Day 1 March 18, 2019

08:30-09:00	Registrations
	Hall
09:00-09:20	Opening Ceremony
09:20-09:50	Introduction
	Keynote Session
9:50-10:30	Title: Treating the main cause of sleep apnea in the dental office by OJW: Weight control--an alternative option to removable appliances and gastro-intestinal surgery Teddy Rothstein, OJW Protocol, USA
	Coffee Break 10:30-11:00
11:00-11:40	Title: Is self management program and exercises best form of treatment for knee arthritis? An evidence based concept John Ebnezar, Wholistic Orthopedic Expert, India
11:40-12:20	Title: Obesity, fat distribution, sexual hormones, and degree of homosexuality Cheryl Wang, Shengli Oilfield Central Hospital, Teaching Hospital of Binzhou Medical College, China

Sessions:

Current Research in Nutrition and Dietetics | Nutrition and Balanced Diet |Importance of Nutrition in Healthcare | Current research on Obesity & Diet Management | Science of Obesity and Diabetes & Weight Management | Fitness Research & Development | Physical Education & Rehabilitation | Types of Fitness & Benefits | Sports Nutrition and Sports Medicine | Yoga Therapy and Naturopathy | Aerobic Exercise

Session Chair : Teddy Rothstein, OJW Protocol, USA
Session Chair : John Ebnezar, Wholistic Orthopedic Expert, India

	Panel Discussion
	Speaker Sessions
12:20-13:00	Title: Development and nutritional analysis of multigrain mixture to improve nutritional status of obese individuals Meenakshi Garg, University of Delhi, India
	Lunch Break 13:00-14:00
14:00-14:30	Title: The effect of gender on proprioception accuracy in mechanical low back pain Dina Mohamed Ali Al Hamaky, Cairo University. Egypt
14:30-15:00	Title: Research on regional equity measurement of government health expenditure in China Mengying Wang, Jiangxi University of Finance and Economics, China
15:00-15:30	Title: Safely teaching quality bariatric surgery Preekesh Patel, Waikato Hospital, New Zealand
15:30-16:00	Title: Effect of aerobic exercises versus natural extract on leptin level on obase women Talaat Abdallah Ali Ahmed, Cairo University,Egypt
	Coffee Break 16:00-16:20
16:20-16:50	Title: Genomics of the obese patient before and after bariatric surgery Darlene Antoine, Lorraine University Faculty of Medicine, France
16:50-17:20	Title: Effects of berberine on high-fat/high-sucrose induced non-alcoholic steatohepatitis (NASH) in experimental rats Eman Hashem Hashem Ali Elrefaei , Tanta University, Egypt
	Networking sessions & B2B meetings(17:20-18:00)
	Panel Discussion

Day 2 March 19, 2018 Hall	
Keynote Session	
09:10-9:50	Title: The fitness jigsaw: Dance-based paradigms Sharon Phelan, Physical Education and Dance at the Institute of Technology, Ireland
9:50-10:30	Title: Obesity: Eat well, eat healthy-calorie restriction and protein diet-the stories behind the scene Cheryl Wang, Shengli Oilfield Central Hospital, China
Coffee Break 10:30-11:00	
11:00-11:40	Title: Vitamins, herbs and nutritional supplements Rucha Majmundar Mehta , Clinical Nutrition from Bombay University, India
Sessions: Effects of Obesity on Women's Health & Pregnancy | Obesity & Weight Loss Management: Food Diet Compatibility | Balanced Diet and Chronic Diseases | Bioenergetics & Dietary Interventions | Nutrition Lipidomics | Obesity and High Protein Diet | Vaccines/Weight Loss Pills for Obesity | Obesity and Cardiac Health | Nutrition and Brain Health | Diet: Healthspan and Aging | Food Quality & Nutritional Values | Traditional Chinese Medicine, Acupuncture & Nutrition	
Session Chair : Sharon Phelan, Physical Education and Dance at the Institute of Technology, Ireland Session Chair : Cheryl Wang, Shengli Oilfield Central Hospital, China	
Panel Discussion	
Speaker Sessions	
11:40-12:10	Title: Role of NAFLD fibrosis score in overweight and obese non alcoholic fatty liver disease Sandeep Garg, Maulana Azad Medical College, India
12:10-12:40	Title: GC-MS and molecular docking studies for identification of anti-diabetic compounds in methanolic extract of hunteria umbellata seeds Olusola Abiola Ladokun, Lead City University, Nigeria
Panel Discussion	
Lunch Break 12:40-13:40	
13:40-14:10	Title: A net structure bariatric surgery device with silicone materials Teng Zhang, Columbia University, USA
14:10-14:40	Title: Innovation in children's health – how cross-sector collaboration can address health inequity Kathy Higgins, Alliance for a Healthier Generation, USA
14:40-15:10	Title: The effect of 20- HETE antagonism on myocardial infarction of metabolic syndrome rats Corinna Lozano , New York Medical College, USA
15:10-15:40	Title: An integrated approach can curb obesity and unhealthy lifestyles: The role of religious leaders on health promotion in Southern Africa Ngwako Daniel Sebola, University of Pretoria South Africa
Evening Coffee Break 15:40-16:00	
Poster Sessions(16:00-17:00)	
16:00-17:00	Title: Design a toolkit to improve obesity management in primary care Soonduck Lee and Yue Song, Columbia university, USA
Panel Discussion	
Networking sessions & B2B meetings(17:00-17:30)	
Closing Cermony and Awards	