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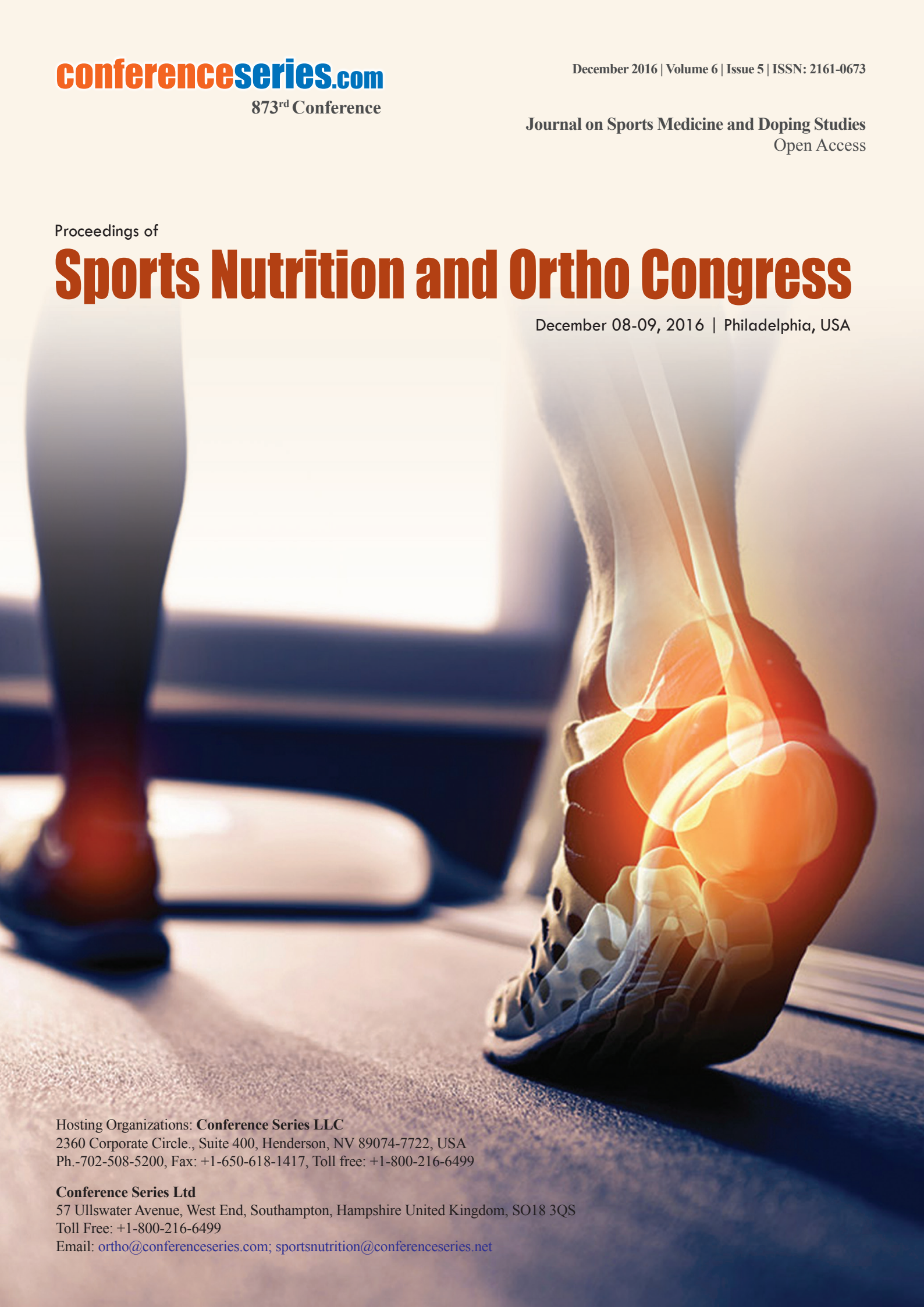
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Sports Nutrition and Ortho Congress

December 08-09, 2016 | Philadelphia, USA



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Day 1 December 08, 2016

09:00-09:30 Registrations

Independence B

conferenceseries.com 9:30-09:55 **Opening Ceremony**

Keynote Forum

09:55-10:00 **Introduction**

10:00-10:40 **Title: Berry polyphenols: New ergogenic aids in sport and exercise?**
Mark Willems, University of Chichester, UK

10:40-11:20 **Title: A case presentation of lengthening of short amputated foot stump**
Ibrahim Aboumira, Al-Azhar University, Egypt

