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MAY 01-03, 2017 | TORONTO, CANADA



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Day 1 | May 01, 2017

08:00-08:15 Registrations

HURON NIPISSING

conferenceseries.com 08:15-08:30 **Opening Ceremony**

Keynote Forum

08:30-09:10	**Title: Create, promote and deliver: How to bring effective positive psychology programs to businesses, schools, non-profit and other organizations?** **Braco Pobric,** High Impact Consulting, Training and Coaching Division, USA
09:10-09:50	**Title: The scientificity of positive psychology: Rising star or empty suit?** **Mark Andrew Holowchak,** University of the Incarnate Word, USA
09:50-10:30	**Title: Train your head, body will follow** **Sandy Joy Weston,** Weston Fitness, USA

Panel Discussion

Group Photo @ 10:30-10:35

Networking & Refreshment Break 10:35-10:50 @ Prefunctional Space

Workshop

10:50-11:40 **Title : Psychology of Happiness for individual thriving**
Meghan Kirwin, University of East London, UK
Elizabeth K Misener, University of Southern California, USA

Sessions:

Positive Psychology Interventions | Happiness | Psychotherapy | ADHD

Session Chair: Braco Pobric, High Impact Consulting Training and Coaching Division, USA
Session Co-Chair: Chris Arockiaraj, St. Patrick's Seminary and University, USA

Session Introduction

11:40-12:00	**Title: Running - An ultimate source to Health, Happiness and Wellbeing** **Roopak Desai,** Union Bank of Switzerland, USA
12:00-12:20	**Title: Creating a better world through online avenues in positive psychology** **Jamie Rose Brown,** Kyani-Team Fusion & the Happiness Ninja, Australia
12:20-12:40	**Title: A clinical trial to evaluate the comparative efficacy of cognium syrup with standard behavioral therapy vis-a-vis standard behavioral therapy alone in children with Attention-Deficit Hyperactivity Disorder (ADHD)** **Vijay Warad,** Grant Medical College, India
12:40-13:00	**Title: The four languages of experience: Existential therapy, proposal from the Mexican school** **Yaqui Andres Martinez Robles,** Círculo de Estudios en Psicoterapia Existencial, Mexico

Panel Discussion

Luch Break 13:00-13:30 @ Restaurant

Workshop

13:30-14:20 **Title: The social construction of mental illness and its implications for neuroplasticity**
Michael T Walker, Associated Counselors & Therapists, USA

Sessions:

Yoga & Meditation | Mindfulness | Depression | Cognitive Behavioral Therapy

Session Chair: Braco Pobric, High Impact Consulting Training and Coaching Division, USA
Session Co-Chair: Chris Arockiaraj, St. Patrick's Seminary and University, USA

Session Introduction

14:20 -14:40	**Title: Navigating anxiety and stress through mindfulness: Cultivating mindfulness and awareness in a community-based setting** **Andrew Safer,** Safer Mindfulness, Canada
14:40-15:00	**Title: Always-adapt.com to life change, never react to it** **Wayne P Gillis,** Saint Mary's University, Canada
15:00 -15:20	**Title: Psychological impact of caregiving: A psychological study among the main caregiver of patient with mental disorder and cancer patients** **Zokaitluangi,** Mizoram University, India
15:20 -15:40	**Title: Yoga and meditation as effective tools for mental and physical wellness** **Jigar Parikh,** Shri P. H. G. Municipal Arts & Science College, India
15:40 -16:00	**Title: Depression in patients with chronic kidney disease** **Nigar Sekercioglu,** McMaster University, Canada

Panel Discussion

Group Photo

Networking & Refreshment Break 16:00-16:15 @ Prefunctional Space

Session Chair: Lívia S S Valentin, University of São Paulo School of Medicine, Brazil

Young Research Forum

16:15 -16:35	**Title: The effect of attachment styles on marriage compatibility in Turkish couples** **Deniz Oruc,** Uskudar University, Turkey
16:35-16:55	**Title: Parental involvement in inclusive classrooms for students with learning disabilities at Omani schools as perceived by teachers** **Sahar El Shourbagi,** Sultan Qaboos University, Oman
16:55 -17:15	**Title: Buddhism and innovative sustainable development** **Sree Mattananda Sraman,** The University of Hong Kong, Hong Kong
17:15 -17:35	**Title: Big data driven indicator choosing for disaster response capacity shortage assessment of urban critical infrastructure** **Zhaoge Liu,** Harbin Institute of Technology, China
17:35 -17:55	**Title: Health seeking behaviour among women during Labour and Antenatal care followup in rural parts of Gambella, Western Ethiopia January-February 2017** **Jeromi Ofato Alew,** Jimma University School of Medicine and Health Sciences, Ethiopia

