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248th OMICS International Conference

Scientific Program

International Conference on

Sports Medicine and Fitness

March 23-25, 2015 Chicago, USA

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Proposals are invited for organizing Symposia/Workshops at OMICS International Conferences or OMICS Group will sponsor small events at your universities in related areas under the title of your own. These proposals can be sent to respective conference mail ids or to *symposia@omicsonline.org*

OMICS International Conferences

5716 Corsa Ave., Suite 110, Westlake, Los Angeles, CA 91362-7354, USA

Phone: +1-650-268-9744, Fax: +1-650-618-1414

Email: sportsmedicine@conferenceseries.com

sportsmedicine@omicsgroup.com



08:30-09:00 Registrations

Zurich

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09:00-09:25 **Opening Ceremony**

Keynote Forum

09:25-09:30	**Introduction**
09:30-10:00	**Jennifer Seyler** Illinois Academy of Nutrition and Dietetics, USA
10:00-10:30	**Ahmad Alkhatib** Qatar University, Qatar
10:30-11:00	**Sally Parsonage** University of Westminster, UK

Networking & Refreshments Break 11:00-11:15 @ Zurich Foyer

11:15-11:45	**Maureen Simmonds** University of Texas, USA

Track-1 Sports education and sports training

Session Chair: Salaheddin Sharif, Sport Medicine Physician, Libya
Session Chair: Maureen Simmonds, University of Texas, USA

Session Introduction

11:45-12:05	**Pre-competition medical assessment of athletes experience in libya** **Salaheddin Sharif,** University of Benghazi, Libya
12:05-12:25	**Effect of hypoxic training and pilates training on selected bio motor and skill related variables of university level soccer players** **Abdussalam Kanniyan,** King Fahd University of Petroleum & Minerals, Saudi Arabia
12:25-12:45	**Gnathopostural approach in sports medicine: clinics and research** **Hans Isselee,** Katholieke Universiteit Leuven, Belgium
12:45-13:05	**The effect of stress and aerobic training on brain- derived neurotrophic factor in vistar rats** **Sheyda Ghanbari Ghoshchi,** Medicine Faculty of Tor Vergata University, Iran

Lunch Break 13:05-13:50 @ Athens

13:50-14:10	**The dangers of over-training** **David Hardin,** TACFIT, USA
14:10-14:30	**Exercise order: differences on neuromuscular performance** **Paulo Marchetti,** Methodist University of Piracicaba, Brazil

Symposium

14:30-16:00	**Exercise prevention of health risks: lessons from the sport science field and potential applications in Qatar** **Ahmad Alkhatib,** Zsuzsanna Kneffel, Ruben Goebel and Lina Majed, Qatar University, Qatar

Networking & Refreshments Break 16:00-16:15 @ Zurich Foyer

Track 2: Sports and health
Track 3: Exercise physiology and role of hormones in sport and fitness
Track 4: Sports nutrituion and sports medicine

Session Chair: Sally Parsonage, University of Westminster, UK

16:15-16-35	**The effects of three levels of contextual inference among athlete children** **Abdulaziz Almustafa,** University of Dammam, Saudi Arabia
16:35-16:55	**Effects of regular sport on sleeping** **Azim Charoosaee,** Islamic Azad University, Iran
16:55-17-15	**Impact of Ramadan on recovery-stress states of female professional basketball players** **Ruben Goebel,** Qatar University, Qatar

17:15-17-35 **The evaluation of impact characteristics causing persistent concussive syndrome in youth**
Lauren Dawson, University of Ottawa, Canada

17:35-17:55 **Sports and health**
Md Sakibuzzaman, Sir Salimullah Medical College, Bangladesh

Panel Discussion 18:10-18:30

Cocktails: Sponsored by Journal of Sports Medicine and Doping Studies

Day 2 March 24, 2015

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Keynote Forum

09:00-09:30 **Trent Nessler**
(A.C.L.), LLC, USA

Track 5: Injuries and orthopedic surgeries in sports
Track 6: Motor skill acquisition and sports psychology

Session Chair: Steve Middleton, Rehabilitation & Sports Medicine Assess treat and Condition, USA

Session Chair: Kaukab Azeem, King Fahd University of Petroleum & Minerals, Saudi Arabia