Group Photo & Refreshment Break 11:20-11:40 @ Foyer

11:40-12:20 **Title: Radiographic evaluation of patients undergoing treatment of idiopathic clubfoot by the ponseti method**
Antonio Luiz Goncalves Brandao, COT-Martagao, Brazil

Panel Discussion

Lunch Break 12:40-13:55 @Foyer

Sessions:
Sports Food and Energy Drinks | Podiatry | Sports Nutrition | Orthopaedic Surgery | Rheumatology

Session Introduction

Session Chair: Mark Willems, University of Chichester, UK

13:55-14:25 **Title: Nutritional supplements and energy drinks-dissimilar or similar label and other information that may influence the consumer**
Gary Gabriels, University of Cape Town, South Africa

14:25-14:55 **Title: Surgical treatment strategy for diabetic forefoot osteomyelitis**
Miki Fuji, Kitaharima Medical Center, Japan

14:55-15:25 **Pure daidzein has hypocholesterolemic effect on female SD rats in nutritionally relevant amount: A nutrigenomic study**
Keshab Bhattarai, UGAS- Ehime University, Japan

Video Presentations

15:25-15:45 **Title: Overweight and Obesity and risk of developing rheumatoid arthritis among women: A pooled analysis from two large prospective cohort stuides**
Bing Lu, Brigham and Women's Hospital and Harvard Medical School, USA

15:45-16:05 **Title: Management of unstable pediatric long bones fracture with intramedullary rush pins**
Pramod Lamichhane, Alive Hospital and Trauma Centre, Nepal

Networking and Refreshment 16:05-16-25 @ Foyer

16:25-16:45 **Title: Modified posterior approach to the hip joint**
Mohan Iyer, Retired Senior Orthopaedicians, India

16:45-17:05 **Title: The effect of telephone reminder in physical activity amount and attitude? A randomized clinical trial**
Parisa Nejati, Iran University of Medical Sciences, Iran

17:05-17:25 **Title: Drilling simulation**
Mohammed Mediouni, University of Sherbrooke, Canada

Special Session

17:25-17:55	**Promotional Video by The U.S. Food and Drug Administration's Centre for Food Safety and Applied Nutrition** **Anitra D. Brown**

Panel Discussion 17:55-18:00

Day 2 December 09, 2016

Independence B

Keynote Forum

10:00-10:40 **Title: Best practices in nutritional supplementation and ergogenic aids: A scientific review**
Timothy M. Dornemann, Barton College, USA

10:40-11:20 **Title: Caloric diet and recommendations: Macro nutrient needs based upon body shape**
Brad Johnson, University of Western States, USA

Panel Discussion

Networking and Refreshment 11:20-11:40 @ Foyer

Sessions:
Dietary Supplement | Fitness and Sports Nutrition | Sports Food and Energy Drinks | Orthopaedic Surgery

Session Chair: Antonio Luiz Goncalves Brandao, COT-Martagao, Brazil

11:40-12:10	**Title: Results of pwonseti Brazil program: Multicentric study in 1621 feet preliminary results** **Antonio Luiz Goncalves Brandao**, COT-Martagao, Brazil
12:10-12:40	**Title: Correction of Poliomyelitis foot deformity by ilizarov** **Ibrahim Aboumira**, Al-Azhar University, Egypt
12:40-13:10	**Title: Effect of New Zealand blackcurrant on performance during the running based anaerobic sprint test in elite and non-elite football players** **Mark Willems**, University of Chichester, UK

Lunch Break 13:10-14:10 @ Foyer

14:10-14:40	**Title: Critical analysis of surgical options in hallux valgus** **Cristian Ortiz**, Univesidad del Desarrollo, Chile
14:40-15:10	**Title: Sports drinks, glycerol and body hydration: Are recommendations and practice consistent with research** **Robert A Robergs**, Charles Sturt University, Australia

Poster Presentation 15:10-16:00 @ Benjamin's

SNOC 1	**Title: Cool dudes and African body-image – sports food and energy drink consumption in a sports-resource-deficient urban area in South Africa** **Darlene Miller**, University of Witwatersrand, South Africa
SNOC 2	**Title: A yeast fermentate prevents adverse effects of heat stress** **Henri Alexandre Giblot Ducray**, Auburn University, USA
SNOC 3	**Title: Functional outcome of distal femoral shaft fractures after fixation with tibial nails** **Siddieq Mohammed**, Umm Alqura University, KSA

Networking and Refreshment 16:00-16:20 @ Foyer

Award ceremony

Closing ceremony