Panel Discussion

Day 2 | May 02, 2017

HURON NIPISSING

Keynote Forum

08:15-08:55	**Title: Workplace bullying and its relationship with job satisfaction and psychological well-being** **Javier Fiz Perez,** Dafne Cataluna, Gabriele Giorgi, European University of Rome, Italy
08:55-09:35	**Title: Positive emotions, neuroscience and bodily responses: How these three are connected and the implications for psychological, social and physical well-being** **Merethe Dronnen,** Volda University College, Norway
09:35-10:15	**Title: Archetypal energies as a framework for resilience and optimal mental health** **Carroy (Cuf) Ferguson,** University of Massachusetts, USA

Panel Discussion

Networking & Refreshment Break 10:15-10:30 @ Prefunctional Space

10:30-11:10	**Title: Integrating positive psychology and elements of music therapy to alleviate adolescent anxiety** **Sylvia Kwok Lai Yuk Ching,** City University of Hong Kong, Hong Kong

Workshop

11:10-12:00	**Title: Breathwork as a gateway to positive psychology interventions - Supportive and indispensible techniques to assist clients experiencing trauma, anxiety, depression, anger, and/or grief** **Karla R Wilson,** Wabi-Sabi Vibe, USA
Sessions: **Subjective Well-being | Philosophy & Resilience | Psychology & Mindfulness** **Session Chair: Mark Andrew Holowchak,** University of the Incarnate Word, USA **Session Co-Chair: Michael T Walker,** Associated Counselors & Therapists, USA	
	Session Introduction
12:00-12:20	**Title: Psychology in the light of the east** **Margot Esther Borden,** Integral Perspectives, USA
12:20 12:40	**Title: Coping with burnout and building subjective wellbeing: Positive psychology approach** **Chris Arockiaraj,** St. Patrick's Seminary and University, USA
12:40 13:00	**Title: The need for disease** **Atul Kumar Mehra,** Jaagran Psychoanalysis and Wellness Centre, Canada
	Luch Break 13:00-13:30 @ Restaurant
	Workshop
13:30-14:20	**Title: A therapist tool: Virtual reality exposure to treat social phobia-VRSP program (English, Spanish and Portuguese versions)** **Cristiane Maluhy Gebara,** University of São Paul, Brazil **Tito Paes de Barros Neto,** University of São Paulo, Brazil
Sessions: **Mindfulness & Compassion | Positive Psychology on Mental Health | Depression** **Session Chair: Merethe Dronnen,** Volda University College, Norway **Session Co-Chair: Nora Alejandra Pires Almeida Cavaco,** Universidade Lusófona, Portugal	
	Session Introduction
14:20-14:40	**Title: When life is falling apart but your funny bone is fine: Therapeutic humor, resilience and care-giving** **Maia Aziz,** The Montreal Children's Hospital, Canada
14:40-15:00	**Title: Positive psychology in training mental health professionals working with gender, sexuality and relationship diversity** **Dominic Davies,** Pink Therapy, UK
15:00-15:20	**Title: Efficacy of meditation and counselling on impulses of drug users** **Pragna Parikh,** Smt. Sadguna C.U. Arts College for Girls, India
15:20-15:40	**Title: Role of psychologist in special and inclusive education** **Ravi Gunthey,** Jai Narain Vyas University, India
15:40-16:00	**Title: Parental involvement program for Jamaican parents** **Peta Gayle Oates-Blake,** University of East London, UK
	Panel Discussion
	Networking & Refreshment Break 16:00-16:15 @ Prefunctional Space
	Poster Presentations @ 16:15 17:00
P.No.01	**Title: Military service effects on personality and psychological well-being** **Paula Boros,** Nova Southeastern University, USA
P.No.02	**Title: Hypnosis, empathy & attribution** **Ksenia Tchoubarova,** University of Wales, UK
P.No.03	**Title: The integration of public and private practice in grief treatment for adult and child cases: How can they work together?** **Mara Fantinati,** Italian Association EMDR, Italy

P.No.04	**Title: Effects of mindfulness and self-awareness in rest and stress: Biofeedback and neurofeedback measures and training** **Rose Schnabel,** University of Toronto, Canada
P.No.05	**Title: The experience of first-year undergraduate commuting students** **Holly Boyne,** University of Guelph-Humber, Canada
P.No.06	**Title: Prevalence of depressive symptoms in patients with chronic pain with no history of psychiatric diseases** **Ho-Jin Lee,** Seoul National University, Republic of Korea
P.No.07	**Title: Predictors of food insecurity and its association with Mental Health and wellbeing among pregnant women** **Prince Addai,** University of Fort Hare, South Africa
P.No.08	**Title: The Association between Elder mistreatment and perceived hopelessness among Chinese elderly in Chicago** **Poh Zhing Loong,** RUSH University Medical Center, USA