Session Introduction

09:30-09:50 **Non-traumatic testicular pain due to radiculopathy: a case report**
Steve Middleton, Rehabilitation & Sports Medicine Assess treat and Condition, USA

09:50-10:10 **The injured athlete performance program: a holistic approach to continued physical and mental well-being during injury**
Angus Mugford, Personal and Organizational Performance at IMG, USA

10:10-10:30 **Partial thickness rotator cuff tears: trans-rotator interval repair technique for pasta lesions**
Alex Martusiewicz, Northwestern University, USA

Networking & Refreshments Break 10:30-10:45 @ Zurich Foyer

10:45-11:05 **Influence of resistance training on health and some selected physical variables among college males**
Kaukab Azeem, King Fahd University of Petroleum & Minerals, Saudi Arabia

11:05:11:25 **Studying movement reorganization when learning a whole-body action: example of learning a constrained gait pattern**
Lina Majed, Qatar University, Qatar

Workshop

11:25:13:00 **Training for muscular strength**
Kaukab Azeem, King Fahd University of Petroleum & Minerals, Saudi Arabia

Lunch Break 13:00-13:45 @ Athens

13:45-14:05 **ACL prevention**
Ervin Meqikukiqi, University Of Medical Sciences, Pristina

14:05:14:25 **Does magnetic resonance imaging delay diagnosis of symptomatic acute anterior cruciate ligament rupture?**
Namal Perera, Bradford Royal Infirmary, UK

Track 7: Exercise & physical therapies for multiple diseases
Track 8: Natural or herbal medicine for sports

Session Chair: Paulo Marchetti, Methodist University of Piracicaba, Brazil

14:25-14:45 **The effectiveness of a ten-week exercise intervention to reduce cardiovascular risk factors amongst young male Qatari adults**
Zsuzsanna Kneffel, Qatar University, Qatar

14:45-15:05 **Kinematic characteristic of postural stability during one leg standing in athletes**
Paul Sung, University of Scranton, USA

15:05-15:25 **Analysis of the back squat with and without knee wraps**
Paulo Marchetti, Methodist University of Piracicaba, Brazil

Networking & Refreshments Break 15:25-15:40 @ Zurich Foyer

15:40-16:00 **The effect of exercise on quality of life in postmenopausal women referred to the Bone densitometry centers of Iran University of medical Sciences**
Soghra Nikpour, Iran

16:00-16:20	**Integrative ayurveda healing relieves minor sports injury pain results of a multicenter controlled clinical trial** **Archanaben Nachiketa,** NMP Medical Research Institute, India
16:20-17:20	**Poster Presentations**
	Cocktails: Sponsored by Journal of Sports Medicine and Doping Studies

Day 3 March 25, 2015

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Workshop

09:00:10:45	**Using the science to improve movement in the athlete** **Trent Nessler,** CEO/Founder A.C.L., LLC, USA
	Networking & Refreshments Break 10:45-11:00 @ Zurich Foyer

Workshop

11:00:13:00	**Facial movement pattering** **Steve Middleton,** Rehablitaiton and Sports Medicine Assess treat and Condition, USA
	Lunch Break 13:00-13:45 @ Athens

Symposium

13:45:15:15	**Basic & update of exercise stress test** **Salaheddin Sharif,** University of Benghazi, Libya
	Networking & Refreshments Break 15:15-15:30 @ Zurich Foyer

Award Ceremony



Bookmark your dates

2nd International Conference on

Sports Medicine and Fitness

April 04-06, 2016 Dubai, UAE

Website: http://sports.conferenceseries.com/

OMICS Group Inc.
2360 Corporate Circle, Suite 400
Henderson, NV 89074-7722, USA
Ph: +1-888-843-8169
Fax: +1-650-618-1417
contact@omicsgroup.com

OMICS Publishing Group
5716 Corsa Ave., Suite 110, Westlake
Los Angeles, CA 91362-7354, USA
Ph: +1-650-268-9744
Fax: +1-650-618-1414
contact.americas@omicsonline.org

OMICS Group
SEZ Unit, Building No. 20, 9th Floor
APIIC Layout, HITEC City
Hyderabad-500081, Telangana, INDIA
Ph: 040-40131823, 040-47482222
contact.asiapacific@omicsonline.org

Toll free
USA & Canada: +1-800-216-6499
Australia: +1-800-651-097
Europe: 0805-080048