CME ACCREDITED

Tentative Program

29th World Summit on

Positive Psychology, Mindfulness & Psychotherapy

May 21-22, 2018 New York, USA



Theme: *'Global Assessment of Happiness & Well-being towards Mental Health for a better Society'*

Positive Psychology 2018

http://positivepsychology.conferenceseries.com/

200+ Participation

18+ Interactive Sessions	**6+** Keynote Lectures	**40+** Plenary Lectures	**4+** Workshops

Conference Secretariat

One Commerce Center-1201 Orange St. #600 Wilmington, Zip 19899 Delaware, USA

Tel: +1-702-508-5201, Fax: +1-650-618-1417, Ph: +1-650-268-9744, Toll free: +1-800-216-6499

Email: positivepsychology@psychiatrycongress.com

29th World Summit on

Positive Psychology, Mindfulness and Psychotherapy

May 21-22, 2018 New York, USA

Program at a Glance

Day 1

Speaker Sessions for Day 1

Reception	08.00-08.30	
Morning Sessions	Time	General Session
	08.30-08.45	Inaugural Address
	08.45-09:30	Keynote Talk 1
	09:30-10:15	Keynote Talk 2
	Group Photo	
	Coffee/Tea Break 10.20-10.35 (Networking)	
	10:35-11:35	Workshop 1
	11:35-13:15	Session on: Positive Psychology Interventions
		Session on: Mindfulness & Compassion
		Session on: Happiness & Well-being
	Lunch Break 13.15-14.00	
Evening Sessions	14:00-15:00	Workshop 2
	15:00-16:15	Session on: Buddhism, Yoga & Meditation
		Session on: Philosophy & Resilience
	Coffee/Tea Break 16.15-16.30 (Networking)	
	16:30-18:10	Session on: Psychotherapy, Psychoanalysis & Psychosis
		Session on: Psychological & Behavioral Sciences
		Session on: Counseling & Clinical Psychology
	Panel Discussions	

Awards and Closing Ceremony

Day 2

Speaker Sessions on Day 2

	Time	Session 1	Session 2
Morning Sessions	09:00-9:45	Keynote Talk 1	
	09:45-10:30	Keynote Talk 2	
	Coffee/Tea Break 10.30-10.45 (Networking)		
	10:45-11:45	Workshop 1	
	11:45-13:00	Session on: Mental Health & Psychiatry Nursing	
		Session on: Stress & Depression	
	Lunch Break 13:00-13:45		
	13:45-14:45	Workshop 2	
	14:45-16.00	Session on: Cognitive Behavioral Psychology	
		Session on: Psychological & Psychiatric Disorders	
	Coffee/Tea Break 16:00-16:15 (Networking)		
Evening Sessions	16:15-17.30	Session on: Child & Adolescent Psychology	
		Session on: Industrial & Organizational Psychology	
	Young Research Forum		
	Poster Sessions		
	Video Presentations		
	Panel Discussions		

Awards and Closing Ceremony

NOTE: Program Shedule is subject to change with final allotment of the Speaker slots

Speaker Slots Available for Keynotes, Oral & Poster Presentations

Submit your Proposals at: http://positivepsychology.conferenceseries.com/abstract-submission.php

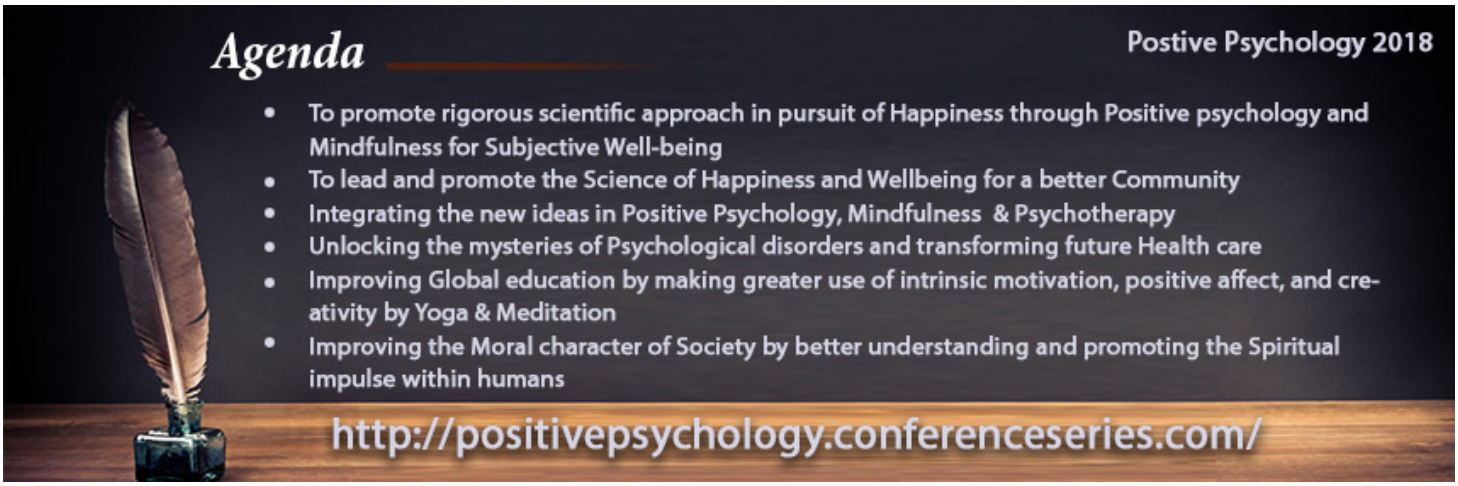
Call for Abstracts: http://positivepsychology.conferenceseries.com/call-for-abstracts.php

Registration: http://positivepsychology.conferenceseries.com/registration.php

For more Details PS: http://positivepsychology.conferenceseries.com

E: positivepsychology@psychiatrycongress.com| Tel: 702-508-5200

NOTE: Program Schedule is subject to change with final allotment of the speaker slots







Student Slots Available for Poster Presentations

Submit your Proposals at:

http://positivepsychology.conferenceseries.com/abstract-submission.php

Registration: http://positivepsychology.conferenceseries.com/registration.php

For more Details PS: http://positivepsychology.conferenceseries.com/

Email: positivepsychology@psychiatrycongress.com

Tel: +1 702 508 5201

Join us@ New York, USA 2018

Invitation...

Dear Colleagues, Conference Series LLC welcomes you to attend 29th World Summit on Positive Psychology, Mindfulness, Psychotherapy; Happiness Conference during May 21-22, 2018 at New York, USA with the theme "Global Assessment of Happiness & Well-being towards Mental Health for a better Society'''. This international Happiness Experts meet provides the perfect platform for the scientific community as an interactive and engaging 2-day event: unique in format, content, networking and engagement. The conference program will consist of high-profile plenary/keynote lectures, University and industry invited speakers, symposiums, workshops, special sessions, oral and poster sessions, and exhibitions. Our goal is to bring together bright minds to give talks that are idea-focused, and on a wide range of subjects, to foster learning, inspiration and wonder – and provoke conversations that matter. During the conference, we assure you that you will experience world class facilities and hospitality at the conference.