Panel Discussion

Day 3 | May 03, 2017

HURON NIPISSING

Keynote Forum

08:15-08:55	**Title: Positive psychology: The applications** **Fredrike P Bannink,** University of Amsterdam, Netherlands

Sessions:

Mental Illness | Positive Psychology | Mindfulness

Session Chair: Sylvia Kwok Lai Yuk Ching, City University of Hong Kong, Hong Kong
Session Co-Chair: Zokaitluangi, Mizoram University, India

Session Introduction

08:55-09:15	**Title: The challenges of integrating mindfulness training within pain management services** **F Cal Robinson,** Orthopaedic and Spine Center, USA
09:15-09:35	**Title: Altered states and asset based inclusion** **Michael Whelan,** Queensland University of Technology, Australia
09:35-9:55	**Title: Digital game: A scale to evaluate the perioperative cognitive function (MentalPlus®)** **Lívia S S Valentin,** University of São Paulo School of Medicine, Brazil

Panel Discussion

Networking & Refreshment Break 09:55-10:10 @ Prefunctional Space

Workshop

10:10-11:00	**Title: Positivity in mind** **Alain Jean-Baptiste,** Possibilities in Mind, Canada

Sessions:

Mental Health | Child & Adolescent Psychology | Psychological Resilience

Session Chair: Fredrike P. Bannink, University of Amsterdam, Netherlands
Session Co-Chair: Margot Esther Borden, Integral Perspectives, USA

Session Introduction

11:00-11:20	**Title: Psychological resilience of life transitions: Coping flexibility as an adaptive quality** **Cecilia Cheng,** The University of Hong Kong, Hong Kong
11:20-11:40	**Title: Mindfulness, brainwaves and happiness** **Ellie Wright,** Southwest College of Naturopathic Medicine, USA
11:40-12:00	**Title: It is never too late. Integrative grief treatment: A comparison between different generations of single cases, adults and children, facing similar mental suffering** **Mara Fantinati,** Italian Association EMDR, Italy
12:00-12:20	**Title: Community mental health care: An examination of the Lebanese context** **Nadine J Zlaket and Elias A Rahme,** Holy Spirit University of Kaslik, Lebanon

12:20-12:40	**Title: The journey of the mind, trauma, triumph and resilience** **Randi-Mae Stanford-Leibold,** University of Guelph-Humber, Canada
12:40-13:00	**Title: Physical and mental health of adolescents** **Aditya Narayan Tripathi,** Sant Tulsi Das PG College, India
Panel Discussion	
Luch Break 13:00-13:30 @ Restaurant	
Workshop	
13:30-14:20	**Title: Practicing positive CBT from reducing distress to building success** **Fredrike P Bannink,** University of Amsterdam, Netherlands
Sessions: **Mental Health Care | Mindfulness | Autism | Psychological Interventions | Stress** **Session Chair: Sylvia Kwok Lai Yuk Ching,** City University of Hong Kong, Hong Kong **Session Co-chair: Zokaitluangi,** Mizoram University, India	
Session Introduction	
14:20-14:40	**Title: Mindfulness based approach in the treatment of obesity: An integration with CBT approach** **Pacheco Emerson and Mônica Portella,** Rio de Janeiro State University, Brazil
14:40-15:00	**Title: Autism: A neuropsychological perspective** **Nora Alejandra Pires Almeida Cavaco,** Universidade Lusófona de Lisboa, Portugal
15:00 15:20	**Title: Positive reinforcement in classroom management and the use of creative arts as multimedia tools for teaching and learning** **Maria Lourdes de Vera,** Universidad de Sta. Isabel, Philippines
15:20 15:40	**Title: A comparative study of mental health among rural and urban adolescent students of higher secondary school** **Parulben Harish Desai,** Shri Vanraj Arts & Commerce College, India
15:40 16:00	**Title: Occupational role stress of the public and private sector school teachers** **Vishnu Patel,** Association of Mobile Networking Companies, India
Panel Discussion	
Networking & Refreshment Break 16:00-16:15 @ Prefunctional Space	
Group Photo @ 16:15-16:20	
Virtual Presentations	
16:20-16:40	**Title: Schema therapy for children, adolescents and parents** **Christoff Loose,** University of Duesseldorf, Germany
16:40-16:50	**Title: Personalized individual parent training (PIPT) parenting intervention** **Begum ENGUR,** King's College London, UK
16:50-17:00	**Title: Laughter: The gate to our inner healing pharmacy** **Dimitrios Morfis,** The Open University of Cyprus, Cyprus
Awards Certification & Closing Ceremony @ 17:00-17:30	

