6th World Congress on

Sleep Disorders and Therapeutics

April 24-25, 2025 | Amsterdam, Netherlands

Proceedings and Articles published with

- Journal of Sleep Disorders: Treatment and Care
  ISSN: 2325-9639
- Neurological Disorders
  ISSN: 2329-6895

10+ Keynote Speakers

3+ Training Courses

5+ Workshops

50+ Speakers

150+ Delegates

B2B Meetings

Networking with Expers

20+ Exhibitors

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About the conference

The 6th World Sleep Disorders and Therapeutics Conference is a pivotal event in the field of sleep medicine, held on April 24-25, 2025 in the beautiful Dutch city of Amsterdam,Netherlands bringing together a diverse range of experts including researchers, clinicians and industry innovators. The conference aims to delve deep into the complexities of sleep disorders and highlight recent advances in both diagnosis and therapeutic interventions. Attendees will have the opportunity to hear keynote speeches from renowned experts, participate in interactive workshops and take part in panel discussions covering a wide range of topics, from the biological basis of sleep to the psychosocial impact of sleep deprivation. Key themes such as insomnia, sleep apnea, restless legs syndrome and circadian rhythm disorders will be explored in depth, highlighting evidence-based approaches and new technologies in treatment..

Theme: "Transforming Sleep Health: Innovations and Interventions for a Restorative Future"

Why to attend the conference

- Insight on the recent emerging topics in sleep disorders.
- Engage in the exciting event format, with round tables, panels, showcases, speed networking and multiple conference tracks.
- Share experiences, insights, and strategies in interactive peer-to peer round tables.
- Hear more perspectives in one place – from large medium and small organizations from pharma, biotech and academia.





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Sessions of the conference

- Rapid Sleep Diagnostics
- CBT-I Strategies
- Gut Health and Sleep
- Shift Worker Sleep Tips
- Pediatric Sleep Solutions
- Stress and Sleep Connection
- Screen Time Effects
- Personalized Sleep Therapies
- Chronic Pain and Sleep
- Mindfulness for Sleep
- Sleep Apnea Device Overview
- Light Therapy Techniques
- Sleep Hygiene Essentials
- Melatonin’s Role
- Women’s Sleep Health
- Genetic Sleep Factors
- Digital Age Sleep Research
- Future of Sleep Medicine
- Sleep in Mental Health
- Sleep Myths vs. Facts





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OCM's & Renowned Speakers of the Conference



Dr.Yiping Chen
University of Oxford London, UK



Dr. Stephen R Sroka
CIP - Inter - American Center for Psychotherapy. USA



Nadya van der Sluis
co-author of the Dutch guidelines for bipolar condition of psychiatrist Ralph Kupka Netherlands, Netherlands



Dr.Nicolas Casadei
Rutgers University New Jersey Medical School ,USA



Dr. Lili Gong
Associate professor in Zhongshan Ophthalmic Center, China



Sindhu Sriramoji Virdi
Rutgers University New Jersey Medical School, USA

Special Benefits

- Research Excellence Award
- Scientific Service Achievement Award
- The Research Contribution Award
- The Upcoming Researcher Award
- The Women of Science Award
- Outstanding speaker in Sleep Disorder 2025
- Best Keynote Speaker in Sleep Disorder 2025
- Best Poster Presentation in Sleep Disorder 2025
- Outstanding Masters/Ph.D./Post Doctorate thesis work Presentation in Sleep Disorder 2025
- Young Research Forum
- Best Presentation honorarium







Publication Opportunities

We provide you with the opportunity to publish your article with our Scopus indexed journals so that you can advance upward academic mobility through access to high-quality research and publication material.

Amsterdam City Attractions



Glimpses of the previous conference

















Sponsorship and Exhibition

Diamond

- Three workshop slots (audio visual included).
- Two complimentary exhibit booths with priority to purchase exhibition space and choose booth location (Booth size-3X3 sqm)
- Four complimentary registrations
- Logo recognition on congress website front page with link, sponsorship page
- One A4 color advertisement in the congress souvenir
- Three inserts provided by the sponsor in the congress delegate bags

Platinum

- Two corporate sponsored workshop slots
- One complimentary exhibit booth with priority to purchase exhibition space and choose booth location (Booth size-3X3 sqm)
- Three complimentary congress registrations
- Logo recognition on congress website front page with link and logo recognition on congress sponsorship page
- One A4 color advertisement in the congress souvenir
- Two inserts provided by the sponsor in the congress delegate bags.

Diamond

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- Two complimentary exhibit booths with priority to purchase exhibition space and choose booth location (Booth size-3X3 sqm)
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- One A4 color advertisement in the congress souvenir
- Three inserts provided by the sponsor in the congress delegate bags

Exhibition

- One complimentary congress registration
- Set up of one tailor-made exhibit booth (Booth Size 3x3 sqm)
- Logo recognition on congress website sponsorship page
- Color Advertisement in Congress souvenir
- Inclusion of your company's leaflet/insert in the congress delegate bags
- An exclusive online promotion on all our social Networking Sites
- Shape and raise your corporate image through logo branding
- Press Release on behalf of your company

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Sponsorship and Exhibition

Registrations

Academic Registration	: 499 Euros
Business Registration	: 560 Euros
Package A (Registration + 2 nights of accommodation)	: 920 Euros
Package B (Registration + 3 nights of accommodation)	: 1110 Euros
Student Registration	: 299 Euros
Token Amount: 200 Euros	
Accompanying Person	: 249 Euros

Important Dates

Early bird Registration before	: Feb 16, 2025
General Registration before	: March 22, 2025
Final Registration before	: April 12, 2025
Submit abstract before	:March 24, 2025



Contact:
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