Mindfulness developed toward the start of the new millennium as a development inside brain research went for enhancing human strength and ideal human functioning.

The unifying theme in the developing craftsmanship and art of mindfulness has been a push to diminish enduring and bring more happiness and compassion in this world.

Benefits of participating@ Positive Psychology & Mindfulness 2018

- Earn up to 21 CME Credits** by participating in the conference
- Grow Your Professional Network with experts in the field
- IOCM Certification
- Laudable talks by the top-notch of the Global Scientific Community
- Publishing your Abstracts in the respective supporting International Journals
- Each Abstract will receive a unique (DOI) Number provided by Cross Ref
- One on One Meeting with Eminent Speakers
- Keynote sessions by World's most Eminent Experts & Researchers
- Thought provoking Symposiums and Workshops
- Remarkable Awards and Global Recognition to meritorious Researchers
- Nominations for Best Poster Award
- Group Registration Benefits
- A wide track of Exhibitors to showcase the new and emerging technologies.
- Exquisite Platform for showcasing your products and International Sponsorship
- Best platform to develop new partnership & collaborations.
- 89% our conference attendees are the Key contact in their Universities, Companies, Organizations, Hospitals, Medical centers, Labs purchasing decisions.
- Our Exhibitor booths were visited 4-5 times by 80% of the attendees during the conference.

Organizing Committe Members



Carroy (Cuf) Ferguson
University of Massachusetts
USA



Ven. Chung Ohun Lee
Won Buddhism International
USA



Joseph Indelicato
Touro College School of
Health Sciences, USA



Ann Macaskill
Sheffield Hallam University
UK



Tony Ghaye
Loughborough University
UK



Javier Fiz Pérez
European University of
Rome, Italy



Felice Corona
University of Salerno
Italy



Antonio Aiello
University of Pisa
Italy



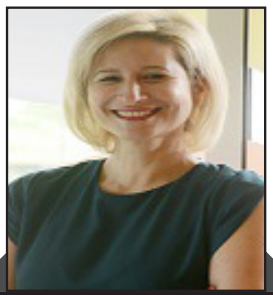
Song Yan
Jacobs University
Germany



Petra Jansen
University of Regensburg
Germany



Zelda G Knight
University of Johannesburg
South Africa



Nora Alejandra Cavaco
Universidade Lusófona
Portugal

Workshops



Happiness by the numbers: 9 steps to authentic happiness

Dr. Heather Silvio

Strategies to Achieve Self-Compassion

Nate Terrell

LCSW, Temple University, USA





The Science of Happiness

Eva P. Centeno

Whole Being Institute, USA

Applied Mindfulness - training and coaching methods and experience

Maya Nova

Mindbalance, New Zealand





Integrative Positive Psychotherapy: East Meets West

Zana Marovic

Addnova Clinic, South Africa

Keynotes



Dr. Ven. Chung Ohun Lee
Won Buddhism International, USA

Plasticity of Your Brain and Happiness: Meditation and Mindfulness as your Light for Well-being

Happiness intelligence (HQ) – the ability to be happy and its measurement



Song YAN
Jacobs University Bremen, Germany



Maya Nova
Mindbalance New Zealand

Building resilience with mindfulness

From Suicide to Happiness



Susan Lorraine Lewis
Inspirato Group Global, Norway

Abstract Speech Information for Presenters:
Oral / Poster Presentation Guidelines

Oral Presentations are generally categorised as follows:

Keynote Speech

A Keynote in Public speaking is a talk that establishes a main underlying theme. They will provide a complete update on some significant aspects of current clinical treatments in particular topic. Keynote lectures will be delivered at Academic conferences or Industrial conventions and expositions, the Keynote address or keynote speech is delivered by top notch University Professors and Worldwide experts to set the underlying tone and summarize the core message or most important revelation of the event which will be presented for 45 minutes.

Plenary Speech

The Plenary lectures will have a strong scientific focus. They will be mainly theoretical and research-oriented. These lectures will be delivered by leading psychiatrists, basic scientists and other mental health professionals invited by the Scientific Programme Committee. They will cover the major topics of the Congress theme. Each Plenary lecture is 25 minutes in length and comprises one presentation. We recommend you plan to present for approximately 20 minutes allowing 5 minutes for closing questions and conclusions.

Please prepare you presentation in 16:9 format (screen are in format 16:9). We recommend you to save your PowerPoint presentation using PPT(X) format instead of PPS.

A technician is available in every session room to provide assistance when needed. Due to the online presentation system, all speakers are kindly requested to use provided PC onsite. Please be present in the session room 15 minutes prior the start of your session and follow the instructions from the Chairs and/or technician. During your presentation a remote control will be available for controlling your presentation. Please observe the time allotted to you as you will not be permitted to speak for longer time. At the end of the Congress, all presentations will be deleted from the presentation system and computers on-site.

Note: We recommend that speakers need to communicate in advance with the Moderator so that the presentations may be coordinated for any extra speech time.

Workshop

The Workshops will be devoted to a specific topic and bring together experts in this field for an intensive discussion. These will be 60 minute length working sessions. At least 50% of the time will be devoted to discussion.

Symposium

These 60 minute length sessions, selected by the Scientific Programme Committee, will focus on specific topics on conference, representing several points of view. The symposia include 5-6 Plenary presentations by International speakers/Post Doc Students and offer an opportunity for discussion.

Poster Presentation

Poster presentations are an excellent mechanism to facilitate the rapid communication of scientific ideas. Poster presentations should visually guide viewers through the basics of the study displayed on the poster board while the presenter focuses on explanation and clarification of the key elements of the work and answers viewer questions. The Poster exhibition will be located on the Exhibition area of the congress centre. The area will be clearly signposted from the registration area. Though posters must be displayed for the entire day, poster presenters are only required to be present at their poster board during the assigned time of their poster presentation.

Technical Instructions:

- Posters must be prepared in Portrait style.
- Please DO NOT prepare a landscape poster
- The dimensions should be 100 cm high by 70 cm wide
- Posters should be attached to the boards with stickers, which you will be supplied to the organizers.
- Poster session schedule Posters will be displayed and presented in session.

Please plan to be at your poster and available to answer questions from delegates at the time of your assigned poster session. Posters will be displayed according to the POSTER numbers given by the organizers and will be grouped by sub topic.

Ask the Expert Sessions:

Ask the Experts sessions will allow participants to meet in a small group with outstanding researchers and clinicians. The format is designed to facilitate informal discussions, allowing participants to present their questions and gain new perspectives. Sessions will take place at round tables and be limited to a certain number of participants with advanced sign up required.

