

Promoting Nutrition Practices and Enhancing Lifelong Health, Fitness, and Sports Performance

August 16-17, 2018
Dublin, Ireland

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https://sportsnutrition.nutritionalconference.com/

SCHEDULE

09:00-09:30

REGISTRATION

09:30-12:30

KEYNOTE

12:30-14:30

LUNCH

14:30-16:30

WORKSHOPS

16:30-17:30

SESSION TALKS

17:30-18:30

NETWORKING

Sports Nutrition 2018

PROGRAM AT A GLANCE



DATE: August 16-17, 2018

Dublin, Ireland

Conference Series Ltd extends its welcome to **6th International Conference on Sports Nutrition & Fitness** during **August 16-17, 2018** at **Dublin, Ireland** with a theme "**Promoting Nutrition Practices and Enhancing Lifelong Health, Fitness, and Sports Performance**". Participating at **Sports Nutrition 2018** will provide an exceptional opportunity to interact with world-class Sports nutritionist and Physiotherapist Experts in the field creating a channel for collaborations and partnerships.

CONFERENCESERIES

702-508-5200

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KEY SESSIONS

Sports Nutrition and Fitness

Kinesiology

Fitness Science and Health

Eating Disorders in Athletes

Sports Performance & Physical Health

Sport Psychology

Nutritional Immunology

Musculoskeletal Disorders and Disease

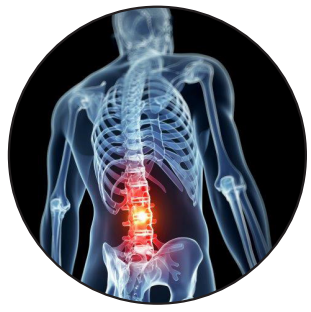
Physical Medicine & Rehabilitation

Sports Medicine & Injuries

Ayurveda and Yoga exercise

Dietary Supplements









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SPORTS NUTRITION

GLIMPSES



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SPORTS MEDICINE AND FITNESS

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Registrations

Hall-Orly

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Opening Ceremony

Keynote Forum

Introduction

Title: Evidence of shockwave treatment in sports medicine

Silvia Ramón Rona, President of Onlat (Latin American Societies and Associations on Shockwave in Medicine), Spain

Title: Train your head… body will follow

Sandy Weston, Owner of Weston Fitness, USA

Networking and Refreshments Break

Title: Hydration status and thermoregulatory responses in drivers during competitive racing

Lara Carlson, University of New England, USA

Plenary Session

Title: Hyperbaric oxygenation in sports medicine: From the empirism to the evidence, A critical review on indications, safety, and rational application

Jordi Desola, Professor of Diving and Hyperbaric Medicine, University of Barcelona, Spain

Panel Discussions/Group Photo

Sessions: Sports Medicine and Fitness | Physical Education and Training

Session Chair: Ahmad Alkhatib, Dasman Diabetes Institute, Kuwait

Session Co-chair: Sandy Weston, Owner of Weston Fitness, USA

Session Introduction

Title: Proposal of fujimmon's growth curve for new standerdyzation as human growth model

Katsunori Fujii, Aichi Institute of Technology, Japan

Title: Movement and eating disorders

Margaret A Geraci, Eastern Illinois University, USA

Title: The relationship between subjective well being and attitude towards physical education and sports: Example of vocational high school

Serdar Kocaekşi, Anadolu University Faculty of Sport Sciences, Turkey

Lunch Break

Sessions: Orthopedic Sports Medicines, Injuries and Treatments | Factors Affecting Sports Performances

Session Chair: Silvia Ramón Rona, President, Catalan Society of Physical Medicine and Rehabilitation (SCMFiR), Spain

Session Co-chair: Dagmar PAVLU, Charles University, Czech Republic

Session Introduction

Title: Advanced Ayurveidic integrated innovative treatment approach for various sports injuries compared with modern treatment- special emphasis on groin, meniscal and shoulder injuries

Arshad P, Daisman Sports Medicine Hospital, India

Title: The management of turf toe – A systematic review

Louis Hainsworth, University of Edinburgh, Scotland

Title: The relationship between anthropometric features and dynamical-statical balance values of competitor sporters

Ahmet Gokhan Yazici, Palandoken State Hospıtal, Turkey

Title: Investigation of the impact of sports, exercise and recreation (ser) participation on psychosocial outcomes in a population of veterans with disabilities.

