Tentative Program

3rd International Conference on

Depression, Anxiety and Stress Management

June 21-22, 2017 London, UK



Interactive Sessions | Keynote Lectures | Plenary Lectures | Workshops | Exhibitors | B2B Meetings

For available speaker slots

stress@psychiatrycongress.com

Day 1 June 21, 2017

08:30-09:00 Registrations

Waterfront 3

conferenceseries.com 09:00-09:30 **Opening Ceremony**

Keynote Forum

09:30-10:15 **Title: Has the UK Brexit decision increased stress, anxiety and depression in UK Black, Asaian and minority ethnic communities and how would we know?**
David Truswell, Somefreshthinking Consultancy, UK

10:15-11:00 **Title: Effect and its Mechanism of Acupuncture Stimulation at "Bai-Hui" (GV 20) and / or "Yintáng" (Ex-HN3) on Depressed Mice, Rats and Humans.**
Torao Ishida, Suzuka University of Medical Science, Japan

Networking & Refreshment Break @ Foyer 11:00-11:15

11:15-11:45 **Title: Cultural activities in the work place**
Tores Theorell, Stockholm University, Sweden

Group Photo

Workshop

11:45-12:30 **Title: The International Association for Rewind Trauma Therapy**
David Muss, BMI Hospital, UK

Group Photo

Sessions:
Stress | Stress Therapies | Trauma | Depression | Yoga

Session Chair: TBA

Session Co-chair: TBA

Session Introduction

12:30-13:00 **Title: Coping with Stress: Insights from an Online Mental Health Platform**
Denny Meyer, Swinburne University of Technology, Australia

13:00-13:30 **Title: Depression and Alcoholism as comorbidities**
Wayne Grant Carter, University of Nottingham, UK

Lunch Break @ Restaurant 13:30-14:15

14:15-14:45 **Title: Professional Burnout in British GPs: Themes and Lessons**
Deen Mirza, Clinical Educator, London

14:45-15:15 **Title: The forbidden Stress:The Stress that's forbidden, hidden and calls for a spiritual solution**
Marina Ziff, The Albany Centre & Mosaic Counselling Services (CIC), UK

15:15-15:45 **Title: Depression, Anxiety and Stress among University Students: The Case of Jeddah, Saudi Arabia**
Saddiga AlGhalib, Effat University, Saudi Arabia

Networking & Refreshment Break @ Foyer 15:45-16:00

16:00-16:30 **Title: Leading Transformation in Healthcare and the role of Emotional Intelligence**
Jacqueline A. Hinds, Society of Emotional Intelligence, UK

16:30-17:00 **Title: Stress at work: Psychodynamics in asymmetrical work relationships**
Andrew firestone, Private practice, Australia

Workshop

17:00-18:00	**Title: The Art of BART: Bilateral Affective Reprocessing of Thoughts as a dynamic model for psychotherapy across the lifespan** **Arthur G. O'Malley, Mascot Child and Family Services limited, UK**
18:00-19:00	**Title: Yoga-based Stress Management: Introducing Yogic Principles and Practices for Stress Relief** **Lucy Lila Nelson,** Certified Yoga Teacher, USA

Sessions:

Day 2 June 22, 2017

Waterfront 3

Keynote Forum

09:30-10:15	**Title: Evaluation of a program to reduce stress in the workplace using mixed methods** **Denny Meyer,** Swinburne University of Technology, Australia
10:15-11:45	**Title: Don't nobody care about us girls: Anxiety and Stress intervention with inner-city African American girls** **Angela Neal-Barnett,** Program for Research on Anxiety Disorders among African Americans, USA

Networking & Refreshment Break @ Foyer 11:45-12:00

Sessions:
Anxiety Disorders | Depression Treatment | Suicide and Prevention | Stress Therapies | PTSD

Session Chair: TBA

Session Introduction

12:00-12:30	**Title: Treatment of resistant depression : Have we missed the right track ?** **Aboelezz Mahmoud Kalboush,** Alnoor Specialist Hospital, Saudi Arabia
12:30-13:00	**Title: A Teaser Exercise to Prompt Neurogenesis and restore the stressed mind** **Belinda Neil, Author - Under Siege, Australia**

Lunch Break @ Restaurant 13:00-13:45

13:45-14:15	**Title: Baby-Gaze: a neurobiological method of rapid attenuation of Symptoms of anxiety** **Andrew Ashworth, Breich Valley Medical Practice, UK**
14:15-15:00	**Title: Stress, coping and biological vulnerability in suicide attempters** **Asa Westrin,** Lund University, Sweden.
15:00-15:30	**Title: Vicarious trauma, PTSD and social media: Does watching graphic videos cause trauma?** **Pam Ramsden,** University of Bradford, UK

Networking & Refreshment Break @ Foyer 15:30-15:45

Closing Ceremony

Major Scientific Sessions

- Post-traumatic Stress Disorder
- Anxiety Disorders
- Depression
- Schizophrenia and Bipolar Disorder
- Stress and Insomnia
- Stress Related Disorders
- Child and adolescent Mood Disorders
- Personality disorders
- Panic Disorder and Trauma
- Yoga and Holistic Health
- Suicide and Prevention
- Sexual Abuse and Substance Use Disorders
- Phobia and its treatment
- Work Stress
- Stress Medication and Management
- Depression Treatment
- Stress Therapies
- PsychoPharmacologyForensic Mental Health

Best Poster Award



- You will be given about 5-7 minutes to present your poster including questions and answers. Judges may pose questions during the evaluation of the poster
- Judges will even evaluate the student's enthusiasm towards their study, interest and knowledge in the area of their research
- The winners will be announced at the closing ceremony of the conference. The decision of the winner will be withdrawn if the winner/winners is/are not present at the time of announcement
- Apart from the judging time you may also be present at the poster to share your research with interested delegates



Young Researchers Forum

- Present your research through oral presentations
- Learn about career development and the latest research tools and technologies in your field
- This forum will give pertinent and timely information to those who conduct research and those who use and benefit from research
- Develop a foundation for collaboration among young researchers
- The forum will provide an opportunity for collegial interaction with other young investigators and established senior investigators across the globe
- Interact and share ideas with both peers and mentors

General Queries
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Conference Venue

London, UK

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Glimpses of Stress 2016



















Best Tourist Destinations in London, UK



5 Off the Beaten Path Sights in London



5 Reasons to celebrate New Year's in London



10 Best Day Trips from London



10 Top Tourist Attractions in London



Piccadilly Circus and Trafalgar Square



Big Ben and Parliament



British Museum



Coca-Cola London Eye



Hampton Court Palace



Royal Museums Greenwich



National Gallery



Natural History Museum