E-Posters

Authors are invited to present their new research findings or important on-going research as e-posters related to one of the given topics. There is a limitation concerning the number of e-posters submitted per individual.

Stay Connected Before, During and After the Event!

Major Scientific Sessions

- Positive Psychology Interventions
- Mindfulness & Compassion
- Happiness & Well-being
- Philosophy & Resilience
- Psychotherapy & Hypnotherapy
- Yoga & Meditation
- Mental Health & Psychiatry Nursing
- Stress & Depression
- Buddhist & Humanistic Psychology
- Child & Adolescent Psychology
- Applied & Clinical Psychology
- Industrial & Organizational Psychology
- Social & Community Psychology
- Psychological & Behavioral Sciences
- Psychological & Psychiatric Disorders
- Addiction & Research Therapy
- Counseling & Developmental Psychology
- Psychoanalysis & Psychosis
- Neuropsychology/Psychobiology
- Psychopharmacology & Psychopathology
- Entrepreneurs Investment Meet

Best Poster Award



- You will be given about 5-7 minutes to present your poster including questions and answers. Judges may pose questions during the evaluation of the poster
- Judges will even evaluate the student's enthusiasm towards their study, interest and knowledge in the area of their research
- The winners will be announced at the closing ceremony of the conference. The decision of the winner will be withdrawn if the winner/winners is/are not present at the time of announcement
- Apart from the judging time you may also be present at the poster to share your research with interested delegates



Young Researchers Forum

- Present your research through oral presentations
- Learn about career development and the latest research tools and technologies in your field
- This forum will give pertinent and timely information to those who conduct research and those who use and benefit from research
- Develop a foundation for collaboration among young researchers
- The forum will provide an opportunity for collegial interaction with other young investigators and established senior investigators across the globe
- Interact and share ideas with both peers and mentors

General Queries

positivepsychology@psychiatrycongress.com

29th World Summit on Positive Psychology, Mindfulness & Psychotherapy

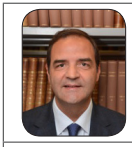
May 21-22, 2018 New York, USA

Theme: "Global Assessment of Happiness & Well-being towards Mental Health for a better Society"

Conferece URL: http://positivepsychology.conferenceseries.com/ /

Following the tradition of successful Congresses held in North & South Americas and with the magnificent success and overwhelming response of our previous 17th World Summit on Positive Psychology, Psychotherapy & Cognitive Behavioral Sciences May 01-03, 2017 Toronto, Ontario, Canada Conference Series LLC is privileged to announce its 29th World Summit on Positive Psychology, Mindfulness & Psychotherapy; Happiness Conference which will be held during May 21-22, 2018 New York, USA.. We cordially welcome all the Experts, Professors, Eminent Researchers, Mental Health Professionals, Therapists, Students, Counselors, Social Workers, Nurse Practitioners, Coaches and Academic/Business Delegates to take part in this upcoming Psychology & Psychotherapy event to witness invaluable scientific discussions and contribute to the future innovations in the fields of Psychology, Psychiatry, Mental Health, Psychotherapy & Neurosciences. Positive Psychology & Mindfulness 2018 will provide an ideal platform to the participants for presenting their research work, interaction, debate and dissemination of ideas amongst the distinguished professionals, eminent scientists, students, technologists and industrialists..

Organizing Committee Members

	**Carroy U. (Cuf) Ferguson** Professor, University of Massachusetts,USA		**Javier Fiz Pérez** Professor, European University of Rome, Italy
	**Joseph Indelicato** Professor, Touro College School of Health Sciences, USA		**Tony Ghaye** Professor, Loughborough University London, UK
	**Ann Macaskill** Professor, Sheffield Hallam University, UK		**Felice Corona** Associate Professor, University of Salerno, Italy
	**Ven. Chung Ohun Lee** Won Buddhism International, USA		**Song Yan** Professor,Jacobs University Bremen Germany

Conference Topics & Highlights

- Positive Psychology Interventions
- Mindfulness & Compassion
- Happiness & Well-being
- Philosophy & Resilience
- Psychotherapy & Hypnotherapy
- Yoga & Meditation
- Mental Health & Psychiatry Nursing
- Stress & Depression
- Buddhist & Humanistic Psychology
- Child & Adolescent Psychology
- Industrial & Organizational Psychology
- Applied & Clinical Psychology
- Psychological & Psychiatric Disorders
- Addiction & Research Therapy
- Counseling Psychology, Psychoanalysis & Psychosis
- Neuropsychology/Psychobiology

Call for Speakers | Avail Group Discounts

Venue Address

Hilton New York JFK Airport Hotel
144-02 135th Avenue | Jamaica, New York 11436 | USA
Conference Contact: positivepsychology@psychiatryconferences.com

"THE RICHEST PEOPLE IN THE UNIVERSE LOOK FOR AND BUILD NETWORKS, EVERYONE ELSE LOOKS FOR WORK"

INVITING PROPOSALS FROM YOUR UNIVERSITY

GET GLOBAL NETWORKING FROM YOUR DOOR STEP!

JOIN SPEAKERS VIDEO PRESENTATION CLUB @ Positive Psychology 2018

29th World Summit on Positive Psychology, Mindfulness & Psychotherapy

May 21-22, 2018, New York, USA | Web: www.positivepsychology.conferenceseries.com

After the overwhelming success of our previous conferences, Conference Series LLC officially announcing 29th World Summit on Positive Psychology, Mindfulness & Psychotherapy along with Editorial Board Members, External Scientific Association, Researchers, Academicians, and Pharmaceutical Market Leaders around the globe, scheduled on May 21-22, 2018 in New York, USA. With your Contribution towards the Psychology, Psychiatry, Psychotherapy & Mental Health, we feel privilege to invite you to be a speaker at the upcoming "29th World Summit on Positive Psychology, Mindfulness and Psychotherapy" on May 21-22, 2018 at New York, USA.

Duration of the video: 20 -25 minutes

Visit the calendar of American Events www.conferenceseries.com/Canada-meetings

2000 + PREVIOUS SPEAKERS OPTED FOR VIDEO PRESENTATION

Chiara Facca
Ca' Foscari University of Venice, Italy

Manuela Stoicescu
University of Oradea, Romania

Guinchard Emmanuelle
EFS RhÃ´ne-Alpes, France

Geir Hetland
University of Oslo, Norway

Jin-tao Li
Third Military Medical University, PR China

Elena Gavrilova
OOO NPF Materia Medica Holding, Russia

Barbara Preitler
University of Klagenfurt, Austria

Emina Ramku
Prishtina University Clinical Center, Kosovo

Xiaolu Li
Qianfoshan Hospital of Shandong University, China

Naresh Sen
Narayana Hrudayalaya Institute of Medical Science, India

Many More.....

