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37th World Summit on

Positive Psychology, Happiness, Mindfulness & Wellness

11th International Conference on

Stress, Mindfulness, Meditation and Resilience

12th European Congress on

Nephrology, Internal Medicine and Kidney Diseases



April 29-30
Paris, France 2024



Positive Psychology



Meditation



Stress and Mindfulness



Nephrology



Mental Health



Internal Medicine

UK: Conference Series, 35 Ruddlesway, Windsor, Berkshire, SL4 5SF

DAY-1

April 29, 2024

Meeting Hall

08:45-09:00 Registrations

Opening Ceremony • • • • • • • • • • • • • • • • • • 09:00-09:20

Keynote Forum

09:20-09:50 **Title: Empowering the 9 to 5: Harnessing Self-Care & Neuroscience for Optimal Workplace wellness**
Crystal Kaur Toor, Advocate for Workplace Wellness (18-Year Career), Saudi Arabia

09:50-10:20 **Title: Positive impact of Executive Coaching and Leadership training for Uber and Amazon employees**
Mrs. Victoria, Feldman Head of Learning and Development Amazon, USA

Sessions: Brain Science and Resilience | Mental Nursing and Nursing Education | Dependence, Alcoholism, Drug Abuse and Recovery | Sexual Orientation and LGBT | Psychology, Autism and Youth Protection | Driving Health and Harassment | Psychotherapy and Counseling Psychology | Stress, Anxiety and Depression | Psychiatry and Psychiatric Disorders

Session Introduction

10:20-10:40 **Title: Decoding prejudice: Understanding patterns of Adolescent Mental Health Stigma**
Sara Albuquerque, Universidade Lusófona,Portugal

10:40-11:00 **Title: The Feelings of Family of Elderly Dialysis Patient for EOL at Home: A Case Study**
Nadami MIMURA, Showa University Graduate School of Health Sciences, Japan

Group Photo

Networking & Refreshments Break: 11:00-11:20

11:20-11:40 **Title: Barriers for Elderly Patient on Hemodialysis Wishing to Receive End of life care at Home -from a Nurse's Perspective- : A Case Study**
Yui TAMURA, Showa University Graduate School of Health Sciences, Japan

11:40-12:00 **Title: Touching Infinity is both a personal memoir on becoming a psychologist**
Mr Douglas UHLIG, New York State Clinical Psychologist, USA

12:00-12:20 **Title: Associations of bullying, cyberbullying and 24-hour movement behaviours among adolescent girls**
Yancy SHI, The Education University of Hong Kong, Hong Kong

12:20-12:40 **Title: Associations of bullying, cyberbullying and depression among adolescent girls**
Yo Hyeong KIM, Shanghai American School, China

12:40-13:00 **Title: Designing and Validation of a Tool for Community Mental Health Preparedness in Disasters: A Sequential Exploratory Mixed-Method Approach**
Juliet, Psychologist and researcher based in Berlin, Germany

Lunch Break: 13:00-14:00 @ Restaurant

14:00-14:20 **Title: Real-Time Anxiety Detection**
Majid Sarrazfadeh, UCLA Computer Science Department, USA

14:20-14:40 **Title: Factors Contributing to Job burnout among educators of higher educational institutions**
Aayushi Saxena, Jain deemed-to-be university, India

14:40-15:00 **Title: Relationship Between Mindfulness, Psychological Well Being And Psychological Inflexibility Among Young Adults**
Tannu Taluja, Uttarakhand University, India

15:00-15:20 **Title: How can we use expectancy to enhance the effectiveness of digital interventions aimed at fostering mental well-being**
Aleks Wruk, University of Glasgow, USA

Networking & Refreshments Break: 15:20-15:40

Poster Presentations

15:40-15:55 **Title: Positive Leadership: To Navigate the Future Workforce by Addressing Anxiety and Self-Efficacy in Millennials and Generation Z"**
Leonor Almeida, Catholic University of Portugal, Portugal

15:55-16:10 **Title: "Impact of an Arts-Based Mental Health Stigma Reduction Program on Youth: Quantitative and Qualitative Evaluation of the WeARTolerance Program"**
Isabel Santos, PhD, Universidade Lusófona, Portugal

16:10-16:25 **Title: Self-compassion is associated with the superior longitudinal fasciculus in the mirroring network in healthy individuals**
Min-Kyoung Ki, CHA University, Republic of Korea

16:25-16:40 **Title: Positive Leadership: To Navigate the Future Workforce by Addressing Anxiety and Self- Efficacy in Millennials and Generation Z**
Leonor Almeida, Catholic University of Portugal, Portugal.

16:40-16:55 **Title: Virtual Reality Mindfulness on anxiety in medical students**
Shylea Dukat, OMS3 NYIT COM Old Westbury, USA

16:55-17:10	**Title: Techniques implying non-ordinary states of counsciousness on professional quality of life and resilience for caregivers** **Aline Schurgers,** University of Paris, France
17:10-17:25	**Title: The Way To Peace A Buddhist Perspective** **REV.ORKO ROY,** Faculty of Buddhist and Humanities, India
17:25-17:40	**Title: Internalized Stigma and Disability amongst Outpatients with Schizophrenia attending a Nigerian Tertiary Hospital** **Adefunke DadeMatthews,** Auburn University, USA
17:40-17:55	**Title: The Seven Virtues of Global Impact: How Individual Growth Can Change the World** **Dasha Dvoyakovskaia,** Liberty University, USA
17:55-18:10	**Title: Enhancing Health-Related Physical Fitness in Rural Black Overweight and Obese Women with Manifest Risk Factors for Multimorbidity through Community-Based Mind–Body (Tae-Bo) Physical Activity Intervention** **Musa L Mathunjwa,** University of Zululand, South Africa
18:10-18:25	**Title: Is there a role of inferior frontal cortex in motor timing? A study of paced finger tapping in patients with non-fluent aphasia** **Chrysanthi Andronoglou,** Research in Developmental and Clinical Neuropsychology, Greece

Panel Discussions

Awards & Closing Ceremony