37th World Summit on

# Positive Psychology, Happiness, Mindfulness, and Wellness

April 29-30, 2024 | Paris, France



Conference Series LLC Ltd
35 Ruddlesway, Windsor, Berkshire, SL4 5SF, UK

| Day 1 \|April 29, 2024 | |
|---|---|
| 09:30 - 10:00 | Opening Ceremony |
| **Keynote Presentations** | |
| 10:00 - 10:30 | **Title: Empowering the 9 to 5: Harnessing Self-Care & Neuroscience for Optimal Workplace wellness**<br>**Dr. Crystal Kaur Toor,** Advocate for Workplace Wellness (18-Year Career) Saudi Arabia |
| 10:30 - 11:00 | **Title: Positive impact of Executive Coaching and Leadership training for Uber and Amazon employees**<br>**Mrs. Victoria,** Feldman Head of Learning and Development, Amazon, Certified Executive Coach USA |
| 11:00 - 11:30 | **TTitle: Decoding prejudice: Understanding patterns of Adolescent Mental Health Stigma**<br>**Sara Albuquerque,**Universidade Lusófona,Portugal |
| **Networking, and Refreshments: 11:30 - 12:00** | |
| 12:00 - 12:30 | **Title:Touching Infinity is both a personal memoir on becoming a psychologist**<br>**Dr Uhlig,** New York State Clinical Psychologist, Psychological Services |
| 12:30 - 13:00 | **Title: Associations of bullying, cyberbullying and 24-hour movement behaviours among adolescent girls**<br>**Dr. Yancy SHI,**Yancy SHI, PhD, The Education University of Hong Kong,HK |
| 13:00 - 13:30 | **Title: Associations of bullying, cyberbullying and depression among adolescent girls**<br>**Yo Hyeong KIM,** Shanghai American School, China |
| **Lunch Break: 13:30 - 14:00** | |
| 14:00 - 14:30 | **Title: Designing and Validation of a Tool for Community Mental Health Preparedness in Disasters: A Sequential Exploratory Mixed-Method Approach**<br>**Dr. Juliet,** Psychologist and researcher based in Berlin, Germany |
| 14:30- 15:00 | **Title: Real-Time Anxiety Detection**<br>**Prof. Majid Sarrazfadeh,** UCLA Computer Science Department , USA |
| 15:00-15:30 | **Title: Factors Contributing to Job burnout among educators of higher educational institutions**<br>**Aayushi Saxena,** Centre for Management studies, Jain deemed-to-be university, Bangalore, India |
| **Work ShopSession: 15:00 - 16:00** | |
| 15:30 - 16:00 | **Title : Relationship Between Mindfulness, Psychological Well Being And Psychological Inflexibility Among Young Adults**<br>**Tannu Taluja,** University, Dehradun, Uttarakhand, India |
| 16:00 - 16:30 | *** **Slots Available*** |
| **Networking, and Refreshments: 16:30 - 17:00** | |
| 16:30 - 17:00 | *** **Slots Available*** |
| **Poster Sessions 18:00 - 19:00** | |
| PP 01 | **Title: Exploring the Benefits of Hiring Individuals with Disabilities in the Workplace**<br>**Dr. Rosilyn Sanders (PsyD),** Empire State University, United States |
| PP 02 | **Title : Brain Science and Resilience**<br>**Alea Auyeung,** USA |

# Day 2 |April 30, 2024

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|---|---|
| 09:30 - 10:00 | Opening Ceremony |
| **Keynote Presentations** | |
| 10:00 - 10:30 | **Title : How can we use expectancy to enhance the effectiveness of digital interventions aimed at fostering mental well-being**<br>**Aleks Wruk,** School of Psychology and Neuroscience, University of Glasgow |
| 10:30 - 11:00 | **Title: Techniques implying non-ordinary states of counsciousness on professional quality of life and resilience for caregivers**<br>**Aline Schurgers,** University of Paris, France |
| 11:00 - 11:30 | **Title: Barriers for Elderly Patient on Hemodialysis Wishing to Receive End of life care at Home -from a Nurse's Perspective- : A Case Study**<br>**Yui TAMURA and Nadami MIMURA** Showa University Department of Nursing school of Nursing and Rehabilitation sciences, Japan |
| 12:00 - 12:30 | **Titlre: The Feelings of Family of Elderly Dialysis Patient for EOL at Home: A Case Study**<br>**Nadami MIMURA and Yui TAMURA ,** Showa University Graduate School of Health Sciences, Japan |
| 12:30 - 13:00 | **Title: The Way To Peace A Buddhist Perspective**<br>**REV.ORKO ROY ,** Faculty of Buddhist and Humanities |
| 13:00 - 13:30 | **Title : Serum fructosamine as a marker for glycemic control in patients with diabetic nephropathy**<br>**Evan Gatev,Roumen Tsanev Institute of molecular biology, Bulgarian academy of sciences, Sofia, Bulgaria ,** Bilyana Vasileva,University Hospital "Tsaritsa Yoanna-ISUL", Sofia, Bulgaria |
| **Lunch Break: 13:30 - 14:00** | |
| 14:00 - 14:30 | **Title:Internalized Stigma and Disability amongst Outpatients with Schizophrenia attending a Nigerian Tertiary Hospital**<br>**Adefunke DadeMatthews, Human Development and Family Science, College of Human Sciences, Auburn University,** Alabama, USA |
| 14:30- 15:00 | **Title: The Seven Virtues of Global Impact: How Individual Growth Can Change the World**<br>**Dasha Dvoyakovskaia, Ph.D. Candidate**<br>**Liberty University,** VA USA |
| 15:00 - 15:30 | *** Slots Available*** |
| 15:30 - 16:00 | *** Slots Available*** |
| **Exhibitor Session** | |
| **Poster Sessions** | |
| PP 01 | **Title: Self-compassion is associated with the superior longitudinal fasciculus in the mirroring network in healthy individuals**<br>**Dr. Min-Kyoung Kim,** Department of Psychiatry, CHA Ilsan Medical Center, CHA University, Goyang, Republic of Korea. |
| PP 02 | **Title : Positive Leadership: To Navigate the Future Workforce by Addressing Anxiety and Self-Efficacy in Millennials and Generation Z**<br>**Prof. Dr. Leonor Almeida,** Catholic University of Portugal, Lisbon, Portugal. |
| PP 03 | **Title : Virtual Reality Mindfulness on anxiety in medical students**<br>**Shylea Dukat,** OMS3 NYIT COM Old Westbury |
| **Certificates and Award Presentations** | |
| **Thanks Giving Ceremony** | |