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33rd International Conference on

Psychology, Psychotherapy and Mental Wellness

November 15-16, 2023
Barcelona, Spain



SCIENTIFIC PROGRAM

DAY 1
Wednesday, 15th November

08:30-09:00 **Registrations**

09:00-09:30 **Introduction**

09:30-09:50 COFFEE BREAK

09:50-11:50 Meeting Hall 01 **KEYNOTE LECTURES**

11:50-13:10

MEETING HALL 01	MEETING HALL 02
Talks On: **Psychology**	Talks On: **Psychiatry**
Cognitive psychology	Neurocognitive psychiatry
Behavioral psychology	Geriatric psychiatry
Neonatal psychology	Anxiety disorders
Adolescent psychology	Psychiatric nursing

13:10-13:15 Case Reports

13:15-14:00 LUNCH BREAK

14:00-16:00

MEETING HALL 01	MEETING HALL 02
Talks On: **Psychotherapy**	Talks On: **Mental Health**
Behavior therapy	Anxiety disorders
Cognitive therapy	Behavioral and emotional disorders in children
Humanistic therapy	Bipolar affective disorder
Psychodynamic therapy	Depression

16:00-16:20 COFFEE BREAK

MEETING HALL 01 (16:20-17:00)	MEETING HALL 01 (17:00-18:00)
Young Researchers in Psychiatry and Psychology	**Workshop**

DAY 2
Thursday, 16th November

09:00-10:30 Meeting Hall 01 — **KEYNOTE LECTURES**

10:30-10:50 COFFEE BREAK

10:50-12:50

MEETING HALL 01	MEETING HALL 02
Talks On: **Psychiatric Disorders or Psychological Syndromes**	Talks On: **Clinical Psychology**
Personality disorders	Counselling psychology
Major depressive disorders	Applied psychology
Sleep disorders	Experimental psychology
Eating disorder	Psychological intervention

12:50-13:35 LUNCH BREAK

13:35-15:55

MEETING HALL 01	MEETING HALL 02
Talks On: **Human Resilience**	Talks On: **Child and Adolescent Psychiatry**
Approaches to resilience	Social impact
Resilience and ability	Attention-Deficit/Hyperactivity Disorder (ADHD)
Psychological resilience	Aggression and violence
Biological models of resilience	Adolescent counselling

15:55-16:15 COFFEE BREAK

MEETING HALL 01 (16:15-17:00)	MEETING HALL 01 (17:00-18:00)
Poster Presentations	**Workshop**

PAST AFFILIATES

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Jichuan Wang
Children's National Medical Center USA

Brojendra Agarwala
University of Chicago, USA

Minna Huotilainen
University of Helsinki, Finland

Umesh Dyamenahalli
University of Chicago Medicine, USA

Ivan Wilmot Cincinnati
Children's Hospital Heart Institute, USA

Jorge A. Coss-Bu
Texas Children's Hospital, USA

Michael Jenkins
Case Western Reserve University, USA

Christina Pagel
University College London, UK

Natasa Chrysodonta
University of Bristol, UK

Mahoko Furujo
National Okayama Medical Center, Japan

Bao Shan
Sichuan University, China

Bradley A Kuch
Children's Hospital of Pittsburgh , USA

Rathna P Amarnath
University of South Carolina, USA

Louis P. Perrault
Surgery Department Montreal Heart Institute, USA

Laura Odom
University of Tennessee College of Nursing, USA

Silja Torvik Griffiths
Haukeland University Hospital and University of Bergen, Norway

Giuseppe Castaldo
University of Naples Federico II, Italy

Pietro Sciacca
NICU- University of Catania, Italy

Antonia Hargadon-Lowe
Imperial Health Care NHS Trust, UK

Eivind Sirnes
Haukeland University Hospital and University of Bergen, Norway

Marina Reznik
Albert Einstein College of Medicine, USA

Pawel Galecki
Health Care Institutions of Marshal Jozef Pilsudski, Poland

Dipali Shah
Dipali Shah West Middlesex University Hospital, UK

Philip O Ozuah
Albert Einstein College of Medicine, USA

John C Lewin
President and CEO Cardiovascular Research Foundation, USA

PAST AFFILIATES

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Anthony F Porto
Yale University School of Medicine, USA

Mary Niu
University of Oklahoma, USA

Shinichi Hirose Fukuoka University
Fukuoka University, Japan

Eun Joo Lee
Kyungpook National University School of Medicine, South Korea

Ganeswara Rao
Melam King Saud University, Saudi Arabia

Dawn S Hartfield
University of Alberta, Canada

Andrew J A Holland The University of Syd
The University of Sydney, Australia

Alejandro Gonzalez Pontificia Universida
Pontificia Universidad Católica de Chile, USA

