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Obesogenic behaviour and binge eating disorder in an elderly female with Schizophrenia

Vishnupriya
Madras Medical College, India

Eating disorders like binge eating have a strong connection with schizophrenia. Problems like disordered eating, cognition and abnormal behaviour in Schizophrenia can itself precipitate eating disorders. Altering the obesogenic behaviours by adapting healthy eating habits is effective in reducing the binging episodes. Previous researches have highlighted certain common things like neuronal structures; hormones like hypocretin to be responsible for the origin of eating disorders in Schizophrenia. Antipsychotic medications have a role in altering the eating patterns in patients with schizophrenia. High incidence of eating disorders is found in adolescents with psychosis. Here we present a case report of an elderly female with obesogenic behaviour and binge eating disorder. Our patient has an atypical age of onset and there were no psychopathological symptoms contributing to the binging.

Biography

Vishnupriya completed her MD Psychiatry from the prestigious Madras Medical College, Chennai in 2018 and finished her Diplomate in National Board from National Board of Examinations, NBE in 2019. Following the completion of her MD, she worked for 3 yrs. in a private medical college as an Assistant Professor and she also run her own clinic. She has experience in procedures like Electroconvulsive therapy (ECT) and I.V Ketamine therapy for depression. She treats all sort of mind related problems like depression, anxiety, sleep related issues,addiction,psychosis,schizophrenia,behaviouralchanges,mood problems, neuropsychiatric manifestations of epilepsy, stroke, brain injury, endocrine disorders thorough medicines as well as psychotherapy. Her field of interest are neuropsychiatry, geriatric psychiatry, women and mental health