Why Video Presentations?

Unavailability to travel due to various issues such as time constraint and visa to enter the country. Video presentation is one best option to put across your research at a global platform. Having video played at the conference proceedings, would surely serve the purpose of online visibility for your research.

- No Travel Plan & Agreements
- No Visa Issues
- No Appointment to be cancelled
- No Break from the regular schedule

OCM certification

Every conference is been signed by an eminent member related to the topic of the respective conference. Having the certificate signed by the eminent personality to related field of your research would add an value to your research

Upon participating, OCM hard copy certification would be sent to respective participant

CPD Certification:

The Video Presenter may avail up to 20 CPD Credits

Duration of Video Presentation: Every video presentation would receive 10-15 minutes time span to play the video as a part of scientific program

Acknowledgements, Review & Communications of Session Chairs & Speakers:

Your Video will be represented by one of our scientific committee member. After the presentation, session chairs will call for queries from the session co-chairs and the rest of the speakers in the session.

Soon after the conference, all the communications from the session Chair and co speakers will be mailed to you.

Abstract Publication:

Abstract will be Published in the Conference souvenir and respective International journals

A unique DOI will be provided for your abstract

Your title and Full affiliation will be listed in the final Program

How to Proceed?

Submit your abstract with biography and PPT (Power Point Presentation) to respective conference email id or along with the name of the conference.

Upon submitting the abstract, you would receive an acknowledgment from any of the Program Manager within 24 hours.

Simply record your Presentation through camera/ Phone with high clarity and send the same to conference email ids.

positivepsychology@psychiatryconferences.com;

positivepsychology@conferenceseries.com

Registration Fee: $299

Contact: ***Ms. Arizona Wilson***
Ph: +1 702 508 5201
Email: positivepsychology@psychiatrycongress.com; positivepsychology@conferencescanada.org

About New York

The City of New York, frequently called New York City or basically New York, is the most popular city in the United States. Situated at the southern tip of the state of New York, the city is the focal point of the New York metropolitan territory, a standout amongst the most crowded urban agglomerations on the planet. Home to the home office of the United Nations, New York is a critical community for universal tact and has been portrayed as the social and money related capital of the world.

Situated on one of the world's biggest characteristic harbors, New York City comprises of five boroughs or precincts, each of which is a different district of New York State. The five districts – Brooklyn, Queens, Manhattan, The Bronx, and Staten Island – were combined into a solitary city in 1898. Many regions and landmarks of interest in New York City have turned out to be outstanding, and the city got a record of almost 60 million tourists in 2015, facilitating three of the world's ten most went to tourist destinations in 2013. A few sources have positioned New York the most photographed city on the planet.

Tourism is an essential industry for New York City, which has seen a developing joined volume of global and local voyagers, accepting a 6th back to back record of almost 60 million guests in 2015. Tourism had created an unsurpassed high US$ 61.3 billion in general financial effect for New York City in 2014, pending 2015 insights. Roughly 12 million guests to New York City were from outside the United States, with the most elevated numbers from the United Kingdom, Canada, Brazil, and China. As indicated by the site reuters.com, "New York City tourism climbed record high in 2015 for the 6th year."

Real vacationer goals incorporate Times Square; Broadway theater creations; the Empire State Building; the Statue of Liberty; Ellis Island; the United Nations Headquarters; galleries, for example, the Metropolitan Museum of Art; greenspaces, for example, Central Park and Washington Square Park; Rockefeller Center; the Manhattan Chinatown; extravagance shopping along Fifth and Madison Avenues; and occasions, for example, the Halloween Parade in Greenwich Village; the Macy's Thanksgiving Day Parade; the lighting of the Rockefeller Center Christmas Tree; the St. Patrick's Day parade; regular exercises, for example, ice skating in Central Park in the wintertime; the Tribeca Film Festival; and free exhibitions in Central Park at Summerstage. Significant attractions in the wards outside Manhattan incorporate Flushing Meadows-Corona Park and the Unisphere in Queens; the Bronx Zoo; Coney Island, Brooklyn; and the New York Botanical Garden in the Bronx. The New York Wheel, a 630-foot ferris wheel, was under development at the northern shore of Staten Island in 2015, neglecting the Statue of Liberty, New York Harbor, and the Lower Manhattan horizon.



