of the burdens of both childcare and seizure control, and (6) the rewards of childbirth for a woman with epilepsy. Participants faced various physical and emotional hardships related to their illness during pregnancy and childbirth. Advice from health professionals and support from family members were essential to overcome these hardships. Participants also gained insight into their illness and better understanding of the importance of maintaining their health to the welfare of child through the transition period of pregnancy and childbirth. Health professionals should work collaboratively to provide more concerted opinions for these women to make sound decisions in every step of this period and should be active partners in planning and caring for mothers and children after birth.

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Analyzing HBV infection risk arising from PIs among Taiwan's HCWs

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Background & Aim: Taiwan is a high endemic area for Hepatitis B Virus (HBV), with approximately 17% of the public was seropositive for HBV. Because of the high population prevalence of blood-borne viruses such as HBV in Taiwan, Health Care Workers (HCWs) in this country may be facing higher seroconversion occupational risks stemming from Percutaneous Injuries (PIs) compared to other developed countries. The aim of this study was to calculate the incidence rate of HBV high infection risk PIs for Taiwan's HCWs and to estimate the annual number of HBV seroconversion after high infection risk PIs for those HCWs.

Method: This analysis includes data from Chinese EPINet between 1 January 2012 and 31 December 2012. Incidence rate was calculated by using the number of the full-time equivalent HCWs in the hospitals which contributed reporting of the HBV high infection risk PIs. The national HCWs number of seroconversion after HBV high infection risk PIs was estimated by incidence rate, the probabilities (12%~31%) of seroconversion in literature review and the numbers of national HCWs in Taiwan.

Result: The incidence rate of HBV high infection risk PIs is 0.44/100 FTEs for Taiwan's HCWs. The annual number HBV seroconversion is estimated to be 11~28 for Taiwan's HCWs. If considered the underreporting rate, the number may be estimated to be 52~133.

Conclusion: The estimated number of HBV seroconversion is a reminder and an alert to all HCWs. It should be provided a comprehensive Hepatitis B vaccine delivery plan for all medical personnel, medical personnel and support workers, to enhance immunity and reduce occupational injuries.

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Necrotizing enterocolitis in a preterm infant newborn and role of feeding: An update

Amr I M Hawal, Ajman and El Atawy Khaled M
Latifa Hospital, UAE

It is a clinical case presentation of a male preterm infant newborn (+31 weeks) that was delivered in our hospital and transferred to our NICU because of prematurity, VLBW and need to respiratory support. Baby shortly undergo Necrotizing Enterocolitis (NEC) on 5th day of life shortly after start of expressed milk feeding, which was early detected by use of Near Infrared Abdominal Spectroscopy (NIRS). Baby was deteriorated clinically in a couple of hours and undergoes intestinal perforation with peritonitis. So, abdominal exploration surgery with intestinal resection and end-to-end anastomosis was done urgently. Baby improved gradually and early feedings was started and gradually increased up to full feedings with use of Human Fortified Milk (HMF) and probiotics, prebiotics. The study stated the evidence-based feeding strategies guidelines for Necrotizing Enterocolitis (NEC) among very low birth weight infants and role of trophic feedings, probiotics, prebiotics and micronutrients in prophylaxis, prevention and management of NEC. Prematurity is the single greatest risk factor for NEC and avoidance of premature birth is the best way to prevent NEC. The role of feeding in the pathogenesis of NEC is uncertain, but it seems prudent to use breast milk (when available) and advance feedings slowly and cautiously. NEC is one of the main sources of mortality and the most widely recognized explanation behind developing GI medical procedure in infants. NEC remains a noteworthy unsolved medicinal challenge, for which no particular treatment exists and its pathogenesis stays disputable. A better comprehension of the pathophysiology will offer new and imaginative helpful methodologies and future examinations ought to be centered on the parts of the epithelial boundary, inborn invulnerability and micro biota in this issue. Bioinformatics displaying is another rising system went for understanding the flow of different inflammatory markers and their application in early diagnosis.

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emergencymedicine.healthconferences.org

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pharmacology.nursingconference.com

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healthcare.nursingmeetings.com

5th World Holistic Nursing Conference
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holistic.nursingconference.com

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