12th International Conference on

Stress, Mindfulness, Meditation and Resilience

April 23-24, 2025 | Paris, France

Proceedings and Articles published with

- Journal of Depression and Anxiety: Open Access
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- International Journal of Emergency Mental Health and Human Resilience: Open Access
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URL: https://stress-mindfulness.annualcongress.com/

10+ Keynote Speakers

3+ Training Courses

5+ Workshops

100+ Keynote Speakers

20+ Exhibitors

B2B Meetings

Networking with Expers

20+ Exhibitors

About the conference

We are pleased to announce the “12th International Conference on Stress, Mindfulness, Meditation, and Resilience,” scheduled for April 23-24, 2025, in Paris, France.

Scientific meetings and conferences are pivotal to the scientific process, providing a primary platform for Academicians, Scientists, Practitioners, Students, Scholars, Researchers, Family Physicians, Health Educators, Social Workers, and Business Professionals. These events offer an opportunity to present and receive feedback on research before publication, foster collaborations, and network to share innovative research ideas.

Stress and Mindfulness 2025 is a meticulously crafted two-day event featuring high-quality presentations, keynote addresses, oral presentations, plenary sessions, intensive scientific topics, panel discussions, workshops, special sessions, student poster presentations, round table discussions, and exhibitions. This event will showcase the world’s leading minds in medicine, science, and technology.

Why to attend the conference

Stress and Mindfulness 2025 Conference will provide a perfect platform addressing:

- Commendable talks related to Tuberculosis and Respiratory care by the first string of the global scientific community.
- Outstanding workshop sessions.
- Global Recognition and Remarkable Awards to meritorious Researchers.
- Global Networking with 50+ Countries.
- Innovative Novel Techniques to Benefit Your Research.
- Global Business Opportunities and Networking.
- Exquisite platform for exhibiting your by-products and International Sponsorship
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Sessions of the conference

- Stress, Types, Causes and Management
- Mindfulness and Compassion
- Psychology and Psychological Resilience
- Psychiatry and Psychiatric Disorders
- Positive Psychology and Happiness
- Anger Management and Negative Outcomes
- Anxiety, Phobias and Panic Disorders
- Depression, Symptoms and Trauma
- Entrepreneurship and Workplace Stress
- Mental Health and Wellbeing:
- Yoga and Meditation:
- Holistic Health and Holistic Medicine
- Psychotherapy and Counceling
- Addiction, Drug Abuse and Recovery
- Optimism and Mindset
- Emotional Intelligence and Relationships
- Mindful Eating, Nutrition and Obesity
- Post-Traumatic Stress Disorder (PTSD):
- Obsessive-Compulsive Disorder (OCD)
- Self-Harm and Suicide Prevention
- Insomnia and Sleep Disorders
- Schizophrenia and Bipolar Disorders
- Psychopathology and Antidepressants
- Psychometrics, Psychosis and Psychological Assessment





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OCM's & Renowned Speakers of the Conference



Aleksandrs Ribakovs
Radiologist, Latvia



Crystal Kaur Toor
King's College London University
Saudi Arabia



Shivangi Gupta
Research Scholar, Department of HSS, IIT Guwahati, India



Juliet Roudini
Berlin Institute of Health Charité, Germany



Sara Albuquerque
Universidade Lusófona, Portugal



Maria Leonor Almeida
Catholic University of Portugal, Portugal



Isabel Santos
Universidade Lusófona
Portugal



Yancy SHI
The Education University of Hong Kong
Hong Kong



Yo Hyeong Kim
Shanghai American School China
China

Special Benefits

- Research Excellence Award
- Scientific Service Achievement Award)
- The Research Contribution Award
- The Upcoming Researcher Award
- The Women of Science Award
- Outstanding speaker in Stress and Mindfulness 2025
- Best Keynote Speaker in Stress and Mindfulness 2025
- Best Poster Presentation in Stress and Mindfulness 2025
- Outstanding Masters/Ph.D./Post Doctorate thesis work

Presentation in Stress and Mindfulness 2025

- Young Research Forum
- Best Presentation honorarium







Publication Opportunities

We provide you with the opportunity to publish your article with our Scopus indexed journals so that you can advance upward academic mobility through access to high-quality research and publication material.

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Paris City Attractions



Glimpses of the previous conference



Sponsorship and Exhibition

Diamond

- Three workshop slots (audio visual included).
- Two complimentary exhibit booths with priority to purchase exhibition space and choose booth location (Booth size-3X3 sqm)
- Four complimentary registrations
- Logo recognition on congress website front page with link, sponsorship page
- One A4 color advertisement in the congress souvenir
- Three inserts provided by the sponsor in the congress delegate bags

Platinum

- Two corporate sponsored workshop slots
- One complimentary exhibit booth with priority to purchase exhibition space and choose booth location (Booth size-3X3 sqm)
- Three complimentary congress registrations
- Logo recognition on congress website front page with link and logo recognition on congress sponsorship page
- One A4 color advertisement in the congress souvenir
- Two inserts provided by the sponsor in the congress delegate bags.

Diamond

- Three workshop slots (audio visual included).
- Two complimentary exhibit booths with priority to purchase exhibition space and choose booth location (Booth size-3X3 sqm)
- Four complimentary registrations
- Logo recognition on congress website front page with link, sponsorship page
- One A4 color advertisement in the congress souvenir
- Three inserts provided by the sponsor in the congress delegate bags

Exhibition

- One complimentary congress registration
- Set up of one tailor-made exhibit booth (Booth Size 3x3 sqm)
- Logo recognition on congress website sponsorship page
- Color Advertisement in Congress souvenir
- Inclusion of your company's leaflet/insert in the congress delegate bags
- An exclusive online promotion on all our social Networking Sites
- Shape and raise your corporate image through logo branding
- Press Release on behalf of your company

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Sponsorship and Exhibition

Registrations

Academic Registration	: 489 Euros
Business Registration	: 659 Euros
Registration + Article Publication	: 1599 Euros
Student Registration	: 369 Euros
Young Research Forum	: 389 Euros
Video Presentation	: 299 Euros
E-Poster	: 399Euros

Important Dates

Early bird Registration before	: October 10, 2024
General Registration before	: Feb 28, 2025
Final Registration before	: Apr 13, 2025
Submit abstract before	: February 07, 2025



Contact:

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