NUTRITION CONGRESS 2026

33RD EUROPEAN NUTRITION AND DIETETICS CONFERENCE



July
20-21 | 2026

Netherlands
Amsterdam

conferenceseries.com
UK: 35 Ruddlesway, Windsor, Berkshire, SL4 5SF

12+ Interactive Sessions

10+ Keynote Lectures

50+ Plenary Lectures

5+ Workshops

20+ Exhibitors

WELCOME ADDRESS

Dear Attendees,

The Nutrition Congress 2026 Organizing Committee is absolutely delighted to welcome you to the **33rd European Nutrition and Dietetics Conference** which will be held in **Amsterdam, Netherlands** on **July 20-21, 2026,** where we will be shining a spotlight on ***"Precision Nutrition for Lifelong Health: Metabolic Pathways, Personalized Diets & Smart Nutritional Technologies".***

We are looking forward to providing you with a superb environment in which to present, discuss and advance your Nutrition research. The world class scientific programme will consolidate existing knowledge while at the same time increase your awareness of leading edge and forward looking advances in the field.

Amsterdam, the capital of the Netherlands, is a vibrant global city known for its rich history and modern innovation. With its iconic canals, historic architecture, world-class museums, and lively cultural scene, it offers a unique blend of heritage and contemporary living, making it an ideal destination for international conferences and events. It also features excellent public transport and a strong focus on sustainability. The city's welcoming atmosphere and diverse international community further enhance its global appeal.

We look forward to seeing/welcoming you at Nutrition Congress 2026 for an experience of a lifetime.

With Regards
Nutrition Congress 2026
Organizing Committee





12+	10+	50+	5+	20+
Interactive Sessions	Keynote Lectures	Plenary Lectures	Workshops	Exhibitors

ABOUT US

About Hosting Organization

Conference Series LLC Ltd is the world's leading specialist in organizing academic, scientific and business conferences, meetings, symposiums and exhibitions in different verticals and horizontals like Medical, Pharma, Engineering, Science, Technology, Business and many more to promote scientific research.

Every year we host more than 3000+ global events inclusive of 1000+ Conferences 1000+ Symposiums 1000+ Workshops in USA, Europe, Middle East and Asia with the generous support and cooperation from our 30000+ Editorial Board Members, 1000+ Scientific Societies. All the conference proceedings are published in the special issues of our 700+ Open Access International Journals with the DOI provided by Crossref

How Conference Series Conferences differs from others?

- 3000+ Conferences across the globe in 50+ countries all through the year
- Over 25 Million+ Visitors and 25000+ Unique Visitors per conference
- Participation by Stalwarts from various international societies
- Internationally renowned speakers and scientists representation
- Career guidance for early career researchers and students
- Interesting scientific deliberations and discussions
- Perfect platform for Global Networking Add a little bit of body text.

Nutrition Congress 2026 salient features

- Meet academia and industry visionaries to get inspired
- Expand your knowledge and find solutions to problems
- Knowledge, benchmarking and networking offered at one place
- Forge connections and for global networking
- Highly organized and structured scientific programs
- Poster presentations and world class exhibitions
- Meet with new vendors and suppliers

12+	10+	50+	5+	20+
Interactive Sessions	Keynote Lectures	Plenary Lectures	Workshops	Exhibitors

ABOUT US

Goals & Objectives

- The Nutrition Congress 2026 aims to bring together leading world's scientific experts, academic professionals, scientists, specialists, researchers, scholars, business delegates and students to exchange and share their experiences and research results on all aspects of Nutrition and Dietetics.
- It also provides an interdisciplinary platform for policy makers, community leaders, business activists, scientists and educators to present and discuss the most recent innovations, trends, and concerns as well as practical challenges encountered and solutions adopted in the fields of Nutrition.
- We aim to bring the research and innovations happening across the parts of the globe to facilitate interaction, knowledge sharing and exchange. We also aim to inspire university professors, students, researchers, clinicians and entrepreneurs

About Conference

33rd European Nutrition and Dietetics Conference is among the World's leading Scientific Conference. The two day event on Nutrition Congress will host Major scientific and technical sessions along with the sub-sessions on cutting edge research and latest research innovations in the field of Nutrition & its related issues across the globe. To foster the best learning environment we have designed some of the sessions this year for Infection conference which will comprises of 20 major sessions designed to offer comprehensive sessions that address current issues in various fields of Nutrition.