Christopher F Tirotta
Nicklaus Children's Hospital, USA

Andrew J A
Holland University of Sydney, Australia

Julide Sisman
UT Southwestern Medical Center, USA

Jichuan Wang
Children's National Medical Center, USA

Robert E Cilley
Penn State University, USA

Robert P Foglia
University of Texas Southwestern Medical Center, USA

Alejandro Berenstein
Icahn School Of Medicine, USA

S E Morgan
University of Chicago Medicine, USA

Howard I Pryor II Johns Hopkins Universi
Johns Hopkins University School of Medicine, USA

Sharon Decker
Chair Texas Tech University Health Sciences Center, USA

Ulf Schubert
Karolinska University Hospital, Sweden

Rodrigo Vianna
Miami Transplant Institute-University of Miami, USA

Sidney Chocron
Cardiac Surgeon University Hospital of Besancon France, USA

Stephen F. Vatner
Director Cardiovascular Research Institute, USA

Prachi Shah
University of Michigan, USA

Jong-Hau hsu
Kaohsiung Medical University Hospital, Taiwan

Toshio Chiba
Medical Imaging Consortium, Japan

Shivendra Kishore
Centogene AG, Germany

PAST AFFILIATES

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Howard I Pryor II
Johns Hopkins University School of Medicine, USA

Ingegerd Ivanov Ofverholm
Karolinska Institutet, Sweden

Jie Tian
Children's Hospital of Chongqing Medical University, China

Gwenyth Fischer
University of Minnesota, USA

Steven J Melnick
Nicklaus Children's Hospital, USA

Lakshmi D Katikaneni
Medical University of South Carolina, USA

Jacquelyn R Evans
Children's Hospital of Philadelphia-University of Pennsylvania, USA

Rizwana Popatia
Weill Cornell Medical College, USA

Alejandro Berenstein
Icahn School Of Medicine, USA

David A Partrick
University of Colorado, USA

Samir K Ballas
Thomas Jefferson University, USA

Stephane Bolduc
CHU de Quebec-Universite Laval, Canada

Claudia Benkwitz
Vanderbilt University, USA

S E Morgan
University of Chicago Medicine, USA

Dawn S. Hartfield
University of Alberta, Cameroon

Julide Sisman
UT Southwestern Medical Center, USA

Nathalie Rivard
Universite de Sherbrooke, Canada

Shridevi Pandya Shah Rutgers University
Rutgers University, USA

Belina Arias Cabello
Angeles Pedregal Hospital, USA

Alana Jaye Coleman
Children's Hospital of Pittsburgh of University of Pittsburgh, USA

Erik Thaulow
University of Oslo, Norway

Nataliya Piletska
Evelina Children's Hospital, UK

Ricardo Munoz
Ricardo Munoz University of Pittsburgh, USA

Christopher F Tirotta
Nicklaus Children's Hospital, USA

Keith J Strauss
University of Cincinnati, USA

Jie Tian
Children's Hospital of Chongqing Medical University, China

PAST AFFILIATES

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Pawel Galecki
Health Care Institutions of Marshal Jozef Pilsudski, Poland

Robert P Foglia
University of Texas Southwestern Medical Center, USA

Alvarado Socarras Jorge Luis
Fundacion Cardiovascular de, Colombia

Tran Quynh Nhu
University of Tokyo, Japan

Giuseppe Castaldo
University of Naples Federico II, Italy

Ingegerd Ivanov
Ofverholm Karolinska Institutet, Sweden

Pasqua Betta
University of Catania, Italy

Ulf Schubert
Karolinska University Hospital, Sweden

Shivendra Kishore
Centogene AG, Germany

Cristina Alomar Dominguez
Innsbruck Medical University, Austria

Antonia Hargadon
Imperial Health Care NHS Trust, UK

Shalea Piteau
Queen's University, Canada

AtNena Luster-Tucker
South-eastern Louisiana University, USA

Michael J Wilsey
Johns Hopkins All Children's Hospital, USA

Jacquelyn R Evans
Children's Hospital of Philadelphia-University of Pennsylvania, USA

Stephen F. Vatner
Director Cardiovascular Research Institute, USA

Guang Zeng
Texas A&M University–Corpus Christi, USA

Claire Kendal Wright
Chaminade University of Honolulu, USA

Sharon Decker
Chair Texas Tech University Health Sciences Center, USA

John C Lewin
President and CEO Cardiovascular Research Foundation, USA

Sidney Chocron
Cardiac Surgeon University Hospital of Besancon, USA

Louis P. Perrault
Doctor,Surgery Department Montreal Heart Institute, USA

Alana Jaye
Children's Hospital of Pittsburgh of University of Pittsburgh, USA

Barcelona Attractions



Glimpses of Psychology Conferences