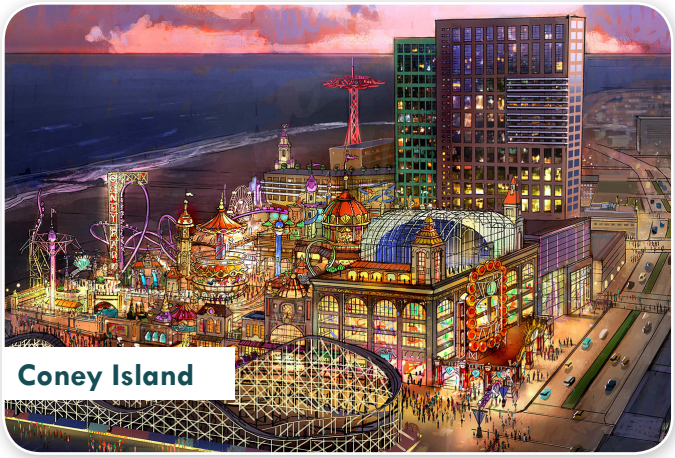
Tourist Attractions in New York



Statue of Liberty



Brooklyn Bridge



Coney Island



St. Patrick's Cathedral



Rockefeller Center



Metropolitan Museum of Art



Times Square



American Museum of Natural History

Glimpses


Speaker Representations


QUT


Positive Psychology
Cognitive Behavioral
Speaker Representations




Cognitive Behavioral Sciences
Toronto, Canada
Speaker Representations


Speaker Representatio
CityU
QUT


Speaker Representations


Cognitive Behavioral
Speaker Representations










Welcome

Glimpses @ Past Conferences






























Welcome

CASE WESTERN RESERVE UNIVERSITY
NEW YORK UNIVERSITY
ABU DHABI

Welcome

Welcome

Glimpses @ Past Conferences







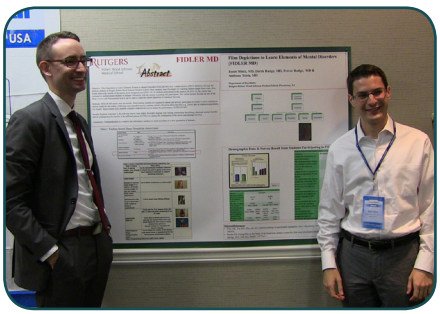














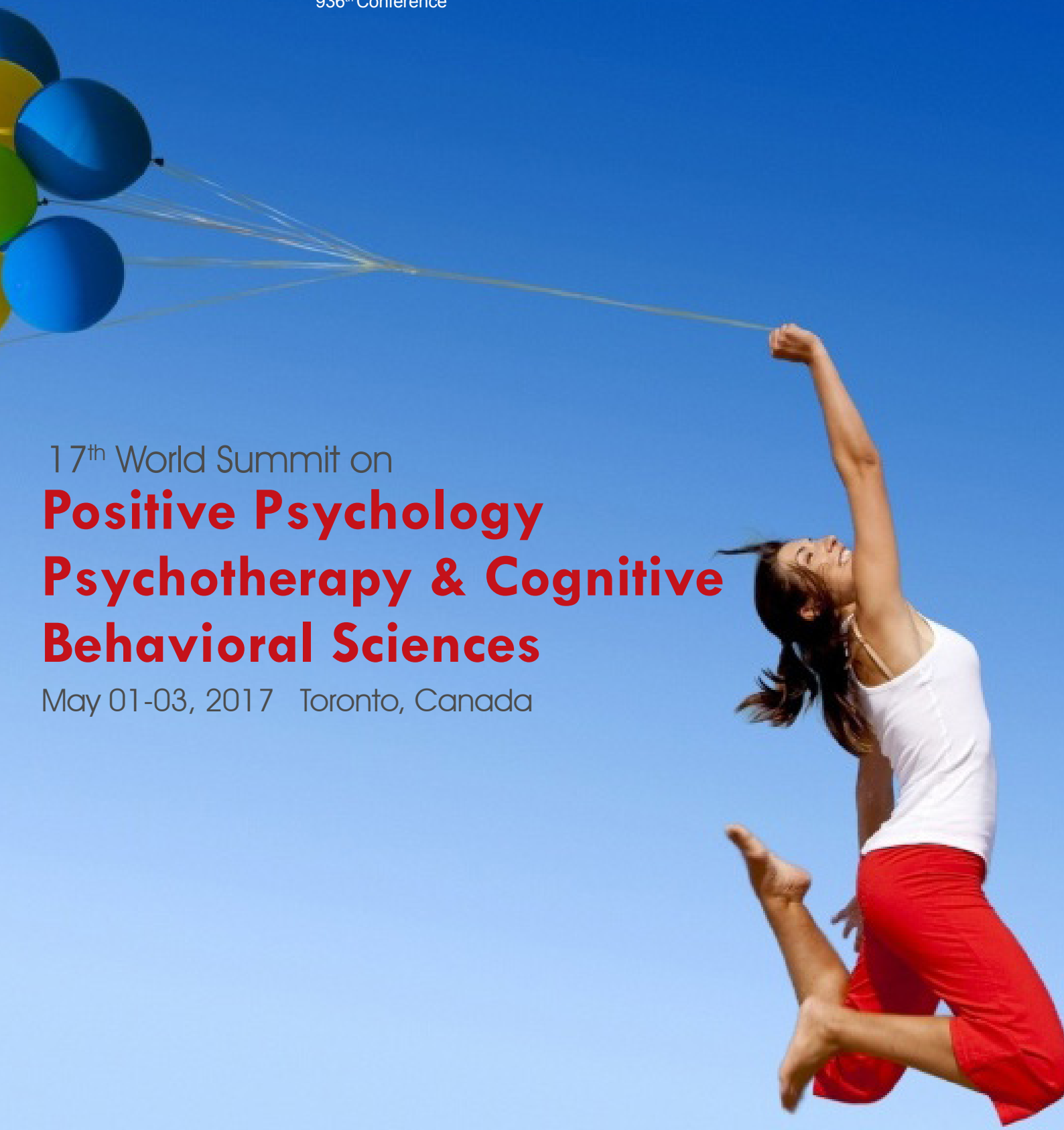






conferenceseries.com
936th Conference

Scientific Program



17th World Summit on

Positive Psychology Psychotherapy & Cognitive Behavioral Sciences

May 01-03, 2017 Toronto, Canada

Conference Series - America
One Commerce Center-1201, Orange St. #600, Wilmington, Zip 19899, Delaware, USA
P: +1-702-508-5200, F: +1-650-618-1417

Conference Series - UK
Kemp House, 152 City Road, London EC1V 2NX, Toll Free: +1-800-216-6499

Day 1 | May 01, 2017

Registrations

HURON NIPISSING

conferenceseries.com

Opening Ceremony

Keynote Forum

Title: Create, promote and deliver: How to bring effective positive psychology programs to businesses, schools, non-profit and other organizations?

Braco Pobric, High Impact Consulting, Training and Coaching Division, USA

Title: The scientificity of positive psychology: Rising star or empty suit?

Mark Andrew Holowchak, University of the Incarnate Word, USA

Title: Train your head, body will follow

Sandy Joy Weston, Weston Fitness, USA

Panel Discussion

Group Photo @ 10:30-10:35

Networking & Refreshment Break @ Prefunctional Space

Workshop

Title : Psychology of Happiness for individual thriving

Meghan Kirwin, University of East London, UK

Elizabeth K Misener, University of Southern California, USA

Sessions:

Positive Psychology Interventions | Happiness | Psychotherapy | ADHD

Session Chair: Braco Pobric, High Impact Consulting Training and Coaching Division, USA

Session Co-Chair: Chris Arockiaraj, St. Patrick's Seminary and University, USA

Session Introduction

Title: Running - An ultimate source to Health, Happiness and Wellbeing

Roopak Desai, Union Bank of Switzerland, USA

Title: Creating a better world through online avenues in positive psychology

Jamie Rose Brown, Kyani-Team Fusion & the Happiness Ninja, Australia

Title: A clinical trial to evaluate the comparative efficacy of cognium syrup with standard behavioral therapy vis-a-vis standard behavioral therapy alone in children with Attention-Deficit Hyperactivity Disorder (ADHD)

Vijay Warad, Grant Medical College, India

Title: The four languages of experience: Existential therapy, proposal from the Mexican school

Yaqui Andres Martinez Robles, Círculo de Estudios en Psicoterapia Existencial, Mexico

Panel Discussion

Luch Break @ Restaurant

Workshop

Title: The social construction of mental illness and its implications for neuroplasticity

Michael T Walker, Associated Counselors & Therapists, USA

Sessions:

Yoga & Meditation | Mindfulness | Depression | Cognitive Behavioral Therapy

Session Chair: Braco Pobric, High Impact Consulting Training and Coaching Division, USA

Session Co-Chair: Chris Arockiaraj, St. Patrick's Seminary and University, USA

Session Introduction

Title: Navigating anxiety and stress through mindfulness: Cultivating mindfulness and awareness in a community-based setting
Andrew Safer, Safer Mindfulness, Canada
Title: Always-adapt.com to life change, never react to it
Wayne P Gillis, Saint Mary's University, Canada
Title: Psychological impact of caregiving: A psychological study among the main caregiver of patient with mental disorder and cancer patients
Zokaitluangi, Mizoram University, India
Title: Yoga and meditation as effective tools for mental and physical wellness
Jigar Parikh, Shri P. H. G. Municipal Arts & Science College, India
Title: Depression in patients with chronic kidney disease
Nigar Sekercioglu, McMaster University, Canada