Besides the attendees can find prestigious plenary and invited lectures, various shorter talks and poster sessions which will give the opportunity to most participants to present their work at the Congress. This congress on Clinical Nutrition provides an opportunity to meet experts, professionals, academicians and researchers from all over the world. Execute new methods or revise existing methods based on best presented facts as presented at **Nutrition Congress 2026**.

12+	10+	50+	5+	20+
Interactive Sessions	Keynote Lectures	Plenary Lectures	Workshops	Exhibitors

ABOUT CONFERENCE

Who Should Attend?

Nutrition Congress 2026 Conference website is attracting 56000+ nutritionists, registered dieticians, specialists, researchers, professionals, speakers, professors, business delegates and students.

Why to Attend?

- Find out what's new
- Meet experts & influencers face to face
- To present your ideas and work to others
- Networking for future collaborations
- The focus & energy of Like-Minded Individuals
- Fresh way of knowledge transfer
- Learn beyond your field or interest
- Meet, collaborate & get inspired
- Travel and extend your comfort zone

Conference Highlights

- Precision Nutrition & Metabolic Pathway Modulation
- Nutrigenomics, Nutrigenetics & Personalized Diet Architecture
- AI-Driven Dietary Assessment & Smart Nutrition Technologies
- Microbiome–Gut–Brain Axis & Metabolic Health
- Clinical Nutrition in Chronic & Metabolic Diseases
- Functional Foods, Bioactive Compounds & Nutriceutical Innovation
- Sustainable Diets, Food Systems & Climate-Responsive Nutrition
- Pediatric, Maternal & Lifespan Nutritional Optimization
- Geriatric Nutrition, Healthy Aging & Cognitive Well-Being
- Plant-Based Diets
- Malnutrition, Undernutrition & Global Food Security Solutions
- Nutritional Deficiencies
- Obesity and Weight Management

12+ Interactive Sessions

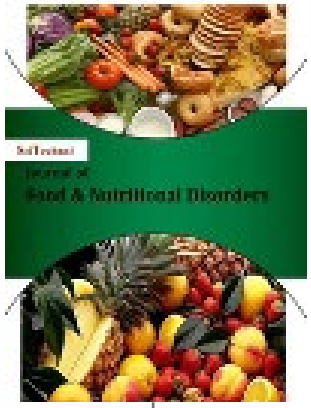
10+ Keynote Lectures

50+ Plenary Lectures

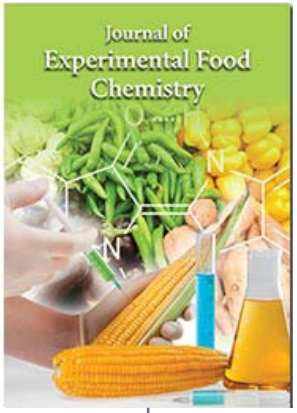
5+ Workshops

20+ Exhibitors

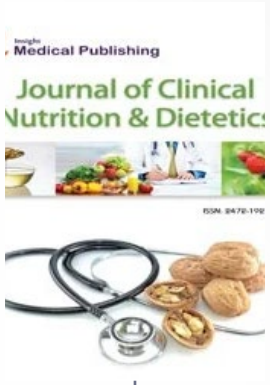
SUPPORTING JOURNALS



Journal of Food and Nutritional Disorders



Journal of Experimental Food Chemistry



Journal of Clinical Nutrition & Dietetics

12+	10+	50+	5+	20+
Interactive Sessions	Keynote Lectures	Plenary Lectures	Workshops	Exhibitors

MEDIA PARTNERS



12+	10+	50+	5+	20+
Interactive Sessions	Keynote Lectures	Plenary Lectures	Workshops	Exhibitors

GLIMPSES OF
NUTRITION CONGRESS



12+ Interactive Sessions

10+ Keynote Lectures

50+ Plenary Lectures

5+ Workshops

20+ Exhibitors

TESTIMONIALS

The conference was exciting. I enjoyed so much meeting new colleagues at the venue. I would like to express my sincere gratitude to you for your assistance and opportunity. It was a good experience attending this conference.

Amur Margaryan
National Science Laboratory, USA

The conference was very successful and staff members were very helpful. Workflow was good. Thank you for organizing the conference for us people.

