

Welcome Message

Invitation

Dear Attendees,

As a Member of the Organizing Committee, It is my greatest pleasure to extend a warm welcome to the 29th World Summit on Positive Psychology, Mindfulness & Psychotherapy, May 21-22, 2018, New York, USA; Happiness Event as a great opportunity for University and College-level Professors, Students, Researchers working in hundreds of different areas and disciplines to come together with a wide variety of interesting and challenging topics. This summit welcomes Buddhist monks, Happiness and Mindful experts, Delegates and fellow presenters to catch up with the newest views on Positive psychology, Mindfulness, Spirituality, Buddhism, Wellbeing, Peace & Wisdom, Leadership, Stress and practices in the fields of Positive Psychology, Mindfulness, Happiness, Well-being, Yoga, Meditation, Mental Health, Psychology, Psychiatry, Psychotherapy and Neuroscience.

Positive Psychology 2018 summit itself is a venue for the convergence of ideas, approaches and discoveries between the various areas of research. As well, it shines a spotlight on creativity in all its dimension. I am particularly happy to be present in this unique event and proud to have the opportunity to chair and exchange views and share experiences with other high level professors, colleagues and friends, representing many well-known Universities and Research Institutes together with members of relevant international organizations. We are committed to putting together a scientific program that will appeal to specialists in the social sciences as well as in the pure and applied sciences. We thank you in advance for your support and we urge you to encourage your colleagues and your students to participate in large numbers. I encourage you to use the event as a platform to share knowledge and broaden your collaborative networks across disciplines. I sincerely hope that this conference will deliberate and discuss all the different facets of these exciting topics and come up with recommendations that will lead to a happier, better, healthier, merrier world.

I hope that you will find the conference and your stay in New York both valuable and enjoyable & I hope to meet you in New York, USA.

I am sure that the Delegates, Experts, Students, Researchers, Pharma Industries/ companies, policy makers and Medical healthcare givers will all tremendously benefit from the deliberation of this congress in a warm and friendly environment.

I do really hope you will join us in New York to bring us your knowledge and to learn more on the most up-to-date aspects of the different facets of Positive Psychology, Happiness, Buddhism, Mindfulness, Yoga & Meditation.

Once again I am delighted to invite you all to take part in this conference and also to make the conference a grand success

Best Regards,

Elia Gourgouris, Ph.D

Author and President, The Happiness Center, USA