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Scientific Program

3rd International Conference on

Depression, Anxiety and Stress Management

June 21-22, 2017 London, UK



Conference Series - America

One Commerce Center-1201, Orange St. #600, Wilmington, Zip 19899, Delaware, USA
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Conference Series - UK

Kemp House, 152 City Road, London EC1V 2NX, UK
Toll Free: +1-800-014-8923

Day 1 June 21, 2017

08:30-09:00 Registrations

Waterfront 3

conferenceseries.com 09:00-09:30 **Opening Ceremony**

Keynote Forum

09:30-10:15	**Title: Has the UK Brexit decision increased stress, anxiety and depression in UK Black, Asaian and minority ethnic communities and how would we know?** **David Truswell,** Somefreshthinking Consultancy, UK
10:15-11:00	**Title: Effect and its Mechanism of Acupuncture Stimulation at "Bai-Hui" (GV 20) and / or "Yintáng" (Ex-HN3) on Depressed Mice, Rats and Humans** **Torao Ishida,** Suzuka University of Medical Science, Japan
	Networking & Refreshment Break: 11:00-11:15 @ Foyer
11:15-12:00	**Title: Cultural activities in the work place** **Tores Theorell,** Stockholm University, Sweden
	Group Photo
	Workshop
12:00-12:45	**Title: The International Association for Rewind Trauma Therapy** **David Muss,** BMI Hospital, UK
Sessions: Stress | Stress Therapies | Trauma | Depression | Work Stress	
Session Chair: David Truswell, Somefreshthinking Consultancy, UK **Session Co Chair: Tores Theorell,** Stockholm University, Sweden	
	Session Introduction
12:45-13:15	**Title: Coping with Stress: Insights from an Online Mental Health Platform** **Denny Meyer,** Swinburne University of Technology, Australia
13:15-13:45	**Title: Depression and Alcoholism as comorbidities** **Wayne Grant Carter,** University of Nottingham, UK
	Lunch Break 13:45-14:30 @ Restaurant
14:30-15:00	**Title: Professional Burnout in British GPs: Themes and Lessons** **Deen Mirza,** Clinical Educator, AT Medics, UK
15:00-15:30	**Title: The forbidden Stress:The Stress that's forbidden, hidden and calls for a spiritual solution** **Marina Ziff,** The Albany Centre & Mosaic Counselling Services (CIC), UK
15:30-16:00	**Title: Depression, Anxiety and Stress among University Students: The Case of Jeddah, Saudi Arabia** **Saddiga Al-Ghalib,** Effat University, Saudi Arabia
	Networking & Refreshment Break: 16:00-16:15 @ Foyer
16:15-16:45	**Title: Leading Transformation in Healthcare and the role of Emotional Intelligence** **Jacqueline A Hinds,** Society of Emotional Intelligence, UK
16:45-17:15	**Title: Stress at work: Psychodynamics in asymmetrical work relationships** **Andrew firestone,** Psychiatrists in private practice, Australia
	Workshop
17:15-18:15	**Title: The Art of BART: Bilateral Affective Reprocessing of Thoughts as a dynamic model for psychotherapy across the lifespan** **Arthur G O'Malley,** Mascot Child and Family Services limited, UK
	End of Day 1

Day 2 June 22, 2017

Waterfront 3

Keynote Forum

09:30-10:15	**Title: Evaluation of a program to reduce stress in the workplace using mixed methods** **Denny Meyer,** Swinburne University of Technology, Australia
10:15-11:00	**Title: Don't nobody care about us girl: A cultural-relevant anxiety and stress intervention for inner-city African American girls** **Angela Neal-Barnett,** Kent State University, USA

Networking & Refreshment Break 11:00-11:15 @ Foyer

Workshop

11:15-12:15	**Title: Yoga-based Stress Management: Introducing Yogic Principles and Practices for Stress Relief** **Lucy Lila Nelson,** Certified Life Coach & Yoga Teacher, New York, USA

Sessions: Anxiety Disorders | Depression Treatment | Suicide and Prevention | Stress Therapies | PTSD

Session Chair: David Truswell, Somefreshthinking Consultancy, UK

Session Introduction

12:15-12:45	**Title: Treatment of resistant depression: Have we missed the right track ?** **Aboelezz Mahmoud Kalboush,** Alnoor Specialist Hospital, Saudi Arabia
12:45-13:15	**Title: A Teaser Exercise to Prompt Neurogenesis and restore the stressed mind** **Belinda Neil,** Author - Under Siege, Australia

Lunch Break 13:15-14:00 @ Restaurant

14:00-14:30	**Title: Baby-Gaze: a neurobiological method of rapid attenuation of Symptoms of anxiety** **Andrew John Ashworth,** Breich Valley Medical Practice, UK
14:30-15:00	**Title: Stress, coping and biological vulnerability in suicide attempters** **Asa Westrin,** Lund University, Sweden.
15:00-15:30	**Title: Vicarious trauma, PTSD and social media: Does watching graphic videos cause trauma?** **Pam Ramsden,** University of Bradford, UK

Networking & Refreshment Break 15:30-15:45 @ Foyer

Closing Ceremony

Bookmark your dates

4th International Conference on

Depression, Anxiety and Stress Management

May 10-11 , 2018 Frankfurt, Germany

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