Panel Discussion

Group Photo

Networking & Refreshment Break @ Prefunctional Space

Session Chair: Lívia S S Valentin, University of São Paulo School of Medicine, Brazil

Young Research Forum

Title: The effect of attachment styles on marriage compatibility in Turkish couples
Deniz Oruc, Uskudar University, Turkey
Title: Parental involvement in inclusive classrooms for students with learning disabilities at Omani schools as perceived by teachers
Sahar El Shourbagi, Sultan Qaboos University, Oman
Title: Buddhism and innovative sustainable development
Sree Mattananda Sraman, The University of Hong Kong, Hong Kong
Title: Big data driven indicator choosing for disaster response capacity shortage assessment of urban critical infrastructure
Zhaoge Liu, Harbin Institute of Technology, China
Title: Health seeking behaviour among women during Labour and Antenatal care followup in rural parts of Gambella, Western Ethiopia January-February 2017
Jeromi Ofato Alew, Jimma University School of Medicine and Health Sciences, Ethiopia

Panel Discussion

Day 2 | May 02, 2017

HURON NIPISSING

Keynote Forum

Title: Workplace bullying and its relationship with job satisfaction and psychological well-being
Javier Fiz Perez, Dafne Cataluna, Gabriele Giorgi, European University of Rome, Italy
Title: Positive emotions, neuroscience and bodily responses: How these three are connected and the implications for psychological, social and physical well-being
Merethe Dronnen, Volda University College, Norway
Title: Archetypal energies as a framework for resilience and optimal mental health
Carroy (Cuf) Ferguson, University of Massachusetts, USA

Panel Discussion

Networking & Refreshment Break @ Prefunctional Space

10:30-11:10 **Title: Integrating positive psychology and elements of music therapy to alleviate adolescent anxiety**
Sylvia Kwok Lai Yuk Ching, City University of Hong Kong, Hong Kong

Workshop

Title: Breathwork as a gateway to positive psychology interventions - Supportive and indispensible techniques to assist clients experiencing trauma, anxiety, depression, anger, and/or grief

Karla R Wilson, Wabi-Sabi Vibe, USA

Sessions:

Subjective Well-being | Philosophy & Resilience | Psychology & Mindfulness

Session Chair: Mark Andrew Holowchak, University of the Incarnate Word, USA
Session Co-Chair: Michael T Walker, Associated Counselors & Therapists, USA

Session Introduction

Title: Psychology in the light of the east

Margot Esther Borden, Integral Perspectives, USA

Title: Coping with burnout and building subjective wellbeing: Positive psychology approach

Chris Arockiaraj, St. Patrick's Seminary and University, USA

Title: The need for disease

Atul Kumar Mehra, Jaagran Psychoanalysis and Wellness Centre, Canada

Luch Break @ Restaurant

Workshop

Title: A therapist tool: Virtual reality exposure to treat social phobia-VRSP program (English, Spanish and Portuguese versions)

Cristiane Maluhy Gebara, University of São Paul, Brazil

Tito Paes de Barros Neto, University of São Paulo, Brazil

Sessions:

Mindfulness & Compassion | Positive Psychology on Mental Health | Depression

Session Chair: Merethe Dronnen, Volda University College, Norway
Session Co-Chair: Nora Alejandra Pires Almeida Cavaco, Universidade Lusófona, Portugal

Session Introduction

Title: When life is falling apart but your funny bone is fine: Therapeutic humor, resilience and care-giving

Maia Aziz, The Montreal Children's Hospital, Canada

Title: Positive psychology in training mental health professionals working with gender, sexuality and relationship diversity

Dominic Davies, Pink Therapy, UK

Title: Efficacy of meditation and counselling on impulses of drug users

Pragna Parikh, Smt. Sadguna C.U. Arts College for Girls, India

Title: Role of psychologist in special and inclusive education

Ravi Gunthey, Jai Narain Vyas University, India

Title: Parental involvement program for Jamaican parents

Peta Gayle Oates-Blake, University of East London, UK

Panel Discussion

Networking & Refreshment Break @ Prefunctional Space

Poster Presentations @

P.No.01	**Title: Military service effects on personality and psychological well-being** **Paula Boros,** Nova Southeastern University, USA
P.No.02	**Title: Hypnosis, empathy & attribution** **Ksenia Tchoubarova,** University of Wales, UK
P.No.03	**Title: The integration of public and private practice in grief treatment for adult and child cases: How can they work together?** **Mara Fantinati,** Italian Association EMDR, Italy
P.No.04	**Title: Effects of mindfulness and self-awareness in rest and stress: Biofeedback and neurofeedback measures and training** **Rose Schnabel,** University of Toronto, Canada

P.No.05 **Title: The experience of first-year undergraduate commuting students**
Holly Boyne, University of Guelph-Humber, Canada

P.No.06 **Title: Prevalence of depressive symptoms in patients with chronic pain with no history of psychiatric diseases**
Ho-Jin Lee, Seoul National University, Republic of Korea

P.No.07 **Title: Predictors of food insecurity and its association with Mental Health and wellbeing among pregnant women**
Prince Addai, University of Fort Hare, South Africa

P.No.08 **Title: The Association between Elder mistreatment and perceived hopelessness among Chinese elderly in Chicago**
Poh Zhing Loong, RUSH University Medical Center, USA

Panel Discussion

Day 3 | May 03, 2017

HURON NIPISSING

Keynote Forum

Title: Positive psychology: The applications
Fredrike P Bannink, University of Amsterdam, Netherlands

Sessions:
Mental Illness | Positive Psychology | Mindfulness

Session Chair: Sylvia Kwok Lai Yuk Ching, City University of Hong Kong, Hong Kong
Session Co-Chair: Zokaitluangi, Mizoram University, India

Session Introduction

Title: The challenges of integrating mindfulness training within pain management services
F Cal Robinson, Orthopaedic and Spine Center, USA
Title: Altered states and asset based inclusion
Michael Whelan, Queensland University of Technology, Australia
Title: Digital game: A scale to evaluate the perioperative cognitive function (MentalPlus®)
Lívia S S Valentin, University of São Paulo School of Medicine, Brazil

Panel Discussion

Networking & Refreshment Break @ Prefunctional Space

Workshop

Title: Positivity in mind
Alain Jean-Baptiste, Possibilities in Mind, Canada

Sessions:
Mental Health | Child & Adolescent Psychology | Psychological Resilience