Justin Z Laferrier, University of Connecticut, USA

Track: Decreasing ankle swelling in athletes with lateral ankle sprain: Is there any difference between neuromuscular electrical stimulation and kinesio taping

Vahid Mazloum, Iran

Workshop

Title: Eating disorders in the athletic population

Margaret A Geraci, Timberline Knolls Residential Treatment Center, USA

Panel Discussion

Day 2 October 06, 2017

Hall-Orly

Keynote Forum

Title: Exercise intensity for health and sports performance: Recent updates

Ahmad Alkhatib, Dasman Diabetes Institute, Kuwait

Title: Elastic resistance training

Dagmar PAVLU, Charles University, Czech Republic

Networking and Refreshments Break

Title: Physical fitness profile in professional bodyguards

Jan Heller, Charles University, Czech Republic

Sessions: Kinesiology and Exercise Science | Physicaltherapy and Rehabilitation | Sports Psychology and Athlete Counseling | Exercise Physiology and Metabolism

Session Chair: Marek Waic, Charles Univerzity, Czech Republic

Session Co-Chair: Carme Carré-Liopis, Medical Director, Instituto Pilar Dominguez, Spain

Session Introduction

Title: Homogeneity among centers in the application of the Pilar Domínguez method in children and adolescents assessed by musculoskeletal parameters. A pilot study

Carme Carré-Liopis, Medical Director, Instituto Pilar Dominguez, Spain

Title: The Effects of Neuromuscular Exercises for Pelvic Alignment versus Standard Exercises for Hip Joint Mobility on Shoulder Range of Motion and Torque Production – A Randomized Blinded Control Group Study

Mohammad Reza Nourbakhsh, University of North Georgia, USA

Title: The psychological profile of youth male soccer players in different playing positions

Amira Najah, University of Tunis, Tunisia

Title: Impact of the collision and push angles on the phases hop, step and jump in the triple jump and their relationship to the stage of take-off

Abdelkader Guebli, Hassiba Benbouali University, Algeria

Lunch Break

Title: The effect of fourteen weeks of gait cycle in autism spectrum disorder

Sara Mirzabeigi Fini, Disabled and Veteran Committee of Equestrian Federation, Iran

Workshop

Title: Ultrasound-guided regenerative injection therapy for sports injuries

Jeimylo C De Castro, American Academy and Board of Regenerative Medicine, Phillipines

Poster Presentation 16:00-17:30 @ Foyer

SMC201701	**Title: The effectiveness of pilar dominguez method based on dance exercise and movement to improve posture and musculoskeletal disorders amongst children and teenagers. A pilot study** **Carme Carré-Liopis,** Medical Director, Pilar Domínguez, Spain
SMC201702	**Title: Evaluation of female athlete triad in female university athletes** **Aki Osawa,** Juntendo University Urayasu Hospital, Japan
SMC201703	**Title: Beginnings and development of sports sciences in Czechoslovakia 1918 – 1938** **Marek Waic,** Charles Univerzity, Czech Republic
SMC201704	**Title: The effect of road cycling vs. distance running on loaded and non-loaded limb bone density in recreational male athletes** **Marc Potter,** Blackpool and The Fylde College, Univeristy Centre, UK