Kuang-Hui Chi
National Yunlin University of Science & Technology, Taiwan

That is excellent. This time, I will encourage my friends and colleagues to attend. I will submit abstracts for the conference too.

Sudhanshu Sekhar Panda
University of North Georgia, USA

The organization of the conference was perfect and I was very glad of the warm welcome, of the scientific and human relationships among participants.

Ida PucciMinafra
University of Palermo, Italy

The conference was well organized and the committee was outstanding in keeping the whole event lively.

MouradTayebi
University of Surrey, England

It was wonderful event. I enjoyed presenting my talk. There were questions, comments, and interests in what I presented.

Ram Shanmugam
Texas State University, USA

12+ Interactive Sessions

10+ Keynote Lectures

50+ Plenary Lectures

5+ Workshops

20+ Exhibitors

ABOUT AMSTERDAM

Amsterdam, the Netherlands' vibrant capital, is a perfect blend of historic charm and modern creativity. Nestled along scenic canals and known for its artistic heritage, the city offers a variety of attractions for visitors.

One of Amsterdam's highlights is the historic Canal Ring (Grachtengordel), a UNESCO World Heritage Site where picturesque waterways, narrow houses, and iconic bridges reflect the city's rich past. Landmarks like the Anne Frank House and Rijksmuseum showcase important historical and cultural narratives. Art lovers can also explore the Van Gogh Museum, home to the world's largest collection of works by Vincent van Gogh.

For those who enjoy nature, a visit to Vondelpark offers a relaxing escape with green spaces, walking paths, and open-air performances. The city's canals are another must-experience, with boat cruises providing a unique perspective of Amsterdam's architecture and lifestyle.

Kalverstraat and the nearby Nine Streets (De Negen Straatjes) are ideal for shopping, ranging from popular brands to charming boutiques. For a more alternative and trendy vibe, head to Amsterdam Noord, a creative hub filled with art spaces, cafés, and waterfront views.

Amsterdam also boasts excellent day-trip options, such as Zaanse Schans, known for its traditional windmills and Dutch heritage, just a short journey away. The city's efficient cycling culture and public transport system make it easy to explore all these attractions.







12+	10+	50+	5+	20+
Interactive Sessions	Keynote Lectures	Plenary Lectures	Workshops	Exhibitors

REGISTRATIONS

Registration Payment Method:

Payment of registration fees (in EUR, USD & GBP) can be done by the following methods:

- By Credit Card: Visa, MasterCard or American Express
- By Bank Transfer
- By Pay-pal

For group registrations please contact/email us at:
nutrition@meetingsemail.com

Academic

Only Registration: € 599
Registration + 2 Night`s Accommodation: € 999
Registration + 3 Night`s Accommodation: € 1149

Business

Only Registration: € 659
Registration + 2 Night`s Accommodation: € 1049
Registration + 2 Night`s Accommodation: € 1199

Student

Student Delegate: € 349
Young Researcher Forum: € 399

Important Dates

Abstract submission opens: Jan 01, 2026
Registration opens: Jan 03, 2026
On spot registration: July 20, 2026

Registration Benefits:

- ✓Access to all Sessions
- ✓Handbook & Conference Kit
- ✓Certificate Accreditation from the Organizing Committee
- ✓Abstracts will be published in the conference souvenir and respective international journal
- ✓Each registrant will get 50% abatement on manuscript publication fee
- ✓2 Coffee breaks (Refreshments and snacks) during the conference
- ✓Lunch during the conference
- ✓Wi-Fi access

To register online, please visit:
https://www.nutritionalconference.com/europe/registration.php

12+	10+	50+	5+	20+
Interactive Sessions	Keynote Lectures	Plenary Lectures	Workshops	Exhibitors

CONTACTS

If you require any further information, please contact us:

- **For General Queries:**
  Jennifer Lopez
  Program Director
  Nutrition Congress 2026
  35 Ruddlesway, Windsor, Berkshire, SL4 5SF
  E: nutrition@meetingsemail.com
  Toll Free Number : 0800-014-8923
  WhatsApp: 44 13473 00003

- **For Media & Collaboration related queries:**
  Chris
  E: contact.chris@theannualmeet.com

- **For Exhibitor, Sponsor & Group Registration related queries:**
  Chris
  E: contact.chris@theannualmeet.com



12+	10+	50+	5+	20+
Interactive Sessions	Keynote Lectures	Plenary Lectures	Workshops	Exhibitors