Session Chair: Fredrike P. Bannink, University of Amsterdam, Netherlands
Session Co-Chair: Margot Esther Borden, Integral Perspectives, USA

Session Introduction

Title: Psychological resilience of life transitions: Coping flexibility as an adaptive quality
Cecilia Cheng, The University of Hong Kong, Hong Kong
Title: Mindfulness, brainwaves and happiness
Ellie Wright, EGW Research Institute LLC, USA
Title: It is never too late. Integrative grief treatment: A comparison between different generations of single cases, adults and children, facing similar mental suffering
Mara Fantinati, Italian Association EMDR, Italy
Title: Community mental health care: An examination of the Lebanese context
Nadine J Zlaket and Elias A Rahme, Holy Spirit University of Kaslik, Lebanon
Title: The journey of the mind, trauma, triumph and resilience
Randi-Mae Stanford-Leibold, University of Guelph-Humber, Canada
Title: Physical and mental health of adolescents
Aditya Narayan Tripathi, Sant Tulsi Das PG College, India

Panel Discussion

Luch Break @ Restaurant

Workshop

Title: Practicing positive CBT from reducing distress to building success

Fredrike P Bannink, University of Amsterdam, Netherlands

Sessions:

Mental Health Care | Mindfulness | Autism | Psychological Interventions | Stress

Session Chair: Sylvia Kwok Lai Yuk Ching, City University of Hong Kong, Hong Kong

Session Co-chair: Zokaitluangi, Mizoram University, India

Session Introduction

Title: Mindfulness based approach in the treatment of obesity: An integration with CBT approach

Pacheco Emerson and Mônica Portella, Rio de Janeiro State University, Brazil

Title: Autism: A neuropsychological perspective

Nora Alejandra Pires Almeida Cavaco, Universidade Lusófona de Lisboa, Portugal

Title: Positive reinforcement in classroom management and the use of creative arts as multimedia tools for teaching and learning

Maria Lourdes de Vera, Universidad de Sta. Isabel, Philippines

Title: A comparative study of mental health among rural and urban adolescent students of higher secondary school

Parulben Harish Desai, Shri Vanraj Arts & Commerce College, India

Title: Occupational role stress of the public and private sector school teachers

Vishnu Patel, Association of Mobile Networking Companies, India

Panel Discussion

Networking & Refreshment Break @ Prefunctional Space

Group Photo @

Virtual Presentations



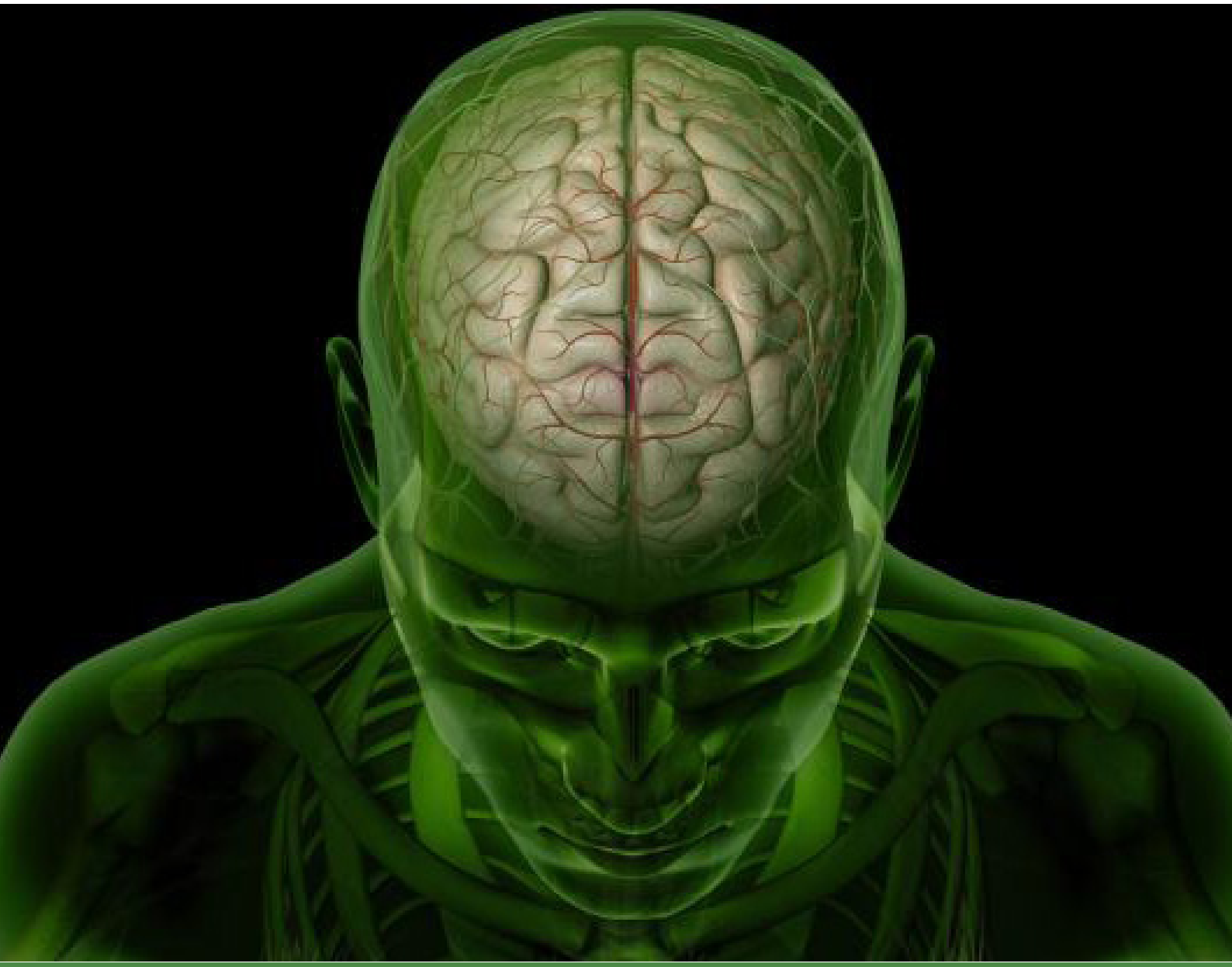
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Scientific Program

International Conference on

Positive Psychology & Cognitive Behavioral Therapy

June 13-14, 2016 Philadelphia, USA



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e-mail: positivepsychology@psychiatryconferences.com; positivepsychology@conferenceseries.com

cbt@psychiatryconferences.com; cbt@conferenceseries.com

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Opening Ceremony

Keynote Forum

Introduction

Title: Positive psychology progress and pitfalls: Exploring health, well-being and education
Ann Macaskill, Sheffield Hallam University, United Kingdom

Title: The Andean cosmo vision: Connecting to the heart of nature
Oakley E. Gordon, University of Utah, USA