SMC201705	**Title: The regular practice of running remarkably increases plasma BDNF levels in middle-aged and elderly ammateur runners** **Maristela Souza,** Methodist University, Brazil
SMC201706	**Title: Psychological characteristics of male youth soccer players: Specificity of mental attributes according to age categories'** **Amira Najah,** University of Tunis, Tunisia
SMC201707	**Title: Ski injuries of dizin ski slope infirmary patients during skiing season of 2008-2009** **Amir Hossein Khalilifar,** Ski National Federation, Iran
SMC201708	**Title: Chronic head trauma in sports as a sause of hypopituitarism: A survey on iranian national boxers** **Yasaman Keivanchehr,** University of Medical Science, Iran

Panel Discussion

Awards & Closing Ceremony



Bookmark your dates

6th International Conference on

SPORTS NUTRITION & FITNESS

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Day 1 April 18, 2016

Registrations

Grand Hall A

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Opening Ceremony

Keynote Forum

Introduction

Title: Current concepts of treatment of ACL injuries

Harris Zourelidis, Dubai Bone and Joint Center, UAE

Title: Paragliding related vertebral injuries

Henrik C Bäcker, Cantonal Hospital of Lucerne, Switzerland

Title: Barefoot and shod walking in virtual reality environment with Oxford foot model

Vicki Cameron, Founder and CEO StEPS Podiatry, Scotland, UK

Networking & Refreshments Break

Group Photo

Track 1: Sports Science: Physical Education and Training

Session Chairs: Ahmad Alkhatib, Abertay University, UK

Session Co-Chair: Suad Alanzi, Ministry of Health, Kuwait

Session Introduction

Title: The variance of daily training load in Arabic professional youth soccer players after a change of head coach during the in season

Guido Seerden, Al Shabab Al Arabi Football Club, UAE

Title: The effect of physical activity program for improving functional level of children with developmental coordination disorder

Suad Alanzi, Ministry of Health, Kuwait

Title: The effect of 12 sessions of combined exercises (endurance-resistance) on some physical fitness factors in female students

Najmeh Arabnejad, Kerman Medical Science University, Iran

Title: Effect of combined aerobic strength training and SAQ training followed by detraining on selected variables of soccer players

Abdussalam Kanniyan, King Fahad University of Petrolium and minerals, Saudi Arabia

Title: Effects of unilateral training on specific skills of young basketball players

Aleksandar Cvorovic, Abu Dhabi Police College, UAE

Lunch Break

Title: Return to play after injury in youth soccer: Where do growth and maturation fit into the picture?

Olivier Materne, Aspire Academy, Qatar

Video Presentation on Pharmacology and sport: An oral presentation on the importance of pharmacological knowledge within the sport and fitness community

Ciara Delgado and **Greg Gasior,** Charlotte Athletic Club- Duke Energy Center, USA

Title: Microvascular responses to exercise training using a novel non-invasive approach: a study protocol

Ahmad Alkhatib, Abertay University, UK

Title: A comparative and quantitative electromyographic analysis of shoulder and wrist muscles in cricket fast bowlers during bouncer and yorker delivery

Animesh Hazari, Manipal University, India

Title: Biofeedback treatment in sport rehabilitation

Mahindokht Rouhikia, Arya Clinic, UAE

Title: Horizontal alternation in daily training load within Arabic professional youth soccer players during the in-season

Guido Seerden, Al Shabab Al Arabi Football Club, UAE

Title: Clavicle fracture update: Treatment of sport-related clavicle fractures & injuries of the AC joint

Jonas R Rudzki, The George Washington University School of Medicine, USA

Networking & Refreshments Break

Track 2: Exercise and Fitness: Physiology & Metabolism

Session Chairs: Vicki Cameron, Founder and CEO StEPS Podiatry, Scotland, UK

Session Co-Chair: Guido Seerden, Al Shabab Al Arabi Football Club, UAE

Title: Deviant! Muscularity in women who do mixed martial arts: Navigating stereotypical femininity in different social contexts as a muscular woman who does MMA

Alexandra Maris, University of Toronto, Canada

Title: The role of lifestyle behavior change associated with non-communicable disease risk in managing health conditions