Group Photo

Networking & Refreshments Break

Sessions

Positive Psychology
Cognitive Behavioral Therapy
Positive Psychological Approaches
Psychopathology

Session Chair: Ann Macaskill, Sheffield Hallam University, United Kingdom

Session Introduction

Title: Beyond happiness to greatness: Applying positive psychology to achieve a higher goal

Scott Asalone, University of Pennsylvania, USA

Title: Energizing social interactions at work: An exploration of relationships that generate employee and organizational thriving

Robert M Rosales, University of Pennsylvania, USA

Harnessing both patient and practitioner strengths in the work of Cognitive Behavioral Therapy: The 'dance' of respective resources

Brad Desmond, University of Melbourne, Australia

Title: Expanding mental health assessment to include psychological strengths: Advantages and disadvantages for patients and clinicians

Ann Macaskill, Sheffield Hallam University, United Kingdom

Title: The Positive Psychology of African Cultural Practice: Stages and Rituals of Community Intervention in grief Work in Africa

Augustine Nwoye, University of KwaZulu-Natal, South Africa

Title: School Physical Education: Welfare, Motivation and Positive Psychology

Claus Dieter Stobäus, Pontifical Chatolic University, Brazil

Lunch Break @ Benjamin's Restaurant

Workshops

Title: The life and legacy of Abraham Maslow for positive psychology

Edward Hoffman, Yeshiva University, USA

Title: Acceptance and commitment therapy for addictions

John D. Matthews and Jesse M. Crosby, Harvard Medical School, USA

Networking & Refreshments Break @ Foyer

Young Research Forum

Title: Positive thought-action fusion: Possible implications for positive psychology

Joan C. Craig, University of Windsor, Canada

Title: Heart-centered meditation and gratitude: The feasibility and acceptability of a novel positive psychology intervention among adolescents

Lunthita M. Duthely, University of Miami, USA

Title: Uncovering core values and personality strengths through metaphor analysis

Catalina Acosta Orozco, Pontificia Universidad Javeriana, Colombia

Title: Mindfulness, compassion for children and parents well-Being

Ying MA, The Chinese University of Hong Kong, China

Title : A Local Conception of Happiness: Huzur

Gulden Esat, Marmara University, Turkey

Title: Cognitive Behavioral Therapy (CBT) and anxiety disorders: An empirical review

Gowri Agarwal, Maniben Nanavati Women's College, India

Title: The effects of mindfulness training on the quality of life of male Filipino soldiers with major depressive disorder in a selected military hospital

Cielo Rodriguez and Francesca Isabela Rosales, University of Santo Tomas, Philippines

Title: Cognitive rest: An integrated literature review the Journal of school nursing

Kathleen H Schneider, Austin Community College, USA

Panel Discussions

Day 2 June 14, 2016

Independence C

Keynote Forum

Title: Depression in athletes: The role of CBT

David Baron, USC, USA

Title: From fragility to flourishing: A new CBT model of resilience and a tool for developing it

Nimmi Hutnik, London South Bank University, UK

Sessions

Positive Psychology & Psychological Approaches
Social Psychology
Psychology & Health
Educational Psychology

Session Chair: Carroy Ferguson, University of Massachusetts-Boston, USA

Session Introduction

Title: Archetypal energies as the "creative urges" behind the evolution of humanistic psychology and positive psychology

Carroy (Cuf) Ferguson, University of Massachusetts-Boston, USA

Networking & Refreshments Break @ Foyer

Title: Habits and happiness: Apply the research from positive psychology to become happier and improve your wellbeing

Braco Pobric, High Impact Consulting and Coaching, USA

Title: Experience of adversity and post traumatic growth: A positive psychological perspective on research and implications

Sukanya Ray, Suffolk University, USA

Title: Towards a positive cross-cultural lexicography: Enriching our emotional landscape through 216 'untranslatable' words pertaining to wellbeing

Tim Lomas, University of East London, UK

Title: Empowering attitudes towards positive psychology in the UAE

Hajra Hussain, Amity University, UAE

Title: Enhancing women's performance in University science and mathematics in East Africa: Reflections from a 'shadowing technique'

Augustine Nwoye, University of KwaZulu-Natal, South Africa

Title: Hope for the future and literacy achievement in a sample of impoverished South African primary school children: A positive psychology perspective

Jace Pillay, University of Johannesburg, South Africa

Title: Enhancing young children's access to early childhood education and care settings in Tanzania

Ignasia Mligo, University of Dodoma, East Africa

Lunch Break @ Benjamin's Restaurant

Sessions

Advances in Psychiatric disorder treatment
Cognitive Behavioral Therapy
Psychiatry Nursing
Cognitive Therapy

Session Chair: Nimmi Hutnik, London South Bank University, UK
Session Co-Chair: Hector W.H. Tsang, Kong Polytechnic University, China

Session Introduction

Title: CBT in treating athletes: A global perspective

David Baron, USC, USA

Title: Effects of a CBT based stress management program for teaching professionals augmented by complementary and alternative medicine (CAM) approach

Hector W H Tsang & W M Cheung, Kong Polytechnic University, China

Title: Cognitive Behavioral Therapy versus bariatric surgery in the treatment of eating disorders

Brigitte Karcher, Brest University School of Medicine, France

Title: A self-administered treatment for relief from insomnia, anxiety and trauma

Richard Shane, USA

Title: Brain-based, mindfully-managed stress counseling: An interpersonal neurobiology based approach to stress counseling

Nesrin Hisli Sahin, Baskent University, Turkey

Networking & Refreshments Break @ Foyer

Sessions

Cognitive Behavioral Therapy

Title: Programme for management of cognitive disorders with ayurveda and yoga

Sushilkumar Deshmukh & Pranita Joshi Deshmukh, Ashwini Ayurvedic Medical College, India

Title: Rethinking Attitudes Towards Children

Mag Alina Georgeta, Lucian Blaga University of Sibiu, Romania

Title: Efficacy of five sessions programme of cognitive restructuring on depressive symptomatology among chronically sick

Anbarin Aslam, The Islamia University of Bahawalpur, Pakistan

Panel Discussions

Panel Discussion & Certificate Falicitation



Conference Series LLC
2360 Corporate Circle, Suite 400
Henderson, NV 89074-7722, USA
Ph: +1-888-843-8169
Fax: +1-650-618-1417
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Traian Str., No.61, Constanta 900720,
Romania, Tel: 0805-080048
Heathrow Stockley Park Lakeside
House, 1 Furzeground Way, Heathrow,
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europe@conferenceseries.com

Conference Series LLC
6th Floor, North Block, Divyasree SEZ
Campus, Raidurg Hyderabad
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Tel: +91-40-33432300
asia@conferenceseries.com

Toll free
USA & Canada: +1-800-216-6499
Australia: +1-800-651-097
Europe: 0805-080048