Amani Kamal Saqallah, Zayed University, UAE

Title: Muscle mechanics and physiology behind exercise

Md Sakibuzzaman, Sir Salimullah Medical College, Bangladesh

Panel Discussion

Day 2 April 19, 2016

Grand Hall A

Keynote Forum

Title: Metabolic exercise assessment: Methodological recommendations for clinicians, health and exercise

Ahmad Alkhatib, Abertay University, UK

Title: Effect of combined aerobic strength training and SAQ training followed by detraining on selected variables of soccer players

Abdussalam Kanniyan, King Fahad University of Petrolium and Minerals, Saudi Arabia

Track 3: Sports Injury, Pain and Management

Track 4: Orthopedics Sports Medicine and Treatments

Track 5: Physical and Occupational Therapy & Rehabilitation

Track 8: Sports Dentistry

Session Chair: Sujata Khire, Welfare Medical Centre, UAE

Session Co-Chair: Kirill Alekseyev, Kingsbrook Rehabilitation Institute, USA

Session Introduction

Title: A gait analysis toolkit for the foot in rheumatoid arthritis: A case study

Vicki Cameron, Founder and CEO StEPS Podiatry, Scotland, UK

Title: Kinesio taping – Why it works and how it works?

Sujata Khire, Welfare Medical Centre, UAE

Networking & Refreshments Break

Title: The prevalence of musculoskeletal disorders among dental practitioners

Sediqe Ebrahimipour, Birjand University, Iran

Workshop

Use of kinesio taping in the athletic population

Sujata Khire, Welfare Medical Centre, UAE

Lunch Break

Title: Physiotherapy management of meniscal repair- A post-surgical affair

Paul George, Dubai Hospital, UAE

Title: Exploring the relationship of rotator muscle strength and rotation range of motion of the shoulder with the duration of play or shoulder pain in volleyball players with and without unilateral shoulder pain

Jay Patel, Physiomove Rehab, USA

Workshop

Title: Desinging an effective physical activites program for children with developmental coordination disorder based on the ICF model

Suad Alanzi, Ministry of Health, Kuwait

Networking & Refreshments Break

Title: To identify the most common fencing injuries in variety of competitors

Kirill Alekseyev, Kingsbrook Rehabilitation Institute, USA

Poster Presentations

Panel Discussion

Grand Hall A

Keynote Forum

Title: Title: Identifying the most common crossFit injuries in a variety of athletes
Kirill Alekseyev, Kingsbrook Rehabilitation Institute, USA

Workshops

Title: Biomechanical Principles of Foot Injuries Commonly Seen in Sport
Vicki Cameron, Founder and CEO StEPS Podiatry, Scotland, UK

Networking & Refreshments Break

Track 6: Sports Nutrition and Supplements
Track 7: Sports Psychology and Skills Acquisition
Track 8: Sports Dentistry
Track 10: Computer Science In Sports Science
Track 11: Sports Technologies in Talents and Performance

Session Chair: Paul George, Dubai Hospital, UAE
Session Co-Chair: Abdussalam Kanniyan, King Fahad University of Petrolium and minerals, Saudi Arabia

Session Introduction

Title: The pitfalls of self-plagiarism: Implications for physical therapy research
Ashokan Arumugam, Majmaah University, Saudi Arabia
Body composition status of Abu Dhabi police college cadets
Aleksandar Cvorovic, Abu Dhabi Police College, UAE
Septic arthritis following ACL reconstruction: Case series
Mohammad Ashfaq Konchwalla, Saudi German Hospital, UAE
Title: Measuring the impact factors of sporting events which a sports fan, non-sports fan, and athlete considers important when attending a national or international sporting event
Diptesh Andrew, Saint Leo University, USA

Panel Discussion

Lunch Break

Award Ceremony



Bookmark your dates

3rd International Conference on

Sports Medicine and Fitness

May 01-03, 2017 Barcelona, Spain

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